Multnomah
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## Program #40061A - Harm Reduction

Department:

Program Offer Type: Related Programs: Existing Operating Program 40011, 40061

Health Department

Program Contact: Kim Toevs Program Offer Stage: As Adopted 6/27/2018

Program Characteristics:

**Executive Summary** 

Drug abuse is a serious health issue that affects almost every community and family in some way. The opioid epidemic, and an increase in methamphetamine use, has led to a sustained rise in injection drug use. Portland-area surveys show an increase in the percent of heroin users hooked on prescription opioids before ever using heroin - from 45% in 2011 to 51% in 2016. This program saves lives by training people who inject drugs how to respond to overdoses, reduces HIV/AIDS, hepatitis and other infections by engaging people who inject drugs in syringe exchange.

### **Program Summary**

The harm reduction program works with people who may not be ready to stop substance use, offering strategies to reduce risks and negative outcomes for people who inject drugs and those around them. In the last 5 years syringe exchange demand has increased 31% in clients served, 143% in encounters, and 122% in syringes collected. This program provides access to sterile syringes in exchange for used ones, serving over 6,500 unique clients exchanging over 4 million syringes in FY17. Exchanging on behalf of a social network occur at 20% of client encounters and new client registration averages 190 per month. Services address improperly discarded syringe debris through distribution and return of sharps containers. With 70% of clients reporting houselessness or temporary/unstable housing, these containers empower clients to return syringes and enable a return rate of 100.8% for CY17; supporting studies that show syringes obtained from programs are more likely to be safely disposed. Staff administer the Healthy Streets community-based syringe drop box project, providing convenient public disposal to reduce the number of improperly discarded syringes. Activities include outreach, engagement and safe disposal education.

Opioid overdose prevention and naloxone distribution (a medication that reverses overdoses) help clients recognize and respond to overdose. Before receiving a naloxone kit, all clients complete a training with staff. With the influx of new clients every month, training needs continue. Clients report saving lives - an increase of 26% in overdose rescues reported in FY16. This program provides regional and statewide capacity building trainings allowing local CBOs to purchase naloxone for on-site rescues. This work is supported by a two-year SAMHSA grant to provide technical assistance to Washington, Columbia and Clatsop Counties. Since the program began in 2013, the number of heroin overdose deaths in Multnomah County has decreased every year. This trend is unusual at a time when heroin deaths continue to increase both nationally and in other Oregon counties where naloxone is not readily available.

This program operates a Harm Reduction Clinic which couples syringe exchange/overdose prevention with acute/urgent care and sexual health services. The only program of its kind in Oregon, this low barrier clinic creates an access point for individuals not otherwise engaged in healthcare and aims to increase readiness to improve health outcomes and reduce emergency room visits. An Addictions Benefits Coordinator assists clients to enter addictions treatment programs.

Performance Measures								
Measure Type	Primary Measure	FY17 Actual	FY18 Purchased	FY18 Estimate	FY19 Offer			
Output	Number of syringe exchange client encounters.	51,193	50,000	50,000	50,000			
Outcome	Number of overdose rescues reported.	749	750	800	750			
Output	Number of unique syringe exchange clients served.	6,639	NA	6,500	6,500			
Outcome	% clients who felt prepared for a future overdose rescue.	88%	80%	85%	85%			

#### **Performance Measures Descriptions**

 Visits to MCHD and Outside In. 2) Overdose rescues reported to MCHD and Outside In. Previously tracked in 40061B. 3) Revised: Changed from 'number of new clients' to more accurately reflect service volume. Includes MCHD and Outside In.
 Clients from MCHD and Outside In. Previously tracked in 40061B. Federal Program Requirements

### **Revenue/Expense Detail**

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds	
Program Expenses	2018	2018	2019	2019	
Personnel	\$456,304	\$41,528	\$663,976	\$222,817	
Contractual Services	\$292,230	\$22,540	\$277,417	\$114,320	
Materials & Supplies	\$329,029	\$22,520	\$402,738	\$39,651	
Internal Services	\$222,735	\$5,050	\$250,265	\$28,098	
Total GF/non-GF	\$1,300,298	\$91,638	\$1,594,396	\$404,886	
Program Total:	\$1,39	\$1,391,936		\$1,999,282	
Program FTE	4.61	0.25	6.15	2.32	

Program Revenues							
Indirect for Dept. Admin	\$3,933	\$0	\$21,859	\$0			
Intergovernmental	\$0	\$91,638	\$0	\$360,360			
Other / Miscellaneous	\$0	\$0	\$0	\$44,526			
Total Revenue	\$3,933	\$91,638	\$21,859	\$404,886			

# **Explanation of Revenues**

\$83,418 - HIV Prevention Block Grant:
\$8,320 - Healthy Streets Grant:
\$44,526 - CCC Wound Care:
\$268,622- PH SAMSHA

## Significant Program Changes

Last Year this program was: FY 2018: 40061A Harm Reduction

Last year this program was also: 40061B Overdose Prevention Strategy.