

Where to Go for After Hours Care

PRIMARY care

Where you can go to get your regular **health exams** and **check-ups** from your main provider and build a trusting, long term relationship.

Hours and Scheduling

- Open Monday to Friday from 8am to 5pm (some clinics open later).
- **Same day appointments** may be scheduled.
- **Advice Line 503-988-5558** For questions outside of clinic hours. They can tell you if you need to go for care if you are not sure.
- Talk to a provider by phone if you can't come into the clinic.
- Ask about MyChart - your secure online health connection.

URGENT care

Provides **medical services** to those with a serious but minor sickness, injury or health problem needing urgent attention outside of clinic hours. Accepts OHP (Oregon Health Plan). There are many clinics to choose from.

Hours and Scheduling

- Offers walk-in appointments.
- Long hours of operation (sometimes all day and night, every day of the week).
- **Call Legacy Go Health 503-489-2024** for hours, location and services offered.
- **Call Providence Immediate Care 503-215-9900** for hours, location and services offered.

EMERGENCY care

Provides medical services under **life-threatening emergency conditions** like chest pain, stroke, bleeding that will not stop, head injuries, poisoning, etc. Patients can get emergency care by calling **911** for paramedic and ambulance assistance or by going to the emergency room.

Hours and Scheduling

- People with serious conditions will be seen first.
- If you are not there for something life threatening, it can take hours to be seen.
- ER is open all day and night, every day of the week.

