

# . ACHIEVE/REACH Meeting

Action Communities for Health, Innovation and Environmental Change

Racial and Ethnic Approaches to Community Health

Wednesday, October 5, 2022

9:00 am-11:00am

Location: Virtual

**Attendees:** Haoua Dogo, Charlene McGee, Stephanie Blume, Tameka Brazile, Mikayla Hill, Susan Van't Hof, Quete Capuia, Sarina Saturn, Cindy Shepard, Sonja Hendrix, Renee Curtis, TK Kapurura, Derek Smith, Michael Walker, Royal Harris Germaine Flentroy, Anthony Bradley, Ron Weaver, Edline Comagine, Charles Smith, Mary Jo Anderson, Nabutilu Wambala, Darrell Wade, Espoir Walumveno, Gabrielle Penn, Denisha Brown, Sabrina Villemenay, Tamara Duncan, Wyman Macon, Zana Mosley, Salome Chimuku

Agenda Item	Key Discussion Points	Next Steps/Action Items
<p><b>Welcome &amp; Introductions</b></p> <ul style="list-style-type: none"> <li>Roll Call (Enter Name, Organization)</li> </ul>	<ul style="list-style-type: none"> <li>Welcome</li> <li>Please introduce yourself in the Chat</li> </ul>	
<ul style="list-style-type: none"> <li><b>Salome Chimuku</b></li> <li><b>salome@espousalstrategies.com</b></li> <li><b>503-422-1420</b></li> </ul>	<ul style="list-style-type: none"> <li>End the sale of tobacco products in Multnomah County</li> <li>½ disciplinary referrals in schools in the last school years were for vaping</li> <li>To prevent youth from using vaping has to do with using flavored products</li> <li>Menthol flavors and inexpensive</li> <li>created a 36 person coalition has been created (looking for more individuals and groups to join)</li> <li>False claims have been made about banning the sale of these flavored products is racist against muslims and the black community</li> <li>Stopping the use of the products stop youth from using them</li> <li>Listening sessions focused on folk for overly targeted groups, Non Whites, LGBTQ &amp; Youth</li> <li>one of the youth reported that vaping took over their school.</li> <li>This work started in 2019 and now there is an effort to bring it to the forefront as the pandemic is becoming less prevalent</li> <li>Tobacco Conference (advocacy to have the commissioners set a date)</li> </ul>	

	<ul style="list-style-type: none"> <li>● Public testimony to the Board of county commissioners for 3 minutes</li> <li>● Focus is on the Sale of these products not the use of them</li> <li>● Only 3 legally operating Hookah lounges in Multnomah County</li> <li>●</li> </ul>	
<ul style="list-style-type: none"> <li>● <b>Derick Smith</b></li> </ul>	<ul style="list-style-type: none"> <li>● Center for Black Health and Equity MENTHOL Conference</li> <li>● “passing a policy isn’t enough”</li> <li>● building strong programs</li> <li>● fewer and fewer people are going through the quitting programs because it is expensive and you need supports</li> <li>● Free Advertising on matchbooks</li> <li>● culturally specific support and places for quitting</li> <li>● quit and win raffle</li> <li>● make the whole city a support eg LA Quits</li> <li>● Pathways to Freedom is a quitting service</li> <li>● The center for Black Health and Equity</li> <li>● Quit Kits- don’t make you stop quitting, but they help feel more supported</li> <li>● Dancing, music, graduations from attempts to quit</li> </ul>	
<ul style="list-style-type: none"> <li>● <b>Charlene McGee and REACH team</b></li> </ul>	<ul style="list-style-type: none"> <li>● Please fill our the partner <a href="#">Survey</a></li> <li>● JamBoard <a href="#">here</a> starting at slide 11, continue to add to this.</li> </ul>	
<ul style="list-style-type: none"> <li>● <b>Cindy Sheppard</b></li> </ul>	<ul style="list-style-type: none"> <li>● REACH Logo Selection</li> <li>● Most likely Logo number 6 will be chosen</li> <li>● Looking forward to seeing that in color as well</li> </ul>	
<ul style="list-style-type: none"> <li>● <b>Partnership Updates</b></li> </ul>	<ul style="list-style-type: none"> <li>● <b>ICS-NEHC-</b> (Leslie) - Partnership w/ Lutheran Family services incorporating peer support specialist into the clinics at NE and Mid County, four peer support specialists were hired</li> <li>● Oct is Health Literacy Month “What you’ve shared is what they heard”.</li> <li>● Nurse Practitioners who were part of the fellowship program are onboarding at NEHC</li> <li>● Looking for practitioners who relate to the Black community</li> <li>● There is a new drug (TRANK) fentanyl blend resembles a Skittle</li> </ul>	

	<ul style="list-style-type: none"> <li>○ heavy sedation, drowsiness and sleepiness, unresponsive, skin will change color, dilated, unconsciousness, slow or stop breathing</li> <li>○ Narcan does not work with TRANK, must hospitalize immediately</li> <li>○ May have soft tissue damage like meth, may not over prolonged use</li> <li>● <b>Play Grow Learn</b> -(Germaine and Anthony)- BLACK Love event 11-5pm, Oct 30th</li> <li>● Church event in the park 11-12pm, Walk from Vance Park to the Market Hall</li> <li>● Come table at the Market Hall, it's like a smaller Juneteenth</li> <li>● Giving coupons to those who participate in the walk to shop from the market hall vendors</li> <li>● \$10 coupons to buy food</li> <li>● Oct 29th, haunted house and Halloween 4-5pm</li> <li>● Walk training for Youth so they will be safe during Trick or Treating</li> <li>● 1420 SE 182nd at VANCE Park</li> </ul>	
<p><b>Links and other info from the chat</b></p>	<ul style="list-style-type: none"> <li>● Portland Public Schools Suing Juul - Article from Yesterday <a href="https://www.oregonlive.com/crime/2022/10/portland-school-district-sues-juul-claiming-e-cigarettes-are-damaging-student-health.html">https://www.oregonlive.com/crime/2022/10/portland-school-district-sues-juul-claiming-e-cigarettes-are-damaging-student-health.html</a></li> <li>● salome@espousalstrategies.com 503-422-1420</li> <li>● <a href="https://www.oregonlive.com/crime/2022/10/portland-school-district-sues-juul-claiming-e-cigarettes-are-damaging-student-health.html">https://www.oregonlive.com/crime/2022/10/portland-school-district-sues-juul-claiming-e-cigarettes-are-damaging-student-health.html</a></li> <li>● <a href="https://www.flavorshookoregonkids.org/">https://www.flavorshookoregonkids.org/</a></li> <li>● They also put efforts for a smoke free downtown. <a href="https://www.eugene-or.gov/13">https://www.eugene-or.gov/13</a></li> <li>● <a href="https://multcohealth.sjc1.qualtrics.com/jfe/form/SV_3f5pE_CYVssP3xYi">https://multcohealth.sjc1.qualtrics.com/jfe/form/SV_3f5pE_CYVssP3xYi</a></li> <li>● Multco REACH + ACHIEVE Fall 2022 Reflection Jam <a href="https://jamboard.google.com/d/1nyBNd9sZkEddyLvKyn1v5vunaZqOrnTX4zoxbqcUIFo/viewer?f=9">https://jamboard.google.com/d/1nyBNd9sZkEddyLvKyn1v5vunaZqOrnTX4zoxbqcUIFo/viewer?f=9</a></li> </ul>	

	<ul style="list-style-type: none"> <li>• Zana from the UL - <a href="https://ulpdx.org/events/2022/2022-general-election-candidate-forum">https://ulpdx.org/events/2022/2022-general-election-candidate-forum</a></li> <li>• Rescheduled AfroMade (last of season) <a href="https://www.livingcully.org/event/afro-made-pop-up-2022-09-10/">https://www.livingcully.org/event/afro-made-pop-up-2022-09-10/</a></li> <li>• Sign up to learn about funding available Jan 2023!</li> <li>• Oct 6th 5:30pm Register Here <a href="http://ow.ly/WRHh50KXBmV">http://ow.ly/WRHh50KXBmV</a></li> <li>• <a href="https://ulpdx.org/events/2022/2022-general-election-candidate-forum">https://ulpdx.org/events/2022/2022-general-election-candidate-forum</a></li> <li>• Join Black Health and Wellness providers on November 10, 5-6:30 pm to discuss nutrition and wellness for your family and our community. Register here: <a href="https://qrco.de/bdLqAd">https://qrco.de/bdLqAd</a></li> <li>• renee.curtis@multco.us/ 971-990-6857</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Next ACHIEVE MEETING</b></li> </ul>	November 2, 2022	