Services for Sex Trafficked Youth in Multnomah County

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Where We've Been

- System History
- Previous System
- Changes in Population
- Challenges with Providers
- Shutting Down
- Re-Booting

Designing a New Sex Trafficking Service Provider System

Site

Visit





Review of promising practices nationwide

Review written evaluations and case studies of other programs



Interview

Interview/consult with nationally recognized sex trafficking expert Site visits to programs in San Francisco serving similar populations $\underline{\mathcal{S}}$

Conversations with System Partners

Individual conversations with key internal and external partners in sex trafficking, law enforcement, homeless youth programs, domestic violence, community justice Focus Groups

Three focus groups to gather input:

- Sex Trafficking
 Providers
 - System Partners
- Survivors who have received system services

A New Service Provider System for Sex-Trafficked Youth



Mobile Community Outreach and Advocacy



Transitional Housing for sex trafficking survivors

Community Outreach/Health Workers (1 FTE) make initial contacts, establish rapport and safety plan, provide for basic needs and resource referral, offer case management and channel to more structured services, and connect with advocacy as needed to meet participant's confidential needs.

Advocates (1.5 FTE) offer confidential emotional and safety planning supports, connect to case management. Juvenile detention center and/or jail reach-in) to connect with outreach workers upon release, crisis line support and legal navigation. Ten Individual units designated for trafficked youth.

Two units contain multiple (2-4) beds and are designated to address crisis needs of trafficked youth.

Staffed by case manager during business hours M-F 9am-5pm.

Case Management and Life Skills Training

Case manager provides stationery services and individual service plan (ISP) related to longer-term stabilization (housing, education and employment).

Services to include assistance in developing self-sufficiency and selfcare skills.



Drop-in Day Center

Outreach worker, case manager and Mobile Advocates provide regular hours as bridge from community-based case management to more structured and formal case management, housing referrals and further stabilization supports.

New Day Access a	and Services			
	call to safety Formerly the Portland Wateren's Child Like	NEW AVENUES for Youth	RAPHAEL HOUSE	
Criteria:	All ages	12-25	School aged	
Specific partnerships:	Domestic Violence System Sexual Assault System	Runaway Youth System Homeless Youth Continuum DHS Child Welfare	Portland Public Schools	
Service Provided:	24/7 Crisis Line Outreach Case Management*	Outreach Case Management** Drop-in	Primary Prevention Education	
Housing stablization navigation:	Referral, motel vouchers, and flexible funds	Reunification/placement, transitional housing, and flexible funds	Referral to New Day Partners	
		Key * = Advocate Privileg	e ** = Mandatory Reporter	

Internal Program Services Available per Agency



Emergency Shelter: 11 private rooms for individuals and families, individual advocacy, resource navigation, employment and housing support, and meeting basic needs

Advocacy Center: Follow-up advocacy, wellness programs, support groups, counseling appointments and tenant education and economic empowerment workshops.

Prevention Education Program: Education on intimate partner and dating violence, and healthy relationships in local schools

Youth Program: Family-centered advocacy and wrap around support for youth.

Housing Program: Case management focused on housing stabilization, and support in removing barriers to long term housing



Drop-In Day Services: Meals, showers, laundry, respite, engagement activities, and legal counsel

Education: Alternative high school education, GED prep, and college connection

Job Training and Employment: Work readiness, skill development, and job placement

Social Purpose Enterprise: Mentored work experience at local Portland businesses

Supportive Housing: On-site, communitybased, and population-specific

Counseling: Drug and alcohol recovery and mental-health supports

PDX-Connect: Support for youth transitioning from foster care into adulthood

Sexual & Gender Minority Youth Resource Center (SMYRC): Culturally specific support for LGBTQ youth and community education

East Multnomah County Expansion: Outreach to and wraparound supports for youth



Multnoma

24/7 Crisis Line: Confidential crisis intervention, safety planning, emotional support, and referrals to services.

Text and Chat Support: Confidential messaging service to provide crisis supports

Emergency Shelter and Housing Support: Assistance connecting to a variety of housing options that may include rental assistance, emergency shelter and other housing options.

Onsite Medical Advocacy: In-person response to hospitals

Culturally Specific and Specialized Advocacy: Support in applying for public assistance, helping navigate systems, and accessing the criminal justice system

Support Groups: Space for survivors to process, connect, and heal





Multnomah County Sex Trafficking Collaborative / Task Force



Questions?

For more information, contact Rose Bak, Director of Youth and Family Services <u>rose.bak@multco.us</u>