



Help Us Celebrate Children's Dental Health Month!

Schedule of Events

Oral Health Poster Contest

Children who receive medical or dental care at East County Health Center, Mid-County Health Center, Northeast Health Center, Rockwood Health Center or Southeast Health Center are invited to submit a poster (up to 11x17) about preventing cavities and keeping a healthy smile. Entries should be mailed to or dropped off at your dental or primary care clinic **no later than Thursday, February 28th**. Winners at each clinic will receive a \$25 gift card and their artwork will be framed and hung in the clinic for the next year!

Make A Tooth Fairy Wand

Meet the Tooth Fairy and celebrate the magic of losing teeth by making an adorable tooth fairy wand!

When: Wednesday, February 6th, 2:00pm - 4:00pm, East County Dental Clinic (600 NE 8th St, Gresham, 2nd Fl)

Bilingual Oral Health Story Time (English first hour, Spanish second hour)

Your little one will learn all about oral health through fun books and songs!

When: Wednesday, February 13th, 2:00pm - 4:00pm, Northeast Health Center, First Fl Conference Room A (5329 NE MLK Jr Blvd)

Dental Games & Activities

Curious how much sugar is in your favorite drink? Not sure how to brush or floss correctly? Come play dental games and activities and learn how to keep your mouth clean and healthy.

When: Wednesday, February 20th, 11:00am - 1:00pm, Rockwood Health Center Lobby (2020 SE 182nd Ave, Portland)

Oral Health for You and Baby

Attend this oral health class to learn about the best ways to keep you and your baby's mouth healthy during pregnancy and beyond. Open to new or expecting parents, or parents/caregivers with children age 5 or younger. Dinner provided.

When: Tuesday, February 26th, 6:00pm - 8:00pm, East County Health Center, Blue Lake Room (600 NE 8th St, Gresham)

RSVP to Yesenia.Avellaneda@multco.us 503-988-8631 required by Tuesday, February 20th

Giveaways!

If your child has an appointment scheduled during the month of February, don't forget to stop by the front desk for a fun toy.

All events are **FREE**. Parents must be present at all events (no drop off).