



Student and Family Discussion Questions

HS Level Questions

1. Where can youth get tested for COVID-19 and receive other health care and mental health services? (page 7)
2. Can youth get tested regardless of immigration status? (page 9)
3. What are some of the things you can say to keep yourself safe if a friend or family member wants you to go out without wearing your mask or to sit close? (page 13)
4. What are some ways you improve your mental and physical well being (what do you do for self-care)? (page 15)
5. How would you approach the conversation if your friend or family member wasn't staying safe? (page 13)

MS Level Questions

6. Where can youth get tested for COVID-19 and receive other health care and mental health services? (page 7)
7. What are some things you can say to keep yourself safe if a friend or family member wants you to go out without wearing your mask or to sit close? (page 13)
8. What are some things you can do to improve your mental and physical well being? (page 15)

ES Level Questions

9. Where can youth get tested for COVID-19 and receive other health care and mental health services?(page 7)
10. What are some things you can do to keep yourself healthy and strong? (page 15)