



Open December 2022!

Multnomah County

Behavioral Health Resource Center

People in need

Thousands of people in our community struggle every day with untreated mental health and/or substance use challenges. Among those in greatest need are people who live outside. For many, living outside is more likely to be long-term than temporary because of their untreated conditions and the trauma they've experienced. In order to create a path to longer-term stability, people need access to the basic necessities of daily living and access to a range of compassionate services.

A low-barrier resource center

The Behavioral Health Resource Center is a facility that is specifically designed to meet the needs of people with mental health and substance use challenges who may also live outside. It offers a safer place to relax and to find help and hope - seven days a week, 365 days a year.

Located at the corner of SW Park Avenue and SW Oak Street in downtown Portland, the BHRC offers immediate basic services as well as social connection in a Day Center. It also offers vital peer support, links to behavioral health services and treatment options, and by spring 2023 short-term shelter and a transitional housing program.

Coordinated services

The center will house three different, but interrelated, programs geared toward people experiencing severe and ongoing mental health and/or substance use disorders.

Working closely with people with lived experience (peer mentors), health providers, downtown neighbors and community members, Multnomah County has built a trauma-informed, peer-driven center. Trauma and equity were top considerations in both the design of the low-barrier facility and the development of its programs.

Day Center | Floors 1 & 2

Opening December 2022

A day-use resource center and exterior plaza run by the Mental Health & Addiction Association of Oregon. The Day Center offers:

- Peer-led services
- Relationship building
- Skill building
- Problem solving
- Support planning
- System navigation
- Restrooms
- Showers
- Laundry
- Lockers
- Computers and charging stations
- Pet-friendly

Mental Health Shelter | Floor 3

Opening Spring 2023

A 33-bed, low-barrier, shelter space offering:

- Mixed gender shelter
- Support for daily living
- Connection to other services
- Pet-friendly

Bridge Housing | Floor 4

Opening Spring 2023

A 19-bed, 90-day bridge housing program to help people move from crisis on the streets to more stable housing, offering:

- Mixed gender housing
- Individualized housing plans
- Life skills training and support
- Connection to treatment and other services
- Peer support for recovery and daily living
- Pet-friendly

