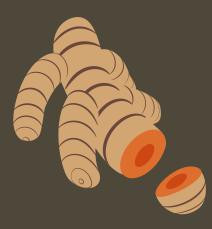
WARNING: TURMERIC MAY CONTAIN LEAD



LEAD IN TURMERIC

Some turmeric bought in South
Asian countries may contain
lead — a poisonous metal that can
harm people if it enters the body.

WHO IS AT RISK?

Young children and pregnant women are most at risk of lead poisoning because it can hurt normal brain development.



WHAT CAN YOU DO ABOUT IT?



- **Buy local turmeric** at a major U.S. market.
- Test your family for lead. Ask your doctor for a blood lead test.



 Test your turmeric. Call the Multnomah County Leadline at 503-988-4000 for options.

Questions? Visit www.leadline.org or call 503-988-4000



