

Join Healthy Birth Initiatives Online Prenatal Classes!!

Are you an African American/Black pregnant woman?
You and your support people are encouraged to join
Sherly Paul, BSN,RN, Healthy Birth Initiatives, Nurse
Family Partnership and Healthy Start, African American
Childbirth Educator, for a 4-part series focusing on
prenatal health for African American/Black women
and their families.

While the class is African American/Black centered,
anyone is welcome to attend.

Tuesday, February 2, 2021, 3:00—4:00 p.m.

Tuesday, February 9, 2021, 3:00—4:00 p.m.

Tuesday, February 16, 2021, 3:00—4:00 p.m.

Tuesday, February 23, 2021, 3:00—4:00 p.m.

Prenatal Nutrition

Breastfeeding

Complications

Newborn Care/and
Sexual Health

Meeting ID: meet.google.com/xuj-wpup-wdz

Phone Number: US)+1 617-675-4444

PIN: 911 636 744 1843#



Use the link provided to join
Sherly through Google
Hangouts or by phone. If you
have an Android phone, look
for the Google Meet app.

Let us know you'll be joining
in! We can send you the link.
Call 503-988-3387

Have any questions?
Call 503-988-3387

