Multnomah County Racial and Ethnic Approaches to COmmunity Health (REACH) Program Action Communities for Health, Innovation and Environmental Change (ACHIEVE) Coalition Meeting

Date: Wednesday, April 3, 2024 from 9:00 A.M. - 11:00 A.M.

Virtual: HERE is the Video Link to Join Or dial: (US) +1 252-843-1128 PIN: 370 594 211#

Presenter	Agenda Item	Time
	Virtual Coffee/Tea/Hot-Chocolate Time	8:45 AM - 9:00 AM
All	 Welcome Music Roll Call (Enter Name, Organization, What are you looking forward to with spring around the corner? Enter in Chat) 	9:00 AM - 9:05 AM
ОНА	 REACHing US Conversation: Substance Abuse with a Focus on Fentanyl Upcoming Fentanyl Forum 	9:05 AM - 9:55 AM
#MoveYourWay Break 9:55 - 10:00 (5 min)		
Cindy Shepard, Multnomah County	 REACH (+ TCPP) projects Present Script for REACH Vax Video Faith Leaders Brunch - No Menthol Sunday Tobacco Flavor Policy Video National Public Health Weeks Events 	10:00 AM - 10:20 AM
Mossie Oglivie, Multnomah County	REACHing US Vaccination Updates	10:20 AM - 10:35 AM
Noni Causey, Beam Village	 BEAM Village Black Student Success Summit Date: April 20, 2024 Time: 9AM - 3:30 PM Location: PSU Smith Center 1825 SW Broadway, Portland OR 	10:35 AM - 10:40 AM
Marsha Jordan, Miracles Club	 Diabetes Self Management March 26 to April 30th July 16th to August 20th September 10th to October 15th Chronic Disease Self Management May 21 to June 25th November 5th to December 10th 	10:40 AM - 10:45 AM U
Zana Mosley, Urban League of Portland	Urban League of Portland: Healthy Heart Ambassador	10:50 AM - 10:55 AM
	 Discussion: Upcoming Spring + Summer + Fall Event May IN-PERSON ACHIEVE Mtg: Wed. May 1, 9-11 AM Please complete the <u>REACH Agenda Request Form</u> (Share, spotlight and highlight work) Review action items and next step & Adjourn Meeting 	10:55 - 11:00 AM

2024 ACHIEVE Coalition SAVE THE DATES: 1st Wednesdays of the Month from 9:00 - 11:00 A.M.

April 3, May 1, June 5, July - No Meeting, Aug. 7, Sept. 5, October 3, Nov. 6, Dec. 4

Please note - bold dates will be in person. Please, plan and let us know if you can host!

Please complete the REACH Agenda Request Form

Reminders - Upcoming <u>Multco REACHing US</u> Programmings + Events.

- Saturday, July 13, 2024, 10:30 a.m. 3:30 p.m.: Fitness in the Park & Try-a-Thon, Fernhill Park
- Saturday, May 18, 2024 11:30 a.m. 3:30 p.m.: Youth Summit
- REACH Walks for Health
- Upcoming National Public Health Week Events

- April 2, 3-6pm | Celebrating Healthy Neighborhoods at Ankeny Alley Plaza
 - Location: 221 SW Ankeny St 97204
- April 3, 2-6pm | Blooming Together: Health + Art for CommUNITY Health!
 - Location: 13949 SE Stark St 97233
- April 4, (Time TBD) | REACH Cooking Demo with Rajiv Harry at Flo's Kitchen
 - Location: 600 NE 8th St # 300 97030 (In person spots reserved for REACH, WIC, HBI and Black families.)
- WIC Cooking Demonstrations at Flo's Kitchen @ 600 NE 8th St 97030
 - April 1, 11am-12:30pm (in Spanish language)
 - April 3, 10-11:30am (in Vietnamese language)
 - April 3, 3-4:30pm (in Ukrainian language)
- Register for cooking demos with this Zoom link:
 - multco-us.zoom.us/meeting/register/tJwpfuGqqTojGdMRp60u4BJloQL-popNdrhQ
 - Meeting ID: 984 9827 1937 Passcode: f3G==.cZ

Upcoming Community Events:

- Big Vape: The Rise & Fall of Juul Series | Food provided | TOFCO
 - o Dates: Every Sunday April 14, 2024 May 5th
 - o Ages: 15-18
 - o Time: 3PM-5PM
 - Location: 709 NE 102nd Avenue, 97220
 - o Register: b.temelso@upstreampublichealth.org or haoua.dogo@upstreampublichealth.org to

RSV Resources:

- Respiratory illness season talking points regionally created and approved (Multnomah, Clackamas, Washington, and Clark counties). Please feel free to utilize these.
- Multnomah County About RSV <u>English</u> and <u>Spanish</u>
- Coping with respiratory illness season
- Clean and disinfect
- Protect yourself from RSV English and Spanish (from OHA and they say more languages to come)
- OHA blog posts in English and Spanish:
 - Children and common respiratory infections: COVID-19, flu, RSV and the common cold RSV expected to strain pediatric hospitals in Oregon
- CDC RSV pages
- Caring for children with RSV
- OHA video

Historical Context: ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

Acknowledgement Statement: Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.