

**Program #25033 - ADVSD Nutrition Program** 4/21/2021

**Department:** County Human Services **Program Contact:** Erin Grahek  
**Program Offer Type:** Existing Operating Program **Program Offer Stage:** As Proposed  
**Related Programs:**  
**Program Characteristics:**

**Executive Summary**

Aging, Disability & Veterans Services Division (ADVSD) provides equitable and efficient access to quality nutrition services that meet diverse needs and expectations. Nutrition services increase health and reduce social isolation through culturally responsive and culturally specific services to maintain participants’ independence and improve quality of life. Through Federal, State, and County funding, a network of community partners provides nutrition education and nutritious congregate and home-delivered meals.

**Program Summary**

**ISSUE:** Participants from diverse communities have indicated that barriers to nutrition include a lack of affordable food and access to culturally specific meals.

**PROGRAM GOAL:** The Nutrition Program provides meals to older adults, people with disabilities, and Veterans who may be at nutritional risk, which is measured through a validated nutrition risk assessment. This program provides access to healthy meals; promotes health and prevents disease; reduces malnutrition risk and improves nutritional status; reduces social isolation; and links people to community-based services. According to the U.S. Administration on Community Living, adequate nutrition, on a daily basis, is the key to a person maintaining adequate health necessary to live at home.

**PROGRAM ACTIVITY:** The Nutrition Program is part of the access and early intervention continuum of care designed to support independent living. ADVSD funds organizations that provide congregate and home-delivered meals throughout Multnomah County that meet the tastes and preferences of diverse participants. Contracted providers serve those who have the greatest social and economic need with special attention to individuals who are isolated, low-income, minority, and have limited English proficiency. In FY 2020, 33% of program participants said they were an ethnic or racial minority. All nutrition providers are required to be culturally responsive to the priorities and challenges facing diverse communities. Providers delivering culturally specific services improve outcomes and meet the preferences of a particular culture or group of cultures. Acknowledging this issue ADVSD increased the nutrition funding allocation to provide more culturally specific services. There has been a significant increase in home-delivered meals as a result of the closure of congregate meals sites during the COVID-19 pandemic. Congregate meals and nutrition education will resume when the Governor and the State have deemed it safe to do so. ADVSD has contracted with an on-call dietitian to provide the required review of planned menus and ensure compliance with Federal and State nutrition guidelines.

**Performance Measures**

Measure Type	Primary Measure	FY20 Actual	FY21 Budgeted	FY21 Estimate	FY22 Offer
Output	Number of meals served	619,886 <sup>1</sup>	515,000	685,130 <sup>1</sup>	526,000
Outcome	Percent of high nutritional risk participants who experienced an improvement in their annual risk score	44%	32%	31%	31%
Output	Percent of meals through culturally specific services	12%	10%	12%	12%
Outcome	Percent of home-delivered meal participants satisfied or very satisfied with nutritional services	N/A <sup>2</sup>	92%	N/A	92%

**Performance Measures Descriptions**

<sup>1</sup>The significant increase in meals provided is due to local, State, and Federal disaster response funds. <sup>2</sup>Survey data was not available due to service delivery changes resulting from the COVID-19 pandemic.

## Legal / Contractual Obligation

Multnomah County ADVSD has a contract with the Oregon Department of Human Services to administer programs under the Federal Older Americans Act. Oregon Revised Statute 410 allows for the administration of services to older adults and people with disabilities through local governmental entities.

## Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2021	2021	2022	2022
Personnel	\$0	\$64,663	\$0	\$128,986
Contractual Services	\$509,317	\$1,651,931	\$487,403	\$1,685,605
Materials & Supplies	\$2,000	\$3,738	\$2,000	\$3,738
Internal Services	\$6,105	\$0	\$1,070	\$12,358
<b>Total GF/non-GF</b>	<b>\$517,422</b>	<b>\$1,720,332</b>	<b>\$490,473</b>	<b>\$1,830,687</b>
<b>Program Total:</b>	<b>\$2,237,754</b>		<b>\$2,321,160</b>	
<b>Program FTE</b>	0.00	0.50	0.00	1.00

Program Revenues				
Intergovernmental	\$0	\$1,720,332	\$0	\$1,830,687
<b>Total Revenue</b>	<b>\$0</b>	<b>\$1,720,332</b>	<b>\$0</b>	<b>\$1,830,687</b>

## Explanation of Revenues

\$675,889 - Title IIIC-2 (OAA - Home Meals)  
\$493,184 - Title IIIC-1 (OAA - Congregate Meals)  
\$438,532 - U.S. Department of Agriculture  
\$145,082 - Title IIIB (OAA - Supportive Services)  
\$78,000 - PWD OPI Pilot Project

## Significant Program Changes

Last Year this program was: FY 2021: 25033 ADVSD Nutrition Program