

DRAFT - 3/18/21

Aging, Disability, and Veterans Services Division 2021-2024 Area Plan

The Aging, Disability, and Veterans Services Division (ADVSD) is offering the following summary of the draft goals and objectives from the 2021-2024 Area Agency on Aging Area Plan.

Native American Elders

- 1. Serve Native American elders living in urban areas by supporting agencies that serve them.
 - a. The priorities of Native elders, related to their care and well-being, as well as that of their families, tribes, and tribal communities, are understood and prioritized by ADVSD.
 - b. More Native American elders utilize programs and services funded by ADVSD.

Transgender and Nonbinary Older Adults and Two Sprit Elders

- 1. Transgender and Nonbinary older adults and Two Sprit elders are well connected to a caring community and use services and programs to support their well-being, independence, and self-determination as they age.
 - Increase the number of Transgender and Nonbinary older adults and Two Sprit elders seeking and accessing services from ADVSD and the aging services network.
- 2. Transgender and Nonbinary older adults and Two Spirit elders lead a community-centered process on access to services for older adults and people with disabilities.
 - b. Transgender and Nonbinary older adults and Two Spirit elders identify, prioritize, and make recommendations related to their needs related to home and community-based services.

Information & Assistance (I &A) and Aging & Disability Resource Connection (ADRC)

- 1. Older adults, people with disabilities, and their caregivers recognize and utilize the ADRC as a tool for accessing information, resources, and services.
 - a. Increase utilization of the ADRC to decrease isolation and barriers to access experienced by physically, culturally, or linguistically isolated older adults.

- 2. Older adults, people with disabilities, their families and caregivers are well connected to resources and services through the information, referral, and assistance network.
 - Community partners and entities with community connections to historically and systemically marginalized identities know about and use the ADRC and the I & A network.

Nutrition Services

- 1. Older adults will have enough food that is affordable, culturally appropriate, and that supports their health.
 - a. Increase utilization of federally funded nutrition programs, such as the Supplemental Nutrition Assistance Program or SNAP, by older adults
 - b. Provide access to low or no-cost food in a variety of settings to meet the diverse needs of older adults.
- 2. Support community-led efforts to increase food access for older adults and people with disabilities prioritizing people with historically and systemically marginalized identities.
 - a. Food access and nutrition resources are prioritized for older adults with identities that are historically and systemically marginalized.

Health Promotion

- 1. Older adults and people with disabilities are strongly connected to their community in support of their well-being and physical and mental health.
 - a. Increase availability of health promotion classes and activities for older adults through partnership and network development.
- 2. Older adults actively participate in health promotion activities to address chronic conditions, improve health, and decrease isolation.
 - a. More older adults participate in activities to support their health and well-being.

Family Caregivers

- 1. Promote family caregiver services and resources to family and informal caregivers prioritizing services to historically and systemically marginalized communities.
 - Increase participation by family and informal caregivers, prioritizing services to caregivers from historically and systemically marginalized communities.
- 2. Family caregivers receive person-centered and culturally specific services.
 - a. Increase in the number of family caregivers that receive services that are culturally relevant and responsive.

Elder Rights and Legal Assistance

- 1. Older adults access legal consultation through the Senior Law Project with an emphasis on expanded access for historically and systemically marginalized communities.
 - a. Legal assistance is provided to an average of 900 older adults each year.
 - b. Increase capacity to serve historically and systemically marginalized elders through the Senior Law Project.
- 2. Older adults have community-based resources for peer support and self-advocacy.
 - a. Develop an outreach campaign to promote existing self-advocacy resources and peer networks.

Transportation Coordination and Resources

- 1. Older adults understand transportation resources available to them.
 - a. Transportation resources are distributed to older adults with the highest need, prioritizing historically and systemically marginalized community members.
 - b. Transportation resources are coordinated across the older adult service system.
- 2. Transportation resources prioritize community preference and comply with covid safety protocols.
 - a. Transportation-related needs and preferences of older adults related to ongoing service provision and COVID-19 are understood and addressed by ADVSD.