



# Dental Poster Contest!

Celebrate National Children's Dental Health Month this February by encouraging your child to create a poster about preventing cavities and keeping a healthy mouth and smile.

## Rules:

- The contest is open to children age 5 - 15 who are seen for either primary care or dental services at the following Multnomah County Health Center sites (Billi Odegard Dental Clinic, East County Health Center, Mid-County Health Center, Northeast Health Center, Rockwood Health Center, Southeast Health Center).
- Posters must be related to preventing cavities and keeping teeth clean and healthy, and must have a oral health related title or statement.
- Posters should be submitted on paper, or in an electronic version in either Microsoft Word, .JPG or .PDF format.
- Get creative! Crayons, markers, colored pencils, glitter, pastels, paint and other materials are all encouraged! You can also use graphic design software to create a poster electronically.
- The back of posters (or body of email if submitted electronically) must include the name of the child, phone number or email, and mailing address.
- One winner at each clinic will have their artwork framed and hung at the clinic for the next year, and will receive a \$25 gift card.

Posters should be mailed to or dropped off at the front desk of your child's dental clinic no later than Thursday, February 28th at 6:00pm. Electronic entries in MS Word, .PDF or .JPG format can also be sent electronically to [aron.goffin@multco.us](mailto:aron.goffin@multco.us).

Questions? Call or text 503-988-8686