

Multnomah County [Racial and Ethnic Approaches to Community Health \(REACH\) Program](#)  
[Action Communities for Health, Innovation and Environmental Change \(ACHIEVE\) Coalition](#) Meeting

**Date:** May 1st, 2024 **from** 9:00 A.M. - 11:00 A.M.

**Virtual:** [HERE](#) is the Video Link to Join Or dial: (US) +1 252-843-1128 PIN: 370 594 211#

Presenter	Agenda Item	Time
	Virtual Coffee/Tea/Hot-Chocolate Time	8:45 AM - 9:00 AM
All	<ul style="list-style-type: none"> <li>Welcome Music</li> <li>Roll Call (Enter into the chat - Enter Name, Organization, What is a nostalgic memory you have of Portland)</li> <li>Introduction + Welcome Alyssa Auvinen, CDC  <a href="#">Addressing Conditions to Improve Population Health (ACTion)</a> Grant Project Manager</li> </ul>	9:00 AM - 9:05 AM
Noni, OHA	<ul style="list-style-type: none"> <li>ReachingUS Fentanyl Series (Part 2)</li> </ul>	9:05 AM - 10:55 AM
#MoveYourWay Break 9:55 - 10:00 (5 min)		
Yamungu Seraya, Multco	<ul style="list-style-type: none"> <li>African Cultural Healing Workshop                             <ul style="list-style-type: none"> <li><b>When:</b> June 5, 2024   12:30PM-3:00PM</li> <li><b>Location:</b> East County Community Health (18445 E Burnside St, Portland, OR 97233)</li> </ul> </li> </ul>	10:00 AM - 10:05 AM
Haoua Dogo, Upstream Public Health	<ul style="list-style-type: none"> <li>Tobacco Pledge Feedback</li> </ul>	10:05 AM - 10:30 AM
Angelica Herrejon Cortez, Rockwood CDC	<ul style="list-style-type: none"> <li>World No Tobacco Day Health Fair                             <ul style="list-style-type: none"> <li><b>When:</b> June 1, 2024</li> </ul> </li> </ul>	10:30 AM - 10:40 AM
Mother Teresa, Highland Christian Center	<ul style="list-style-type: none"> <li>No Menthol SUNDAY @ Highland Christian Center                             <ul style="list-style-type: none"> <li><b>DATE:</b> May 19th, 2024</li> <li><b>Location:</b> 7600 NE Glisan St, Portland, OR 97213</li> </ul> </li> </ul>	10:40 AM - 10:50 AM
Upstream Public Health	<ul style="list-style-type: none"> <li>Alcohol Awareness Month</li> </ul>	10:40 AM - 10:45 AM
	<ul style="list-style-type: none"> <li>Discussion: Upcoming Spring + Summer + Fall Event</li> <li><b>June IN-PERSON ACHIEVE Mtg:</b> Wed. June 5, 9-11 AM</li> <li>Please complete the <a href="#">REACH Agenda Request Form</a> (Share, spotlight and highlight work)</li> <li>Review action items and next step &amp; Adjourn Meeting</li> </ul>	10:45 AM - 11:00 AM

**2024 ACHIEVE Coalition SAVE THE DATES: 1st Wednesdays of the Month from 9:00 - 11:00 A.M.**

May 1, **June 5**, July - No Meeting, **Aug. 7**, **Sept. 5**, **October 3**, Nov. 6, Dec. 4

Please note - bold dates will be in person. Please, plan and let us know if you can host!

Please complete the [REACH Agenda Request Form](#)

**Reminders - Upcoming Multco REACHing US** Programmings + Events.

- Saturday, June 29, 2024 10:30 a.m. - 12:00 p.m. Guided Forest Park Walk (transportation to Forest Park provided for those who need it)
- Monday, July 8, 2024 Peninsula Park Walk + Community Center Tour 11:00 a.m. - 12:30 p.m.
- Saturday, July 13, 2024, 10:30 a.m. - 3:30 p.m.: Fitness in the Park & Try-a-Thon, Fernhill Park
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- Saturday, May 18, 2024 11:30 a.m. - 3:30 p.m.: Youth Summit
- Sunday, May 19, 2024 No Menthol Sunday | Highland Christian Center
- *REACH Walks for Health*
  - **NE Portland**
    - Location: 2201 Lloyd Center Portland, Oregon 97232 (Level 1 far east end of mall)
    - Dates: Tuesdays 1-2PM
  - **NE Health Center**
    - Location: 5329 NE Martin Luther King Jr., Blvd. Portland, Oregon 97211 (1st floor lobby)
    - Dates: Mondays 4:30-5:30 PM
  - **East Portland Community Center**
    - Location: 460 SE 106th Ave. Portland, Oregon 97216
    - Dates: Thursdays 5:30-6:30 PM (meet in lobby)
  - **Cully Park**
    - Location: 5810 NE 7nd Ave. Portland, Oregon 9220
    - Dates: Saturdays 1:00PM
- **Reclaiming Black Joy Events**
  - Wednesday, June 19, 2024: Juneteenth Celebration at Ventura Park with Play, Grow, Learn
  - Saturday, July 27, 2024: K<sup>h</sup>unamokwst Park, 12:00 p.m. - 4:00 p.m.
  - Friday, August 30, 2024: Dawson Park, 12:00 p.m. - 4:00 p.m.
- *Heal Over a Meal*
  - Location: Oregon Food Bank 7900 NE 33rd Dr 97211
  - Dates: Wednesdays - May 22, June 26, & July 24, 2024 from 4:00PM-6:00PM
- *Breaking the Habit Together yOUR Health is oUR Health*
  - Location: NE Health Center | 5329 NE MLK Jr. BLVD, Portland, OR 97211
  - Dates: Fridays 9AM-4PM | Circle of Support Group - 11AM - 12PM

#### Upcoming Community Events:

- Youth Movie Night | Big Vape: The Rise & Fall of Juul Series | Food provided | TOFCO
  - **Dates:** May 5th BBQ
  - **Time:** 2PM-5PM
  - **Location:** 709 NE 102nd Avenue, 97220
  - **Register:** [b.temelso@upstreampublichealth.org](mailto:b.temelso@upstreampublichealth.org) or [haoua.dogo@upstreampublichealth.org](mailto:haoua.dogo@upstreampublichealth.org)

#### RSV Resources:

- [Respiratory illness season talking points](#) - regionally created and approved (Multnomah, Clackamas, Washington, and Clark counties). Please feel free to utilize these.
- Multnomah County About RSV [English](#) and [Spanish](#)
- [Coping with respiratory illness season](#)
- [Clean and disinfect](#)
- Protect yourself from RSV [English](#) and [Spanish](#) (from OHA and they say more languages to come)
- OHA blog posts in English and Spanish:
  - [Children and common respiratory infections: COVID-19, flu, RSV and the common cold](#)
  - [RSV expected to strain pediatric hospitals in Oregon](#)
- [CDC RSV pages](#)
- [Caring for children with RSV](#)
- [OHA video](#)

**Historical Context:** ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and

breastfeeding support in the places people live, work, worship and study.

**Acknowledgement Statement:** Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.