

# HOW TO USE A CLOTH FACE COVERING

06142020 ENGLISH



1. Wash hands.



2. Make sure face covering is clean.



3. Touch face covering as little as possible as you put it on.



4. Cover nose, mouth and chin.



5. Secure with ties or ear loops.



6. Fit should be snug but comfortable.



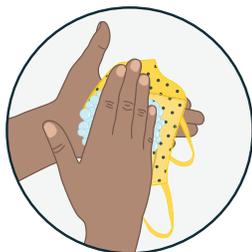
7. Make sure you can breathe through face covering.



8. Avoid touching face or face covering.



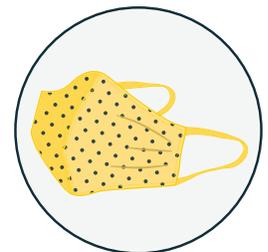
9. Take face covering off using ties or ear loops.



10. Wash face covering with hot water and soap after each use.



11. Wash hands.



12. Be sure face covering has dried without damage or change to shape.

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