

ACHIEVE Coalition Meeting Agenda for May 3, 2023 from 9:00 am – 11:10 am

(Action Communities for Health, Innovation and Environmental Change)

Meeting ID: <https://meet.google.com/bqe-uhbp-nzq> **Phone:** 252-843-1128 **PIN:** 370 594 211#

Presenter	Agenda Item	Time
Haoua Dogo	Welcome & Introductions <ul style="list-style-type: none"> Welcome Music 	9:00 am – 9:05 am (5 min)
Cindy Shepard, Multnomah County	<ul style="list-style-type: none"> No Menthol Sunday 	9:05 am - 9:15 am (10 min)
Charlene McGee Edline Francois	<ul style="list-style-type: none"> REACH NOFO Submission Active People, Healthy Multnomah - #MoveYourWay Campaign 	9:15 am - 9:25 am (10 min)
Burgin Utaski & Sarah Innarone	<ul style="list-style-type: none"> Metro Regional Transportation Plan 	9:25 am - 10:10 am (45 mins)
#MoveYourWay Break or Window Swap - Click to check out views from around the world (add yours) 10:10 am -10:15 am (5 minutes)		
Jairaj Singh, Multnomah County	<ul style="list-style-type: none"> Intro to the Climate and Health team within the Healthy Homes and Communities Program Co-creating a Climate Justice Plan, Catastrophic Climate Hazards Plan, a Regional Climate and Health Monitoring Report and a Heat Vulnerability Index. 	10:15 am - 10:40 am (25 mins)
ALL	<ul style="list-style-type: none"> June Meeting - In Person @ the Albina Vision Trust NEW events forms REACH Partners Updates/Upcoming Events Share upcoming events and opportunities to collaborate and support Adjournment 	10:40 am - 11:00 am (20 min)
<ul style="list-style-type: none"> Please complete the REACH Agenda Request Form and the Upcoming Events Form (Share, spotlight and highlight work) Review action items and next step & Adjourn Meeting 		
<p>2023 Meeting Dates: June. 7 (IN PERSON), July - No Meeting, Aug. 2, Sept. 6, Oct.4, Nov.1, Dec. 6 Usually the 1st Wednesday of each month except: July Time: 9:00 – 11:00 AM</p>		
<p>Reminders - Upcoming Events</p> <ul style="list-style-type: none"> (Zoom Meeting, 952-4670-4173) Birthing Justice Documentary Party, Wednesday, May 10, 2023 6:00 - 8:00 pm Alberta House, She R.O.S.E. Remembering Our Systah's Experience, Sunday, May 14, 2023 2:00 - 6:00 pm, 5131 NE 23rd Ave, Portland, Or 97211 Come Thru Market Open 1st and 3rd Mondays, May - October, 3:00 -7:00 pm.- 831 SE Salmon Street, Portland, Or 97214 #ActivePeople Healthy Multnomah County Launch - Saturday, May 13, 2023 from 12:00 - 5:00 pm 1405 Lloyd Center 97232 (Meet on the 3rd floor near former Marshall's store) Gresham - Fairview Trail Ribbon Cutting, Art & Refreshments, Saturday, May 20, 2023 11:30 - 12:30pm, Junction of Wy'East Way and Gresham-Fairview Trail (south side of Burnside Road between Eleven Mile and 202nd Avenues) The Rosewood Initiative - Health Fair, Friday, June 2- 3:00 – 6:00 pm 14127 SE St, Portland, Or 97233 		

- **Upcoming Health Observances in the Month of May 2023**

- May 1-31: ALS Awareness Month
- May 1-31: Arthritis Awareness Month
- May 1-31: Better Hearing and Speech Month
- May 1-31: Better Sleep Month
- May 1-31: Bladder Cancer Awareness Month
- May 1-31: Borderline Personality Disorder Awareness Month
- May 1-31: Brain Cancer Awareness Month
- May 1-31: Cystic Fibrosis Awareness Month
- May 1-31: Ehlers-Danlos Syndromes Awareness Month
- May 1-31: Food Allergy Awareness Month
- May 1-31: Global Employee Health and Fitness Month
- May 1-31: Healthy Vision Month
- May 1-31: Hepatitis Awareness Month
- May 1-31: High Blood Pressure Awareness Month
- May 1-31: Huntington's Disease Awareness Month
- May 1-31: Lupus Awareness Month
- May 1-31: Lyme Disease Awareness Month
- May 1-31: Maternal Mental Health Month
- May 1-31: Mental Health Awareness Month
- May 1-31: National Asthma and Allergies Awareness Month
- May 1-31: National Celiac Disease Awareness Month
- May 1-31: National Melanoma/Skin Cancer Detection and Prevention Month
- May 1-31: National Osteoporosis Awareness Month
- May 1-31: National Physical Fitness and Sports Month
- May 1-31: National Stroke Awareness Month
- May 1-31: National Teen Pregnancy Prevention Month
- May 1-31: National Teen Self-Esteem Month
- May 1-31: Necrotizing Fasciitis Awareness Month
- May 1-31: Neurofibromatosis Awareness Month
- May 1-31: Older Americans Month
- May 1-31: Preeclampsia Awareness Month
- May 1-31: Skin Cancer Awareness Month
- May 1-6: Children's Mental Health Awareness Week
- May 1: North American Occupational Safety and Health Week
- May 2: International Scurvy Awareness Day
- May 2: World Asthma Day
- May 5: World Hand Hygiene Day
- May 6: World Ankylosing Spondylitis Day
- May 8: National Women's Checkup Day
- May 8: World Ovarian Cancer Day
- May 8-13: National Stuttering Awareness Week

- May 10: National Lipid Day
- May 10: World Lupus Day
- May 12: International Awareness Day for Chronic Immunological and Neurological Diseases
- May 12: International Nurses Day
- May 12: ME/CFS and Fibromyalgia International Awareness Day
- May 14-20: National Women's Health Week
- May 15: Hyperemesis Gravidarum Awareness Day
- May 15-June 15: Tourette's Awareness Month
- May 17: World Hypertension Day
- May 18: HIV Vaccine Awareness Day
- May 19: Hepatitis Testing Day
- May 19: National Asian and Pacific Islander HIV/AIDS Awareness Day
- May 19: World IBD Day
- May 20: World Autoimmune and AutoInflammatory Arthritis Day
- May 22: World Preeclampsia Day
- May 24: World Schizophrenia Day
- May 25: World Thyroid Day
- May 26: Don't Fry Day
- May 26: National Heat Awareness Day
- May 29: World Digestive Health Day
- May 30: World MS Day
- May 31: National Senior Health and Fitness Day
- May 31: World No Tobacco Day
- **Multco REACHing US Vaccine Clinics.**
- **Oregon COVID-19 Vaccination Trend** - Shows doses administered by day, by age and ethnicity
- **Older adults and immunocompromised people can now get a second bivalent booster.**
- **In a new poll**, nearly three in four physicians said medical misinformation has hindered their ability to treat COVID-19 patients and has harmed patient outcomes. Learn to fight misinformation:
 - [Vaccine Misinformation Management Field Guide](#)
 - [The Truth Check](#)
 - [Vaccination Community Navigator Training for Community Health Workers](#)
- **Having had COVID-19 puts you at higher risk for developing Type II Diabetes.** For more about diabetes prevention resources, contact Tholanda Newborne tholanda.newborne@multco.us
- The federal Public Health Emergency (PHE) for COVID-19 is set to expire at the end of the day on May 11, 2023. [Fact Sheet: COVID-19 Public Health Emergency Transition Roadmap](#)
- The original monovalent COVID-19 vaccine is no longer authorized for use and is being replaced with the updated bivalent vaccine because it is more effective. [FDA Authorizes Changes to Simplify Use of Bivalent mRNA COVID-19 Vaccines](#) **If you haven't been vaccinated since September 2022 you are not up to date and at higher risk of serious illness, hospitalization, and death.**
- Solution and Resources
 - [DIY Air Filtration using box fans](#)
 - [Request](#) reusable / washable face coverings and hand sanitizers utilizing the [direct order](#) Community Resource Form.masks are available now for pickup or delivery. For help submitting a request, or to follow up on a request please call the Resource Request team at eoc-community-resources-unit@multco.us Phone: 503-988-5952

[Joint Volunteer Information Center \(JVIC\) Community Needs Survey](#)
[COVID-19 Food Access and Basic Need Planning Document](#)
[COVID-19 Posters and Flyers for Download \(Available in Multiple Languages\)](#)
[How the COVID-19 Vaccines Were Developed](#) [How The COVID-19 Vaccines Protect You](#)
[Diversity in COVID-19 Vaccine Studies](#) [You Were Vaccinated for COVID-19, What Now?](#)
<https://www.cdc.gov/coronavirus/2019-ncov/faq.html>,

Historical Context: ACHIEVE (Action Communities for Health, Innovation and Environmental Change) Coalition has laid the foundation for Racial and Ethnic Approaches to Community Health (REACH) since 2009. A group of multi-sectoral partners collectively envisioned: ending health inequities in chronic diseases for African Americans/Blacks in Multnomah County . The coalition advocates the use of communication, policy, systems and environmental (PSE) change strategies to increase access to healthy foods, improve community design by connecting safe and accessible places for physical activity, offering tobacco cessation programming and breastfeeding support in the places people live, work, worship and study.

Acknowledgement Statement: Multnomah County sits on the ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tualatin Kalapuya, Molalla, bands of the Chinook, and many others who made their homes along the Columbia River. We also honor the members of over 400 tribal communities who live in the Portland metro area. We also want to acknowledge the labor of kidnapped and enslaved Africans who helped to build the wealth of this country. These acts of genocide and slavery were done by White settlers who had government support. Please take a moment to honor the people who continue to resist and survive despite the intentional and ongoing attempts to destroy them.