Community Resources

24-HOUR CRISIS & HELP LINES	MENTAL HEALTH & SUBSTANCE USE SERVICES, THERAPEUTIC SUPPORT
Sexual Assault Resource Center (SARC)*503-640-5311	Central City Concern (CCC) Recovery Centers503-944-4410
Dept. of Human Services (DHS) Child Abuse & Neglect Reporting503-731-3100	Addiction services for adults
Call to Safety503-235-5333	Cascadia Behavioral Health503-674-7777
National Center for Missing and Exploited Children1-800-843-5678	Mental health & addiction services for adults
Mult. Co Mental Health Line	CODA
Suicide Prevention Line	Residential and outpatient addiction services for adults
Alcohol & Drug Helpline503-244-1312	DePaul Treatment Centers, Inc503-535-1151
211info	Detox, residential and outpatient services for youth ages 13-17
Information & referral for community services	Hooper Detox503-238-2067
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SEX-TRAFFICKING SPECIFIC PROGRAMS*	Detox services for adults
Sexual Assault Resource Center (SARC)503-640-5311	Lewis & Clark Community Counseling503-768-6320
	Counseling services for adults Lifeworks NW503-645-9010
Advocacy & case management for youth ages 13-25 Janus Youth Programs Athena House503-233-8111	CSEC & Intensive Community-based Treatment Services*
Crisis shelter & transitional housing, case management for youth ages 14-21	New Options for Women*503-761-5272 x 6935
Lifeworks NW (LWNW)503-645-9010	Project Network
, ,	Residential mental health and addiction services for female-identified adults
CSEC & Intensive Community-based Treatment Services Mental health services for youth ages 6+	Morrison Child & Family Services SAGE*503-258-4200
, ,	Native American Rehabilitation Association (NARA)
New Options for Women503-761-5272 x 5614 Mental health & addictions services for female-identified adults ages 18+	Adult residential addiction services
Morrison Child & Family Services SAGE503-258-4200	Adult outpatient addiction services
Secure residential & stabilization services for female-identified youth ages 11-16	Youth outputient addiction services
Door to Grace503-747-5474	·
Christian day program and mentorship for female-identified youth ages 14-17	Quest Center for Integrative Health503-238-5203 Mental health and addictions services for adults
Christian day program and mentorship for female-identified youth ages 14-17	Tobacco Quit Line1-800-784-8669
ADVOCACY	White Shield Wildflowers*503-731-3970
Sexual Assault Resource Center (SARC)*503-640-5311	Residential treatment program for female-identified youth ages 12-18
Sexual Assault Resource Center (SARC)	Residential treatment program for female-laentified youth ages 12-10
RUNAWAY & HOMELESS YOUTH CONTINUUM SERVICES Runaway Youth Services503-233-8111 (Portland) or 503-912-3423 (East) Janus Youth Programs Harry's Mother & Reception Center	MEDICAL & DENTAL RESOURCES Cascade AIDS Project
Garfield House	Assistance with HIV/AIDS medication for low income individuals
Crisis shelter & family counseling for youth ages 9-17	Central City Concern (CCC) Health Service503-228-4533
Athena House*	Child Abuse Response and Evaluation Services (CARES) NW*503-276-9000
Homeless Youth Access Center	Downtown Women's Center
New Avenues for Youth, Outside In	Kaiser Permanente1-800-813-2000
Variety of shelter, housing, case management & self-sufficiency services for	Legacy GoHealth Urgenct Care Clinic- North Portland1-971-202-2910
youth ages 17-24	Legacy GoHealth Urgenct Care Clinic- Pearl1-971-232-8620
CENTER A PERCHANA CONTRACTOR CHIPDODE CONTRACTOR	Mult. Co. Health Clinics503-988-5558
SEX-TRAFFICKING SPECIFIC SUPPORT GROUPS	HIV Clinic503-988-5020
Sexual Assault Resource Center (SARC)*503-640-5311	STD Clinic
Groups for youth ages 13-25	Mult. Co. Dental Access503-988-6942
LWNW New Options for Women (NOW)*503-761-5272 x 6935	Routine and urgent dental care
Groups for female-identified adults ages 18+	National University of Natural Medicine (NUNM)503-552-1515
Raphael House Advocacy Center503-222-6222	Naturopathic and integrative medicine for low income/uninsured individuals
Groups for youth participating in Athena House and adults participating in	OHSU
LWNW NOW	Richmond clinic503-418-3900
EDUCATION O FAMILOVALENT DESCUIDADO	Walk-in Clinic @ 4212 SE Division503-418-1500
EDUCATION & EMPLOYMENT RESOURCES	Primary medical care for homeless or uninsured individuals
Dress for Success	Oregon Health Plan1-800-359-9517
Career preparedness services, including professional clothing for female-	Outside In
identified adults	Medical services and needle exchange for youth 25 & under
Job Corps1-800-733-5627	Planned Parenthood
Education and training program for youth ages 16-24	Prescription drug assistance1-800-913-4146
New Avenues for Youth	Quest Center for Integrative Health503-238-5203
Alternative School Education503-517-3985	Ride to Care1-855-321-4899
Promoting Avenues to Employment (PAVE)503-517-3935	Non-emergency medical transport for individuals and families with OHP
Programming and wraparound services for youth ages 17-24	SafeNet1-800-SAFE-NET
SE Works & WorkSource503-772-2300	Statewide health referrals
Education and employment services for adults and youth	Sexual Assault Nurse Examiner (SANE) practitioners Kaiser, Legacy, OHSU
Title X Homeless Student Services503-916-5770	Social Security Administration1-800-772-1213

Community Resources

PARENTING/FAMILY RESOURCES	HOUSING & HOMELESS FOR ADULTS
Early Intervention/Early Childhood Special Education503-947-5703	Central City Concern503-525-8483
Services for children with disabilities birth through age 2	Community Warehouse503-445-1449
Dept. Human Services (DHS) Self-Sufficiency971-673-2748	Furniture by referral from partnering agency
Food stamps (SNAP), TANF, OHP, JOBS	Human Solutions Eviction Prevention Hotline503-907-2795
Employment Related Day Care971-673-2411	Human Solutions Family Center Shelter503-477-9724
WIC503-988-3503	JOIN503-232-2031
Head Start503-947-0867	Showers, laundry, phone, internet & mail
Childhood development programs for low income families with youth ages 3-5	Oxford House844-646-7529
Insights Teen Parent Program503-239-6996	Affordable, shared recovery houses for adults & children
LWNW Children's Relief Nurseries	Portland Homeless Family Solutions (PHFS)503-915-8306
St. Johns Site503-283-4776	Portland Rescue Mission503-906-7690
Mill Park Site503-564-0164	Shelter for male-identified adults
Multnomah Childcare & Referral503-548-4400	REACH Community Development503-231-0682
Pathfinders Center for Family Success503-286-0600	Rose Haven503-248-6364
Support & education for families experiencing re-entry	Drop-in center services for female-identified individuals and children
	Salvation Army Female Emergency Shelter (SAFES)503-227-0810
CULTURALLY-SPECIFIC SERVICES	Transition Projects, Inc503-280-4700
Door to Grace*503-747-5474	Housing support and day center services, including IDs
Christian day program and mentorship for female-identified youth ages 14-17	
El Programa Hispano & UNICA503-669-8350 (Portland) or 503-231-4866(East)	UTILITIES ASSISTANCE
Wraparound services for Latinx individuals & families; DV, ST/HT services	Heat Oregon503-612-6300
Healing Roots Center503-595-9591 x 308	Human Solutions Assistance Hotline503-405-7877
Advocacy and wraparound services for African & African American individuals	Impact NW503-988-6020
& families fleeing domestic violence	Low Income Energy Assistance Hotline1-800-453-5511
IRCO503-234-1541	SEI Community Services503-240-0828
Advocacy and wraparound services for immigrant and refugee individuals &	
families	LAW ENFORCEMENT
NARA503-224-1044	Emergency911
Mental health and addiction-focused services for Native American individuals &	Gresham Police503-618-2318
families	Multnomah County Jail Release Info503-988-3689
NAYA Family Center Healing Circle503-288-8177	Multnomah County Sheriff's Office503-255-3600
Wraparound services for Native American individuals & families	Non-emergency Police Response503-823-3333
Russian Oregon Social Services503-777-3437	Sex Trafficking Unit Tip Line*503-255-0118
Advocacy and wraparound services for Russian community members	VINE (Jail/Prison/Corrections Information)1-877-OR-4-VINE
Self Enhancement, Inc	MULTINOMALI COLINITY COLINITY
Wraparound services and community support for African & African American	MULTNOMAH COUNTY COURTS
individuals, youth & families	Child Support Enforcement503-988-3150 (Portland) or 503-988-5321 (East)
LGBTQ	Multnomah County Courts
	Restraining orders and other protective order information
Bradley Angle Intimate Partner Violence LGBTQ Program503-595-9591	Multnomah County District Attorney's Office
Outside In/Trans Clinic/ID Project	Oregon Crime Victim's Compensation1-800-503-7983 Outreach for Underserved Populations503-988-5419
Support services for MSM & male-identified transgender adults	Victim's Assistance Office
Q Center503-234-7837	VICUIII S Assistance Office
Social support and events	CIVIL & FAMILY LEGAL SERVICES
New Avenues for Youth SMYRC503-872-9664	Child Support Helpline1-800-850-0228
Counseling, social, and education services for youth ages 12-23	Legal Aid Family Law Hotline
Counselling, social, and education services for youth ages 12-23	Legal Aid Multnomah County Office503-224-4086
DOMESTIC & INTIMATE PARTNER VIOLENCE SERVICES & SHELTERS	Mult. Co. Family Court Self-Help Center503-988-4003
Bradley Angle Shelter503-281-2442	Oregon Crime Victim Law Center503-208-8160
Call to Safety503-235-5333	Oregon State Bar Lawyer Referral and Modest Means Program1-800-452-7636
24-hour emotional support and safety planning, resource referral	St. Andrews Legal Clinic
Gateway Center for DV Services503-988-6400	Volunteers of America Court Care503-988-4334
Drop-in center for advocacy, access to/referral for shelter and housing, and	
other services for adults and families	IMMIGRATION REPRESENTATION
Raphael House Shelter & Advocacy Center*503-222-6222	Catholic Charities Immigration Services503-542-2855
Salvation Army West Women's & Children's Shelter503-224-7718	El Program Hispano503-669-8350
Volunteers of America Home Free*503-771-5503	Immigration Counseling Services503-221-1689
Advocacy services for adults and families	Lutheran Community Services NW503-231-7480
YWCA503-294-7400	SOAR
Housing services for adults and families	