

Join Healthy Birth Initiatives Online Prenatal Classes!!

Are you an African American/Black pregnant woman? You and your support people are encouraged to join Sherly Paul, BSN, RN, Healthy Birth Initiatives, Nurse Family Partnership and Healthy Start, African American Childbirth Educator, for a 4-part series focusing on prenatal health for African American/Black women and their families.

While the class is African American/Black centered, anyone is welcome to attend.

Tuesday, January 5, 2021, 3:00—4:00 p.m.	Prenatal Nutrition
Tuesday, January 12, 2021, 3:00—4:00 p.m.	Breastfeeding
Tuesday, January 19, 2021, 3:00—4:00 p.m.	Complications
Tuesday, January 26, 2021, 3:00—4:00 p.m.	Newborn Care/and Sexual Health

Meeting ID: meet.google.com/xuj-wpup-wdz
Phone Number: (US)+1 617-675-4444
PIN: 911 636 744 1843#



Use the link provided to join Sherly through Google Hangouts or by phone. If you have an Android phone, look for the Google Meet app.

Let us know you'll be joining in! We can send you the link.
Call 503-988-3387

Have any questions?
Call 503-988-3387

