



Multnomah County Public Health Advisory Board July 2018 Retreat Minutes

Date: Thursday, July 26, 2018

Time: 2:30pm - 6:30pm

Location: Multnomah Building, 501 SE Hawthorne, Room 126

Purpose: To advise the Public Health Division on several areas of work with a strong focus on ethics in public health practice and developing long-term public health approaches to address the leading causes of death and disability in Multnomah County.

Desired Outcomes:

1. Continue to get to know each other and develop as a board;
2. Review and discuss board logistics;
3. Hear about board member engagement and opportunities for involvement;
4. Breakout into Committees and take a deeper dive into the work

Members Present: Tyra Black, Bernal Cruz, Debbie McKissack, Suzanne Hansche, Becca Brownlee, April Johnson, Cheryl Carter, Bertha Ferran, Gerald Deloney, Joannie Tang (phone), Alicia Junker, Chuck Tauman

Public Health Division staff: Rachael Banks, Nathan Wickstrom, Adelle Adams, Jessica Guernsey, Christina Brown, Koua Cha, Debbie Rood

Item/Action	Process	Lead
Welcome & Introduction	<ul style="list-style-type: none"> Board members introduced themselves 	April Johnson
Public Comment	<ul style="list-style-type: none"> There was no public comment 	April Johnson
Agenda Review	<ul style="list-style-type: none"> April reviewed the agenda Suzanne suggests reviewing charter before bylaws Board approved 	April Johnson
Review of April meeting minutes	<ul style="list-style-type: none"> April board meeting minutes were approved 	April Johnson
Getting to Know You	<ul style="list-style-type: none"> Rachael welcomed everyone and thanked members for serving on the board <ul style="list-style-type: none"> It's a relatively new board; established in 2015 We've had the articulation of several Committees Pleased with the work being done by the Committees Been thinking of other opportunities for engaging the board Ethics Committee work around reproductive health and justice is so timely PH approaches also timely - looking at the leading causes of death Doing work simultaneously in PH Division so that work from board members has a home <ul style="list-style-type: none"> e.g. Health promotion work Opening activity: Emoji Twin game Team Building Exercise: Lost at Sea <ul style="list-style-type: none"> Split into two groups to prioritize most important items to bring on the survival raft What problems did you encounter during this challenge? <ul style="list-style-type: none"> April: Had a hard time building consensus with everyone. Had to negotiate priorities (wanted seat cushion higher) Tyra: Tried to figure out contextual things. We don't know what we don't know. Suzanne: What we didn't know (e.g. a sextant, or how to use it) <ul style="list-style-type: none"> We discussed things enough and discussions were supportive. If we had long enough we would have figured things out Batteries in the radio, strength of mosquito net (unknowns) Alicia: If we had more time, we could have determined more than the obvious Once we determined the ultimate goal, it was easier to come to a decision Did you identify a leader? How was leadership demonstrated during the 	Christina Brown

	<p>challenge?</p> <ul style="list-style-type: none"> ○ Suzanne: we all participated and delegated jobs to the group ○ Tyra: there wasn't one leader; all were onboard ○ Everyone initially got a say in what they prioritized; really participatory ● What did you learn from the challenge? <ul style="list-style-type: none"> ○ Both groups are willing to work together ○ Cheryl: honored to be on the boat; we can get the boat to the shore. We were chosen by the community to get us there. We can't be divided; you can't conquer us. ○ Alicia: We did the top 3 priorities and then tried to determine where commonalities were and where to compromise. ● Went over the MC-PHAB group agreements on the back of the agenda <ul style="list-style-type: none"> ○ Bernal: I like the focus on the quality of the journey, not just the destination. ○ Suzanne: Listen to understand is important to me <ul style="list-style-type: none"> ■ We've had some challenges in the past with this, particularly due to time. Let's figure out how to value this and make the time to do it right. ○ Everyone agreed to continue using original group agreements 	
Planning for the New Year Ahead	<ul style="list-style-type: none"> ● Voted for Sandra Clark as Chair <ul style="list-style-type: none"> ○ Sandra received one vote ● Voted for Suzanne Hansche as Chair <ul style="list-style-type: none"> ○ Suzanne received seven votes ○ Suzanne approved as the new Chair ● Tyra Banks accepted the nomination as Vice Chair <ul style="list-style-type: none"> ○ Ran unopposed ● Suzanne: Process was a really good, positive opportunity. She met with Tyra and discussed potentially Co-Chairing ● April: This prior year was tough, but I'm really glad that with everyone supporting the group we were able to move forward. I'm grateful to Jessica and Rachael that you heard us and our communities. I want to thank you. ● Jessica: seeing everyone come together was really special. Thank you. ● Rachael: I could not think of a better person (April) to be leading the group through this time of change. We wouldn't have been here without you. ● Tyra: April really encouraged me to go for it. ● Charter: <ul style="list-style-type: none"> ○ Suzanne: it's not clear to me how what is in the current charter was decided. <ul style="list-style-type: none"> ■ Christina: when MC-PHAB first came onboard there was a bylaws committee that created the previous iteration of the bylaws ■ The bylaws were presented with the new structure in January and modified in April ■ Took it offline to gather feedback in order to bring back to July meeting ○ Suzanne: members still concerned at January meeting about bringing forward emerging issues; would set a process for doing so <ul style="list-style-type: none"> ■ How was emerging issues put out of scope? ■ Now that we have more focus, we could remake the issues analysis form to bring it up to date and then try to determine if an emerging issue is in scope ■ April: there is an issues analysis form that was created to bring forward issues. In the beginning we had to narrow the structure to go forward. We could reevaluate that now. Maybe take this first year to ground in committee work ○ Take emerging issues out of scope but change wording: "emerging issues can be brought forward for consideration through a process that will assess alignment with the scope of responsibilities of the Public Health Approaches and Ethics Committee" ○ Gerald: MC-PHAB hasn't been in sync with the County's calendar. We don't impact those issues because we're not in alignment with the calendar. Each time we miss a deadline we get out of alignment for the next year. Until we get some kind of synchronization we're going to miss things. <ul style="list-style-type: none"> ■ Will be getting in line with budget calendar (presentation) 	Christina Brown

- PH approaches will create alignment with legislative agenda
- Rachael: budget and legislative are the two biggest pieces. PH approaches has been taking the long-term approach to influence legislative priorities. If we keep moving forward at pace we'd be right on track.
- Suzanne: language-wise, 3 issues, not 2
 - Include a minimum number of meetings?
 - e.g. we'll meet quarterly with a minimum of 4 meetings
- Out of scope includes some language around emerging issues
- Chuck: concerned about limiting with scope (e.g. soda tax)
 - Soda tax out of scope for PH Division, but would hate to not be able to take a stance on the issue
 - Rachael: let me get a legal perspective (ballot component)
 - Could be touched on PH Approaches
 - e.g. Cleaner Air - Suzanne
 - Another thing is prioritizing it
- Christina: due to time I will work with the new Executive Committee to rework the language and bring forward the revamped Charter and Bylaws to October meeting
- Charter Modifications for consideration:
 - Add time keeper for calendar year
 - Finance Committee language
 - Add evaluation component
 - Language: The MC-PHAB advises the Public Health Division. It focuses on ethics in public health practice and developing long-term public health approaches to address the leading causes of death in Multnomah County.
 - Operationalize group agreements, specifically can we consider adopting a stacked speaker's list? I think this would help with our last bullet of "be mindful of how much space you take"
- Bylaws: Could add Exec Committee names to bylaws
- Finance Committee Presentation by Koua Cha and Debbie Rood (will be sent out with minutes)
 - Koua Cha: Process for incorporating finance into the group
 - Phase 1: July meeting - present the big picture for finance (whole group involved); present updates at quarterly board meetings
 - Phase 2: In 2019 - Forming finance committee
 - Chair, Vice Chair, 4 other members
 - A Committee of this board
 - Meet quarterly
 - Meet more often in November, December January because they are the busy times in the County
 - Phase 3: July 2020 to June 2021
 - Topic selection and engagement
 - Suzanne: How can our input make an impact?
 - It will initially be more general in the first year, but as the Committee forms it will become more involved in decision-making process
 - April: I like this process and how it will help hone in on the PH Division's process
 - Debbie Rood: Overview of the PH Division budget
 - Public Health makes up roughly 16% of Health Department budget - \$54.6 million
 - Largest programs are HIV/STD/ASH, Early Childhood Services and Environmental Health
 - A majority of the budget comes from General fund (42%)
 - Grant reliant
 - Expenses: personnel largest expense (60%)
 - County match - certain fees that we generate and are paid for by the state that we have a match requirement for (e.g. restaurant inspections)
 - Funding sources: program sources differ drastically; could be all general fund or largely funded by grant
 - Environmental Health has the largest number of FTE

	<ul style="list-style-type: none"> ■ Last fiscal year, PHD cut vacant positions; all but one manager were able to find vacant positions ■ Passthrough & Professional Services - \$10.6 million <ul style="list-style-type: none"> ● Increased funding to community organizations by 24% ● Allocating general fund dollars and trying to be more equitable ■ Modernization and CCO 2.0 - more coverage by services through OHP <ul style="list-style-type: none"> ● As a community member, these are some of the issues that we are working on and can provide input on ■ Modernization is a funding strategy <ul style="list-style-type: none"> ● Even with the general fund, we have to be willing to modernize <ul style="list-style-type: none"> ○ Shifting the money within general fund (e.g. equity and data analytics) ■ Trying to get more money from state (modernization) and more money from CCOs ○ Rachael - how do folks feel about the information and visuals? Was it easy to understand? ○ Slides and Finance Committee information will be sent out with minutes 	
Committee Work	<ul style="list-style-type: none"> ● Membership committee looking for new members ● Ethics Committee: <ul style="list-style-type: none"> ○ Ethics committees tend to be fairly academic and rigid ○ We wanted to open the concept up to more emerging issues in public health that aren't those strict academic questions ○ Agreements on process: <ul style="list-style-type: none"> ■ Why are we doing this? <ul style="list-style-type: none"> ● Opening up the books ● Looking at our practices, finances, and approaches ● Refine an issue to really ask for community wisdom ● Planning on applying for accreditation in 2 years; need an ethics committee ● Struggled in first meeting on what process we wanted to use; people really wanted to learn how to use the equity lens (5Ps) <ul style="list-style-type: none"> ○ Made a modified version of the 5Ps ● Did a group breakout using the 5Ps and structured ethics questions - walking through pieces in small groups ○ One of the things we realized was that in the bylaws we have a consensus building measure, but want a different process for the ethics committee that is kind of a majority/minority structure <ul style="list-style-type: none"> ■ Think that we need to propose a new structure for consensus (e.g. Robert's Rules of Order) <ul style="list-style-type: none"> ● See that there could be an issue with current structure ■ When they cease to work, the rules need to change ■ Need to be clear on the outcome that we need when doing the ethics committee work ■ Our input made an impact just by giving community wisdom ■ Didn't stay true to the 5Ps in practice deliberation <ul style="list-style-type: none"> ● Really valuable information came up while deliberating ● Need to have 5Ps at the forefront and then meld with ethics questions (asking the right questions) ■ Next issue not a yes/no deliberation <ul style="list-style-type: none"> ● Using the 5Ps and trying to get broad input on thinking through the approach ■ Hoping to provide a recommendation <ul style="list-style-type: none"> ● trying to get to some general agreement, but we're not excluding other points ○ Opioid issue is next deliberation 	Rachael Banks, Jessica Guernsey

	<ul style="list-style-type: none"> ■ One of the only areas that the federal government has noticed ■ if you look more at the data around alcohol and drugs, opioid is not the main issue <ul style="list-style-type: none"> ● Differential treatment of this issue ● At the early stages of an all-substances approach ● What are the areas that we're missing? ● Bring the ethics committee together to learn what are the responses to this <ul style="list-style-type: none"> ○ e.g. alcohol (not a robust approach) ○ We're branded with alcohol - sponsor a lot of events that involve alcohol ● A lot in this that we're trying to unpack and think through; unintended consequences ■ Looking at prevention and addiction <ul style="list-style-type: none"> ● Something to hope for; adverse factors in your life ■ Build a robust prevention strategy <ul style="list-style-type: none"> ● What are we not thinking about when walking through the 5 Ps? ■ How do you know prevention worked? We can always talk about treatment and recidivism ■ When looking at alcohol, could make the case that it has a larger negative impact than opioids ■ Look at teen pregnancy prevention work as an example ■ If this is one of the only streams of funding that we're going to see... ■ Gambling has a lot of the same repercussions; same impact as drugs, but not considered a health issue <ul style="list-style-type: none"> ● This is the kind of issue that Jessica wants to be brought forward ■ Decriminalizing drugs? What are the known prevention strategies? ■ It's our job to recognize barriers and introduce ideas that aren't necessarily proven. The more we can start shaping the narrative (e.g. gambling, transgenerational trauma) ■ How do we need to think of this? <ul style="list-style-type: none"> ● Transgenerational trauma, addiction ■ Going to be a heavy lift <ul style="list-style-type: none"> ● Some robust prevention activities exist (tobacco) ■ Have not taken a classic public health approach to a lot of work ■ Ethics committee will be meeting August 23rd ■ Document going to be sent out prior to meeting 	
Wrap-up and Meeting Evaluation	<ul style="list-style-type: none"> ● Christina will send out an evaluation after this meeting ● Strengths you see in the Board: <ul style="list-style-type: none"> ○ collaborative ○ community wisdom ○ good mix of age ○ experience - don't need to reinvent the wheel ○ bringing in a fresh perspective ○ motivation to do the right thing ○ able to laugh with each other ○ enjoy the food and snacks ○ talented ○ poetry ● What worked? <ul style="list-style-type: none"> ○ activities ○ materials ○ building on each meeting - doing a good job of listening and learning ○ preparing for what's coming next ○ leadership changed hands ○ new members got to participate in the vote ● What can be improved? <ul style="list-style-type: none"> ○ running out of time <ul style="list-style-type: none"> ■ opinion-based time limit 	Christina

	<ul style="list-style-type: none">■ stacked speaker list<ul style="list-style-type: none">○ would like to know more about the committees● Exec Committee - 2nd Friday of the month at 9:00am● Rachael - in awe of how Christina put this retreat together● Meeting adjourned at 6:32pm	
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