

Family Caregiver Support Program Eligibility Guidelines 2024

Grant timeline and specifics:

For In home agency respite or Adult Day center respite.

- Respite grants will be approved for the full fiscal year. July 1 - June 30th
- If a new client is enrolled in the middle of the year then their grant starts the month the request is made and will run to June 30th.
- The award is 12 hours a month for the number of months remaining in the FY.
- Use it or lose it each month. Hours will not accumulate or rollover.
- CM needs to do regular (quarterly?) check in meetings with the family caregiver about usage. If they are not utilizing the respite care, have a discussion about using it or canceling the grant and issuing new grant for goods such as incontinence supplies or other items.
- If the grant has gone completely unused the client can switch to goods and services.
- If the grant has been partially used but they want to switch to goods and services then that switch will occur at the next grant period for goods and services.
- At the beginning of each fiscal year you can send the new request on the 15th the month before.
- Regarding Respite, please include the agency name, address, phone number, contact email and hourly rate on the grant request.

Adult Day Services:

- Up to 4 days/month for the number of months remaining in the FY
- Use it or lose it each month
- CM needs to do regular (quarterly?) check in meetings with the family caregiver about usage. If they are not utilizing the respite care, have a discussion about using it or canceling the grant and issuing new grant for goods such as incontinence supplies or other items.

- If the grant has gone completely unused the client can switch to goods and services.
- If the grant has been partially used but they want to switch to goods and services then that switch will occur at the next grant period for goods and services.
- At the beginning of each fiscal year you can send the new request on the 15th the month before.
- Regarding Adult Day center please include the agency name, address, phone number, contact email and daily rate on the grant request.

For Goods and services (Purchase orders, online item orders, massages, etc)

- The grant Period is twice a year.
- The award amount is \$1600 per grant period.
- July 1 - December 31 **and** January 1 to June 30
- If the client chooses goods and services then they want to switch to respite or adult day services they must make that switch at the beginning of the next goods and services period.
- Please only submit grant requests at the beginning of the grant period and not before.

Grandparents/Elder Relatives age 55 and over, Raising Grandchildren/Relative Children under the age of 18. The grant period follows the goods and services timeline. They are July 1- December 31st and January 1 to June 30th:

- Relief Grant: \$1600 for a family with 1 to 3 kids (this is per family not per child) and an additional \$400 per child after 3 kids.

Here's how it breaks down.

1 child=\$1600 total grant amount

2 =\$1600 total grant amount

3=\$1600 total grant amount

4=\$2000 total grant amount

and so on

- The grant can be used to pay for after school activities, childcare provided by licensed and insured agencies, summer camps, school clothing, and adaptive equipment for the child with special needs, and/or self-care activities for the grandparent/elder relative client (i.e. parks and recreation programs, massage, etc) and client specific needs upon approval.
- Funds must be used by the end of the grant period. in which funds

were awarded.

Eligibility:

Family caregivers/informal caregivers requesting relief funds must meet the following requirements:

- Adult family members or other informal caregivers age 18 and older providing care to individuals 60 years of age and older
- Adult family members or other informal caregivers age 18 and older providing care to individuals of any age with Alzheimer's disease and related disorders
- Older relatives (not parents) age 55 and older providing care to children under the age of 18; and
- Older relatives, including parents, age 55 and older providing care to adults ages 18-59 with disabilities
- The family caregiver must reside in Multnomah County
- Caregivers must be unpaid. Grandparents receiving State funds for relative foster care are an exception.
- The person in care cannot be receiving Medicaid Services (in-home or facility care) if respite or supplemental services funds are requested. Caregivers caring for a person receiving Medicaid medical coverage, or SNAP benefits only, are eligible to request respite or supplemental services funds.
- The caregiver can be on medicaid services as that program does not provide for the children.

CASE MANAGEMENT Services for Family Caregivers: All caregivers living in Multnomah County are eligible for case management services. There are no income guidelines for case management only services. Caregivers who are caring for a person who is receiving Medicaid services **are eligible** for FCSP case management only services.

For caregivers requesting respite or supplemental service funds, the care recipient needs to meet one of the following:

- a. The care recipient requires substantial assistance help with a minimum of two Activities of Daily Living (ADL)
- b. Due to Alzheimer's or another related dementia, the care recipient's cognitive impairment requires substantial assistance for cueing by the caregiver in order for ADL needs to be completed; and/or due to cognitive impairment, the care recipient experiences safety issues (i.e. wandering; getting lost; when left alone, puts themselves at risk due to cognitive impairment, etc.) In this situation it is expected that

the family caregiver is living with the care recipient due to the safety/care needs.

Caregiver household income after medical expenses is 400% or less of the Federal Poverty Level.

Note: The family size is the family caregiver's household. This includes the family caregiver, spouse and their dependents. All medical expenses can be deducted-insurance premiums, co-pays, prescription costs. If the family caregiver is paying for medical expenses for the person they are caring for those costs can also be deducted

[Federal Poverty Level Chart](#)

Counseling only grant -Maximum \$300: Counseling must be provided by a licensed and insured counselor or social worker. Family Caregiver clients may choose their own counselor but the counselor must be willing to invoice Multnomah County Family Caregiver Support Program for their services.

Note: If a family caregiver has access to counseling services through Medicare, Employee Assistance Program (EAP), or their health insurance, the family caregiver is asked to use these covered services first. Counselors with an LCSW or a psychologist may be able to bill Medicare.

Counseling ONLY grants. For unpaid family caregivers who are not eligible for the regular caregiver grant.

Counseling grant eligibility: Family Caregivers need to be an open FCSP case management client. There is no income eligibility for the family caregiver and no ADL requirements of the care recipient.