UPCOMING CHANGE CENTER CLASSES

Anger Control Training (ACT) for Women

3-4:30pm TTh at the Mead June 4th-July 9th

Moving On (Women Only)

1-3:00pm TTh at Gresham entry points on May 23rd and June 11th

Roads to Success (all genders welcome)

10-12pm M-Th at the Mead May 13th-May 23rd

June 3rd-June 13th

Self-Paced Cognitive Behavioral Interventions Group for Men

3-4:30pm TTh at the Mead has open enrollment

Thinking for a Change (T4C) for Men

1-2:30pm MWF at the Mead

June 10th-August 9th

Treatment Readiness for Men

3-4:30pm MWF at MeadMay 13th-June 10th3-4:30pm TTh at MeadJune 4th-July 23rd

For more information, call our main office at 503-988-3466.