

## STAR-C2 Monthly Telephone Content Checklist

*(Follow-up calls are intended to be less than ½ hour maximum)*

Please indicate with a checkmark what topics were covered in each phone call. Also note the date of each call and how long it was.

### Sample “primer” questions:

- How has the past month been going with *(the care-recipient)*? Have any new challenges developed that you would like help problem-solving?
- Have you been using the ABCs to think about possible activators and consequences for behaviors? How is that working for you?
- Are you still scheduling regular pleasant events for yourself and *(the care-recipient)*?
- Is there anything in general about caregiving or taking care of yourself that you would like to discuss?
- Do you have any questions about anything we talked about during the STAR-C2 visits?
- When would be a good time for me to call next month?

Phone Call / Content	1 Phone call	2 Phone call	3 Phone call	4 Phone call
Phone Call Date				
Phone Call Duration (minutes)				
Dementia as Illness				
Realistic Expectations				
ABC Problem Solving Plan				
Practical Communication				
Pleasant Events				
Negative Thinking				
Caregiver Issues				