

## Residents' Bill of Rights

(MCAR 023-030-105)

Each resident of an adult care home in Multnomah County has a right to:

- (a) Be treated as an adult with respect and dignity.
- (b) Live in a safe, secure, homelike environment.
- (c) Be informed of all resident rights and house rules.
- (d) Be encouraged and assisted to exercise rights as a citizen, including the right to vote and to act on his or her own behalf.
- (e) Be given information about his or her medical condition.
- (f) Consent to or refuse treatment, medication or training.
- (g) Have all medical and personal information kept confidential.
- (h) Receive appropriate care and services from the adult care home and access to prompt medical care as needed.
- (i) Be free from mental or physical abuse, neglect, abandonment, punishment, harm or sexual exploitation
- (j) Be free to make suggestions or complaints without fear of retaliation.
- (k) Be free from financial exploitation, including charges for application fees or nonrefundable deposits and solicitation, acceptance or receipt of money or property by an Operator, Resident Manager or caregiver other than the amount agreed to for care and services.
- (l) Be free from physical or chemical restraints except as ordered by a physician or qualified practitioner. Restraints are used only for medical reasons, to maximize a resident's physical functioning, and after other alternatives have been tried. Restraints are not used for discipline or convenience.
- (m) Be free from discrimination in regard to race, color, national origin, gender, sexual orientation, or religion.
- (n) Be afforded personal privacy, the opportunity to associate and communicate privately with any person the resident chooses, to send and receive mail unopened, and to use the telephone in private.

- (o) Participate in social, religious, and community activities.
- (p) Make personal decisions about such things as friends, leisure activities, choice of physician, spending personal money, food, personal schedules, and place of residence.
- (q) Be allowed and encouraged to develop talents and learn new skills, relate to other residents in meaningful ways, and the choice to take part in the normal activities and upkeep of the home.
- (r) Keep and use a reasonable amount of personal clothing and other belongings, and have a reasonable amount of private, secure storage space.
- (s) Be free to manage financial affairs unless legally restricted.
- (t) Receive a written agreement regarding the care and services the home shall provide and rates charged, and receive at least 30 calendar days written notice before the home's ownership or rates change.
- (u) Receive at least 30 calendar days written notice from the Operator and an opportunity for a hearing before being involuntarily moved out of the home by an Operator, unless there is an emergency situation.
- (v) Be involuntarily moved out of the home by an Operator only for the following:
  - (1) Medical reasons.
  - (2) The resident's welfare.
  - (3) The welfare of other residents.
  - (4) Nonpayment.
  - (5) Behavior which poses an immediate threat to self or others.
  - (6) Behavior which substantially interferes with the orderly operation of the home.
  - (7) The care needs of the resident exceed the ability or classification of the Operator.
  - (8) The home is no longer licensed.
- (w) Receive complete privacy when receiving treatment or personal care.
- (x) Receive visitors free from arbitrary and unreasonable restrictions.
- (y) Practice the religion of his/her choice.
- (z) Not be forced to work against his/her will, and to be paid for agreed upon work.

Resident or Legal Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Operator: \_\_\_\_\_

Date: \_\_\_\_\_