# Multnomah County Racial and Ethnic Approaches to Community Health (REACH) Program Action Communities for Health, Innovation and Environmental Change (ACHIEVE) Coalition Meeting Date: Sept 4th, 2024 from 9:00 A.M. - 11:00 A.M.

Virtual: HERE is the Video Link to Join Or dial: (US) +1 252-843-1128 PIN: 370 594 211#

Presenter	Agenda Item	Time
	Virtual Coffee/Tea/Hot-Chocolate Time	8:45 AM - 9:00 AM
All	<ul> <li>Welcome Music</li> <li>Roll Call (Enter into the chat - Enter Name, Organization, What is a nostalgic memory you have of Portland)</li> <li>Announcement: Introduction + Welcome Kara Sydnor (on vacation, intro email sent) - REACH Program's WOC Community Health Specialist 2 (Outreach and Partnership Specialist - African American Culture).</li> </ul>	9:00 AM - 9:05 AM
Charlene McGee, Multnomah County  Haoua Dogo, Upstream Public Health	<ul> <li>ACHIEVE Coalition &amp; REACH Program Updates</li> <li>REACH Supervisor Position Update</li> <li>Year 2 - Contracting &amp; Amendments</li> <li>ACHIEVE Coalition Training (Shared Risk &amp; Protective Factor)</li> <li>ACHIEVE Coalition Meeting Schedule (In-Person (Oct. Nov. &amp; Feb 2024 vs Virtual (Dec., Jan.,)</li> </ul>	9:05 AM - 9:35 AM
Cindy Shepard, Multnomah County	<ul> <li>REACH Community Call Topics Interest Form</li> <li>Updated COVID-19 vaccine guidance</li> <li>Review videos before releasing to the public</li> </ul>	9:35 AM - 9:55 AM
Nsilo Berry,	#MoveYourWay Break 9:55 - 10:00 (5 min)  • Community Committee Opportunities	10:00 AM - 10:10 AM
Multnomah County	<ul> <li>Portland Clean Energy Fund Community         Benefits Fund Committee         Transportation Network Company Driver         Advisory Committee     </li> </ul>	
Kassy Bonanno, Multnomah County	<ul> <li>Prevention &amp; Health Promotion (PHP) Policy Work Group Updates</li> </ul>	10:10 AM - 10:35 AM
Haoua Dogo, Upstream Public Health	<ul> <li>Civic Engagement: Multnomah County Elections</li> <li>Fentanyl Listening Session Summary Report</li> <li>Upcoming Grant Opportunities</li> <li>Location Suggestions for February ACHIEVE + Planning Team</li> </ul>	10:35 AM - 10:50 AM
All	<ul> <li>Discussion: Upcoming Fall + Winter Events</li> <li>Please complete the REACH Agenda Request Form         (Share, spotlight and highlight work)</li> <li>Review action items and next step &amp; Adjourn Meeting</li> </ul>	10:50 AM - 11:00 AM

2024 ACHIEVE Coalition SAVE THE DATES: 1st Wednesdays of the Month from 9:00 - 11:00 A.M.
2024: October 2, Nov. 6, Dec. 4,

**2025:** Jan. 8, Feb. 5, March 5, Apr 2, May 7, June 4, July - No Mtg, Aug. 6, Sept 3, Oct. 1, Nov. 5, Dec. 3 Please let us know if you can present by completing the <u>REACH Agenda Request Form</u>

Reminders - Upcoming Multco REACHing US Programmings + Events.

- REACH Walks for Health
  - NE Portland
    - Location: 2201 Lloyd Center Portland, Oregon 97232 (Level 1 far east end of mall)
    - Dates: Tuesdays 1-2PM

#### NE Health Center

■ Location: 5329 NE Martin Luther King Jr., Blvd. Portland, Oregon 97211 (1st floor lobby)

■ Dates: Mondays 4:30-5:30 PM

## East Portland Community Center

■ Location: 460 SE 106th Ave. Portland, Oregon 97216

■ Dates: Thursdays 5:30-6:30 PM (meet in lobby)

### Cully Park

■ Location: 5810 NE 7nd Ave. Portland, Oregon 9220

Dates: Saturdays 1:00PM

#### Heal Over a Meal

Location: Oregon Food Bank 7900 NE 33rd Dr 97211

Dates: Wednesdays - May 22, June 26, & July 24, 2024 from 4:00PM-6:00PM

## Breaking the Habit Together yOUR Health is oUR Health

Location: NE Health Center | 5329 NE MLK Jr. BLVD, Portland, OR 97211

Dates: Fridays 9AM-4PM | Circle of Support Group - 11AM - 12PM

#### **RSV Resources:**

• Respiratory illness season talking points - regionally created and approved (Multnomah, Clackamas, Washington, and Clark counties). Please feel free to utilize these.

- Multnomah County About RSV <u>English</u> and <u>Spanish</u>
- Coping with respiratory illness season
- Clean and disinfect
- Protect yourself from RSV <u>English</u> and <u>Spanish</u> (from OHA and they say more languages to come)
- OHA blog posts in English and Spanish:
  - o Children and common respiratory infections: COVID-19, flu, RSV and the common cold
  - RSV expected to strain pediatric hospitals in Oregon
- CDC RSV pages
- Caring for children with RSV
- OHA video

**Historical Context:** ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County. The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

**Acknowledgement Statement:** Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.