



Middle School Youth Resource List

Relationship Support	Culturally Specific Advocacy & Support	Informational Websites
<p>Bradley Angle House Shelter 503-232-1528 bradleyangle.org</p>	<p>Bradley Angle Healing Roots Program 503-595-9591 <i>African American domestic violence survivors</i></p>	<p>Amaze amaze.org <i>Videos for 6th-8th graders about sexual and reproductive health</i></p>
<p>Call to Safety* 24/7 503-235-5333 or 888-235-5333 calltosafety.org</p>	<p>IRCO (Immigrant & Refugee Community Organization) 503-234-1541 irco.org</p>	<p>Awkward or Not? www.awkwardornotapp.org <i>A quiz to see how ready your parents are to talk about dating and sex</i></p>
<p>Proyecto UNICA* (servicios en español) 503-236-9591</p>	<p>Latino Network 503-283-6881 latnet.org</p>	<p>I Wanna Know! iwannaknow.org/teens <i>Sexual health information</i></p>
<p>SARC* (Sexual Assault Resource Center) 503-640-5311 sarcoregon.org</p>	<p>NAYA (Native American Youth And Family Center) 503-288-8177 nayapdx.org</p>	<p>Kidshealth.org kidshealth.org/en/kids <i>Information on bodies and staying healthy</i></p>
<p>VOA Home Free 503-771-5503 Teen Advocate* Jessica Rodriguez Cell: 503-473-7396 (text 8a-5p M-F) Email: jrodriguez@voaor.org</p>	<p>Ross (Russian Oregon Social Services) 503-777-3437 emoregon.org/ross.php</p>	<p>Love is Respect loveisrespect.org <i>Empowering young people to prevent & end abuse</i></p>
<p>Youth Line 24/7 Teens Helping Teens (4-10 pm) 1-877-331-9474 OR Text TEEN2TEEN to 839863 oregonyouthline.org</p>	<p>SEI (Self Enhancement, Inc – supporting at-risk urban youth) 503-249-1721 selfenhancement.org</p>	<p>What's Your Future Plan? www.yourplanapp.org Figure out what you want your life to be like</p>
LGBTQ Services & Support		Health Services
<p>Bradley Angle House 503-232-7805 bradleyangle.org/get-help/programs/lgbtq-services/ <i>LGBTQ domestic violence support</i></p>	<p>TransActive Gender Center 503-252-3000 Transactiveonline.org <i>Services and support for gender diverse children, youth & families</i></p>	<p>Crisis Line (24/7) 503-988-4888 multco.us/mhas/mental-health-crisis-intervention</p>
<p>LGBT National Youth Talkline 1-800-246-7743 www.glnh.org/talkline <i>Support & resources for LGBTQ+ youth</i></p>	<p>The Trevor Project 1-866-488-7386 www.thetrevorproject.org <i>Crisis counseling & support for LGBTQ+ youth</i></p>	<p>Planned Parenthood 503-788-7273 plannedparenthood.org</p>

<p>Q Center 503-234-7837 pdxqcenter.org <i>Safe space to support and celebrate LGBTQ community</i></p>		<p>Student Health Centers 503-988-4424 multco.us/health/student-health- centers</p>
<p>SMYRC (Sexual & Gender Minority Youth Resource Center) 503-872-9664 smyrc.org</p>		<p>Multnomah County STD Services 503-988-3700 Multco.us/health/std-services</p>

* You can talk to someone who is not a mandatory reporter – ask to confirm