

Program #40056 - Healthy Families

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Department: Health Department

Program Offer Type: Existing Operating Program Program Offer Stage: As Requested

Related Programs: 40054, 40055, 40058

Program Characteristics: In Target

Executive Summary

Healthy Families of Multnomah County (HFMC) is a nationally accredited, evidence-based program that is part of the statewide Healthy Families of Oregon (HFO) network. HFMC provides early childhood risk screening and home visiting for children and families at-risk of poor early childhood outcomes. The program works to reduce child abuse and neglect, improve school readiness, and promote healthy growth and development for young children up to age three. Each year, HFMC screens about 2,750 families for eligibility, enrolling approximately 575 families in home visiting services.

Program Summary

Research shows the conditions of early life have a profound effect on long-term health and stability. HFMC serves families from the birth of a child until the child turns three. Families who qualify for services are offered voluntary home visits shown to reduce child abuse and neglect, improve parent-child attachment, reduce parent stressors, and support parents' ability to ensure children meet developmental milestones, all of which are critical to improved school readiness by age five. Increasing the number of healthy children who enter kindergarten ready to learn decreases costs to County systems by preventing future child welfare involvement, school absenteeism, and juvenile crime.

The HFMC program has two components. 1) Welcome Baby screens families for service eligibility and refers eligible and interested families to home visiting services. 2) HFMC home visiting uses the accredited, evidence-based Healthy Families America model, which is delivered by highly trained staff at contracted community-based agencies. Home visiting teams have a culturally-specific focus, including African American, immigrant/refugee, and Latino communities; teen parents; and parents with significant substance abuse history. Mental Health Consultants strengthen home visiting teams by providing culturally- and language-specific consultation to families; mental health services have improved family engagement in services and program retention. Additionally, HFMC collaborates with the Healthy Birth Initiative (HBI) to improve services for African American families. All families who received prenatal services with HBI are offered three years HFMC home visiting services after their child is born in addition to HBI services. This overall program approach addresses inequities outlined in the Health Department's 2014 Report Card on Racial and Ethnic Disparities.

HFMC partners with Early Learning Multnomah (ELM), a collaboration of over 50 early learning programs, ELM has identified two intersecting groups of children at greatest risk for not entering school ready to learn: those living at or near the poverty level and children of color (including English language learners). To maximize County collective impact, HFMC has also prioritized these groups and utilized ELM investments to pilot and evaluate trauma-informed screening in community settings. This pilot aims to improve access to culturally-relevant programming for immigrant and refugee communities and streamline Welcome Baby screening. Also, beginning in 2018, a Maternal Child and Family Health Advisory Group comprised of parents and community partners will begin guiding and evaluating the program.

Performance Measures								
Measure Type	Primary Measure	FY16 Actual	FY17 Purchased	FY17 Estimate	FY18 Offer			
Output	Number of families served with intensive home visiting	560	575	575	575			
Outcome	% of participating parents who report reading to/with a child at least 3x/week	94%	94%	94%	94%			
Quality	% of families remaining in intensive services for 12 months or longer	56%	64%	64%	66%			
Outcome	% of families served who fit Early Learning Multnomah (ELM) priority populations (People of Color/low income)	na/-	na/-	80%	83%			

Performance Measures Descriptions

1 & 3) Due to a change in the HFA service model, the number of families served per Home Visitor (HV) has been reduced. The national model now requires smaller caseloads of 16 families on average per HVer, to improve service quality. The small dip expected in "families served" and "12-mo. retention" are also related to gradual building of caseloads at our newest HV team serving African American families. We expect these #s to rise in FY18. 4) New measure

Legal / Contractual Obligation

Healthy Families of Multnomah County must comply with Healthy Families of Oregon policies and procedures, which are based on Healthy Families America (HFA) credentialing standards and contract obligations. Failure to comply may result in disaffiliation with HFA and withholding of funding from the State.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2017	2017	2018	2018
Personnel	\$97,130	\$640,225	\$406,127	\$689,898
Contractual Services	\$432,981	\$1,547,632	\$456,935	\$1,480,838
Materials & Supplies	\$0	\$23,071	\$24,295	\$12,929
Internal Services	\$61,532	\$164,533	\$50,000	\$191,796
Total GF/non-GF	\$591,643	\$2,375,461	\$937,357	\$2,375,461
Program Total:	\$2,967,104		\$3,312,818	
Program FTE	1.20	7.00	3.00	6.65

Program Revenues									
Indirect for Dept. Admin	\$48,363	\$0	\$65,333	\$0					
Intergovernmental	\$0	\$2,375,461	\$0	\$2,375,461					
Total Revenue	\$48,363	\$2,375,461	\$65,333	\$2,375,461					

Explanation of Revenues

Healthy Families of Multnomah County is funded by the State Healthy Families grant which requires a County match of 25%, of which 5% must be cash match.

Healthy Families home visitors, through the completion of regular staff time studies, leverage Medicaid Administrative Claiming (MAC) program reimbursements, generally equal to about 5% of the State Healthy Families grant.

Healthy Families Grant: \$2,255,461

Medicaid Administrative Claiming: \$120,000

Significant Program Changes

Last Year this program was: FY 2017: 40056 Healthy Families