

UPCOMING CHANGE CENTER CLASSES

Anger Control Training (ACT) for Men

1-2:30pm MWF at SE Works starts April 22nd

Anger Control Training (ACT) for Women

1-2:30pm TTh at the Mead starts April 16th

CBI for Substance Abuse (CBI-SA) for Men

10-11:30am MWF at the Mead starts April 22nd

Moving On (Women Only)

1-3:00pm TTh at Gresham entry point on May 7th

Roads to Success (all genders welcome)

10-12pm M-Th at the Mead starts April 22nd and again on May 13th

Self-Paced Cognitive Behavioral Interventions Group for Men

3-4:30pm TTh at the Mead has open enrollment

Thinking for a Change (T4C) for Men

TBD—Keep your eyes open for upcoming class

Treatment Readiness for Men

10-11:30am MWF at SE Works starts April 15th

3-4:30pm MWF at Mead starts April 15th

Treatment Readiness for Women

1-2:30pm MWF at SE Works starts April 15th

For more information, call our main office at 503-988-3466.