

24-HOUR CRISIS & HELP LINES

Call to Safety.....	503-235-5333
Dept. of Human Services (DHS) Child Abuse & Neglect Reporting.....	503-731-3100
Mult. Co Mental Health Line.....	503-988-4888
Suicide Prevention Line.....	1-800-273-8255
Alcohol & Drug Helpline.....	503-244-1312
211info.....	211
<i>Information & referral for community services</i>	
National Human Trafficking Hotline.....	1-888-373-7888
National Center for Missing and Exploited Children.....	1-800-843-5678

SEX-TRAFFICKING SPECIFIC PROGRAMS

Call to Safety**.....	503-235-5333
<i>24/7 emotional and crisis support, safety planning & referral; Advocacy & case management; Emergent and stabilization housing navigation</i>	
New Avenues for Youth**.....	503-258-7081
<i>Mentorship, skill building & case management; Housing navigation</i>	
Raphael House**.....	503-222-6222
<i>Prevention</i>	
Lifeworks NW (LWNW)*.....	503-645-9010
CSEC & Intensive Community-based Treatment Services	
<i>Mental health services for youth ages 6+</i>	
New Options for Women.....	503-761-5272 x 5614
<i>Mental health & substance use services for female-identified adults ages 18+</i>	
Morrison Child & Family Services SAGE*.....	503-258-4200
<i>Secure residential & stabilization services for female-identified youth 11-16yo</i>	
Door to Grace*.....	503-747-5474
<i>Christian day program and mentorship for female-identified youth 14-17yo</i>	

ADVOCACY

Call to Safety*.....	503-235-5333
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SEX-TRAFFICKING SPECIFIC SUPPORT GROUPS

New Avenues for Youth**.....	503-258-7081
<i>Community and skill building activities and resource sharing, ages 12-25</i>	
LWNW New Options for Women (NOW)*.....	503-761-5272 x 6935
<i>Groups for female-identified adults ages 18+</i>	

RUNAWAY & HOMELESS YOUTH CONTINUUM SERVICES

Runaway Youth Services.....	503-233-8111 (Portland) or 503-912-3423 (East)
Janus Youth Programs Harry's Mother & Reception Center Garfield House	
<i>Crisis shelter & family counseling for youth 9-17yo</i>	
Homeless Youth Access Center.....	503-432-3986
Janus Youth Programs (Porch Light, Street Light, Bridge House, Changes), New Avenues for Youth*, Outside In, NAYA	
<i>Variety of shelter, housing, case management & other services for youth 17-24 yo</i>	

EDUCATION & EMPLOYMENT RESOURCES

Dress for Success.....	503-249-7300
<i>Career preparedness services, including professional clothing for female-identified adults</i>	
Job Corps.....	1-800-733-5627
<i>Education and training program for youth 16-24yo</i>	
New Avenues for Youth*	
<i>Education prep and re-engagement for youth 17-24yo.....</i>	
	503-517-3985
<i>Job training and employment for youth 17-24yo.....</i>	
	503-517-3935
SE Works & WorkSource.....	503-772-2300
<i>Education and employment services for adults and youth</i>	
Title X Homeless Student Services.....	503-916-5770

*Sex-Trafficking Specific Programs

**New Day Partnership

MENTAL HEALTH & SUBSTANCE USE SERVICES, THERAPEUTIC SUPPORT

Central City Concern (CCC) Recovery Centers.....	503-944-4410
<i>Addiction services for adults</i>	
Cascadia Behavioral Health.....	503-674-7777
<i>Mental health & addiction services for adults</i>	
CODA.....	503-239-8400
<i>Residential and outpatient addiction services for adults</i>	
DePaul Treatment Centers, Inc.....	503-535-1151
<i>Detox, residential and outpatient services for youth 13-17yo</i>	
Hooper Detox.....	503-238-2067
<i>Detox services for adults</i>	
Lewis & Clark Community Counseling.....	503-768-6320
<i>Counseling services for adults</i>	
Lifeworks NW.....	503-645-9010
CSEC & Intensive Community-based Treatment Services*	
New Options for Women*.....	503-761-5272 x 6935
<i>Residential mental health and addiction services for female-identified adults</i>	
Morrison Child & Family Services SAGE*.....	503-258-4200
Native American Rehabilitation Association (NARA)	
<i>Adult residential addiction services.....</i>	
	503-621-1069
<i>Adult outpatient addiction services.....</i>	
	503-231-2641
<i>Youth outpatient addiction services.....</i>	
	503-224-1044
New Avenues for Youth Recovery Oriented Support & Engagement (ROSE)*	
<i>Youth/young adult recovery, mental health supports</i>	
Project Network.....	503-528-2140
Quest Center for Integrative Health.....	503-238-5203
<i>Mental health and addictions services for adults</i>	
Tobacco Quit Line.....	1-800-784-8669
White Shield Wildflowers.....	503-731-3970
<i>Residential treatment program for female-identified youth 12-18yo</i>	

MEDICAL & DENTAL RESOURCES

Cascade AIDS Project.....	503-223-5907
CAREAssist.....	971-673-0144
<i>Assistance with HIV/AIDS medication for low income individuals</i>	
Central City Concern (CCC) Health Service.....	503-228-4533
Child Abuse Response and Evaluation Services (CARES) NW*.....	503-276-9000
Downtown Women's Center.....	503-224-3435
<i>Sexual and reproductive health, family planning services</i>	
Kaiser Permanente.....	1-800-813-2000
Mult. Co. Health Clinics.....	503-988-5558
HIV Clinic.....	
	503-988-5020
STD Clinic.....	
	503-988-3700
Mult. Co. Dental Access.....	503-988-6942
<i>Routine and urgent dental care</i>	
National University of Natural Medicine (NUNM).....	503-552-1515
<i>Naturopathic and integrative medicine for low income/uninsured individuals</i>	
OHSU	
Richmond clinic	
	503-418-3900
Walk-in Clinic @ 4212 SE Division.....	
	503-418-1500
<i>Primary medical care for homeless or uninsured individuals</i>	
Oregon Health Plan.....	1-800-359-9517
Outside In.....	503-535-3860
<i>Medical services and needle exchange for youth 25 & under</i>	
Planned Parenthood.....	888-875-7820
Prescription drug assistance.....	1-800-913-4146
Quest Center for Integrative Health.....	503-238-5203
Ride to Care.....	1-855-321-4899
<i>Non-emergency medical transport for individuals and families with OHP</i>	
SafeNet.....	1-800-SAFE-NET
<i>Statewide health referrals</i>	
Sexual Assault Nurse Examiner (SANE) practitioners.....	
Kaiser, Legacy, OHSU	
Social Security Administration.....	
	1-800-772-1213

PARENTING/FAMILY RESOURCES

Early Intervention/Early Childhood Special Education.....	503-947-5703
<i>Services for children with disabilities birth through age 2</i>	
Dept. Human Services (DHS) Self-Sufficiency.....	971-673-2748
<i>Food stamps (SNAP), TANF, OHP, JOBS</i>	
Employment Related Day Care.....	971-673-2411
WIC.....	503-988-3503
Head Start.....	503-947-0867
<i>Childhood development programs for low income families with youth 3-5yo</i>	
Insights Teen Parent Program.....	503-239-6996
LWNW Children's Relief Nurseries	
St. Johns Site.....	503-283-4776
Mill Park Site.....	503-564-0164
Multnomah Childcare & Referral.....	503-548-4400
Pathfinders Center for Family Success.....	503-286-0600
<i>Support & education for families experiencing re-entry</i>	

CULTURALLY-SPECIFIC SERVICES

Door to Grace*.....	503-747-5474
<i>Christian day program and mentorship for female-identified youth 14-17yo</i>	
El Programa Hispano & UNICA.....	503-669-8350 (Portland) or 503-231-4866(East)
<i>Wraparound services for Latinx individuals & families; DV, ST/HT services</i>	
Healing Roots Center.....	503-595-9591 x 308
<i>Advocacy and wraparound services for African & African American individuals & families fleeing domestic violence</i>	
IRCO.....	503-234-1541
<i>Advocacy & wraparound services for immigrant & refugee individuals & families</i>	
NARA.....	503-224-1044
<i>Mental health and addiction-focused services for Native American individuals & families</i>	
NAYA Family Center Healing Circle.....	503-288-8177
<i>Wraparound services for Native American individuals & families</i>	
Refugee Care Collective.....	707-409-0572
<i>Mentorship, mobile ESL tutoring, and transition support</i>	
Russian Oregon Social Services.....	503-777-3437
<i>Advocacy and wraparound services for Russian community members</i>	
Self Enhancement, Inc.....	503-285-0493
<i>Wraparound services and community support for African & African American individuals, youth & families</i>	

LGBTQ

Bradley Angle Intimate Partner Violence LGBTQ Program.....	503-595-9591
Outside In/Trans Clinic/ID Project.....	503-535-3828
Pivot/Cascade AIDS Project.....	503-445-7699
<i>Support services for MSM & male-identified transgender adults</i>	
Q Center.....	503-234-7837
<i>Social support and events</i>	
New Avenues for Youth SMYRC.....	503-872-9664
<i>Community and skill building services for youth ages 12-23</i>	

DOMESTIC & INTIMATE PARTNER VIOLENCE SERVICES & SHELTERS

Bradley Angle Shelter.....	503-281-2442
Call to Safety*.....	503-235-5333
<i>24-hour emotional support and safety planning, resource referral</i>	
Gateway Center for DV Services.....	503-988-6400
<i>Drop-in center for advocacy, access to/referral for shelter and housing, and other services for adults and families</i>	
Raphael House Shelter & Advocacy Center*.....	503-222-6222
Salvation Army West Women's & Children's Shelter.....	503-224-7718
Volunteers of America Home Free.....	503-771-5503
<i>Advocacy services for adults and families</i>	
YWCA.....	503-294-7400
<i>Housing services for adults and families</i>	

HOUSING & HOMELESS FOR ADULTS

Central City Concern.....	503-525-8483
Community Warehouse	503-445-1449
<i>Furniture by referral from partnering agency</i>	
Human Solutions Eviction Prevention Hotline.....	503-907-2795
Human Solutions Family Center Shelter.....	503-477-9724
JOIN.....	503-232-2031
<i>Showers, laundry, phone, internet & mail</i>	
Oxford House.....	844-646-7529
<i>Affordable, shared recovery houses for adults & children</i>	
Portland Homeless Family Solutions (PHFS).....	503-915-8306
Portland Rescue Mission.....	503-906-7690
<i>Shelter for male-identified adults</i>	
REACH Community Development.....	503-231-0682
Rose Haven.....	503-248-6364
<i>Drop-in center services for female-identified individuals and children</i>	
Salvation Army Female Emergency Shelter (SAFES)*.....	503-227-0810
Transition Projects, Inc.....	503-280-4700
<i>Housing support and day center services, including IDs</i>	

UTILITIES ASSISTANCE

Heat Oregon.....	503-612-6300
Human Solutions Assistance Hotline.....	503-405-7877
Impact NW.....	503-988-6020
Low Income Energy Assistance Hotline.....	1-800-453-5511
SEI Community Services.....	503-240-0828

LAW ENFORCEMENT

Emergency.....	911
Gresham Police.....	503-618-2318
Multnomah County Jail Release Info.....	503-988-3689
Multnomah County Sheriff's Office.....	503-255-3600
Non-emergency Police Response.....	503-823-3333
Sex Trafficking Unit Tip Line*.....	503-255-0118
VINE (Jail/Prison/Corrections Information).....	1-877-OR-4-VINE

MULTNOMAH COUNTY COURTS

Child Support Enforcement.....	503-988-3150 (Portland) or 503-988-5321 (East)
Multnomah County Courts.....	503-988-3022
<i>Restraining orders and other protective order information</i>	
Multnomah County District Attorney's Office.....	503-988-3162
Oregon Crime Victim's Compensation.....	1-800-503-7983
Outreach for Underserved Populations.....	503-988-5419
Victim's Assistance Office.....	503-988-3222

CIVIL & FAMILY LEGAL SERVICES

Child Support Helpline.....	1-800-850-0228
Legal Aid Family Law Hotline.....	503-299-6101
Legal Aid Multnomah County Office.....	503-224-4086
Mult. Co. Family Court Self-Help Center.....	503-988-4003
Oregon Crime Victim Law Center.....	503-208-8160
Oregon State Bar Lawyer Referral and Modest Means Program.....	1-800-452-7636
St. Andrews Legal Clinic.....	503-281-1500
Volunteers of America Court Care.....	503-988-4334

IMMIGRATION REPRESENTATION

Catholic Charities Immigration Services.....	503-542-2855
El Programa Hispano.....	503-669-8350
Immigration Counseling Services.....	503-221-1689
Lutheran Community Services NW.....	503-231-7480
SOAR.....	503-284-3002