

# Multnomah County Family Caregiver Support Series

A 10 week online weekly support group facilitated by the  
Multnomah County Older Adult Behavioral Health Team

Get support, self-care tips, resources and more!

Space limited to 15 family caregivers!

When: Fridays 10:30-11:45m

Dates: January 22, 2021-March 26, 2021

For registration, please go to:

<https://forms.gle/T26Nvy3izAPtLofb7>

For any additional information or difficulty with registration you can contact:

Loriann McNeill at (971) 930-5968

