Know Before You Go!
Which fish should I eat?

Safe to Eat
- Coho Salmon
- Shad
- Steelhead

Limited
- Crappie*
- Crayfish*
- Mussels*

Don’t Eat
- Bass
- Catfish (Brown Bullhead)
- Carp
- Clams*

* There are Tribal rights to harvest mussels. Otherwise, harvesting of mussels and clams is not allowed.

Monthly limits for crappie-2, crayfish-2, and mussels-7.

Some fish that live their whole life in the Lower Willamette River near downtown Portland contain dangerous contaminants.

Eating these fish can damage children’s brain development, cause lifelong learning disabilities, disrupt hormone and immune systems, and increase the lifelong risk of cancer.

Know where your freshwater fish is from!

For more information, contact:
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Oregon Health Authority Statewide Fish and Shellfish Advisories - www.healthoregon.org/fishadv