
Adult Care Home Program

— Multnomah County ADVSD —
Updated October 2025

Overview



Overview

- **Origin of Adult Care Homes in Oregon**
- **History of County Contract**
- **Program Offer**
- **The role of the ACHP in the community (who we serve and how)**
- **MCARS and OARs**
- **Program structure**
- **Licensing and Monitoring Visits**
- **Questions, Thoughts for Future Meetings, etc...**

Definition of Adult Care Home

Adult Care Homes are licensed, single family residences that offer assistance and services to up to five adults who are not related to the Operator by blood, adoption or marriage, in a **homelike** setting, for compensation.

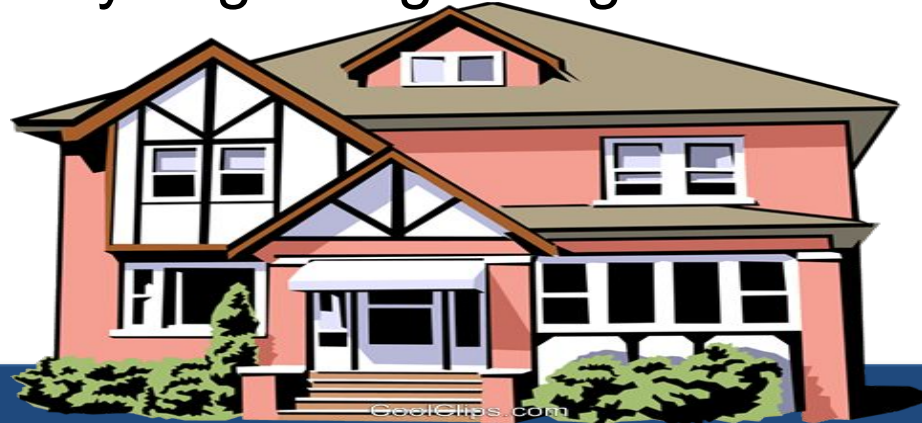
Goal of Adult Care Home

To ensure that adult care home residents are cared for in a homelike atmosphere that is safe and secure, where the atmosphere is more like a home than a medical facility, where the resident's dignity and rights are respected, where positive interaction between members of the home is encouraged, and where the resident's independence and decision-making are protected and supported

Philosophy and History

In 1981, Oregon became the first state granted a Federal waiver to use Medicaid funds for long term care services in the community. Prior to the waiver, only long term care in nursing facilities was covered by Medicaid funds.

Multnomah County began regulating Adult Care Homes in 1983.



Multnomah County Exempt

Multnomah County is an exempt county as approved by State of Oregon, Director of Licensing Agency.

Exempt county provides program for licensing and inspection of adult care homes that is equal to or exceeds requirements of Oregon Administrative Rules (OAR) which govern operation of adult foster care homes per Oregon Revised Statute (ORS) 443.780.



Operating an Adult Care Home

- Operator must live in the home that is licensed or hire an approved Resident Manager to live in the home.
- Living in the home shall mean that the Operator (or Resident Manager) does not have another primary residence.

MCAR 023-070-805



Program Offer Summary

Aging, Disability & Veterans Services Division (ADVSD) Adult Care Home Program (ACHP) licenses, monitors, and provides equitable access to adult care homes in Multnomah County.

The ACHP licenses homes to ensure compliance with health and safety rules and regulations developed to support older adults, people with disabilities, people with behavioral health needs, and Veterans.

Quarterly monitoring and support visits ensure residents' specific needs and preferences are honored and met in a culturally appropriate, safe, and welcoming 24-hour setting.

Program Offer: Summary of Issue - Reduction in Medicaid Funding

The State of Oregon's approach to long-term services and supports has been to invest more Medicaid dollars in community settings as an alternative to nursing facilities.

The State values the goal of reducing Medicaid cost and increasing choice for participants.

Adult care homes are single family homes located in residential neighborhoods that offer assistance for up to five adults in a home-like environment. These homes are a key alternative to nursing facilities.

Program Offer: Summary of Issue - Reduction in Medicaid Funding

Multnomah County has the majority of the nursing facilities in the state.

Multnomah County has an exemption from the State of Oregon to create local licensing regulations that meet or exceed State requirements for adult care homes to ensure the highest quality and safety for county residents.

Types of Homes

- **APD- Adults and People with Disabilities**
- **DD- Adults with Intellectual/Developmental Disabilities**
- **BH – Behavioral Health**
- **Room and Board**
- **Limited License**

Classification of Homes 2022 and 2025

Class	Number of Homes	
	2022	2025
APD - Adults (includes 3 vent homes)	357	400
DD- IDD/DD	191	165
Room and Board	8	2
Limited License	44	39
MHA - Behavioral Health	10	8
Total	610	576

What We Do

- Issue Licenses to care homes with approved Providers
- Licensing Renewal Inspections Annually
- Monitoring and Life and Safety Visits
- Education and Training (Orientation, Training Classes, First Year Coaches Bi-Annual Care Home Conference)
- Technical Assistance
- Assign Corrective Action, Sanctions, and Conditions as appropriate

Team Members

The ACHP consists of:

Program Manager: Leadership of the Program

Program Supervisor: Supervision and Leadership of Licensing Team

Business Services Team: Processing Business tasks, application distributions, background checks, testing, coordination with providers, miscellaneous...

Licensing Team: Currently 13 licensers

Team Members

Program Development Specialists: These are coaches that conduct monthly training for the first 12 months of operation for new Providers. (2 coaches)

Complaint and Corrective Action Specialists: (2 members) Complaint specialist is assigned when a particularly challenging situation needs monitoring. The Corrective Action Specialist is responsible for assigning sanctions, conditions, penalties, and apportionments when violations have been sited.

Quality Assurance: Works on audits and process improvements internally to ensure we are operating efficiently and to program standards or above

Team Members

Placement Specialist: Assists Providers with marketing their home on the Adult Care Options website. Assists with sending out “Blasts” communications of residents looking for housing options and connecting them with providers.

Training Coordinator: Conducts trainings to Providers and caregivers on mandatory and suggested trainings

Data Analyst: Runs reports creates dashboards and assists with Quality Assurance for the program

Communications Specialist: Communications and Conference Planning

MCAR and OAR

The Oregon State Administrative Rules (OARs) are the rules and regulations that govern the operation of care homes within the state of Oregon.

There are specific chapters of OAR for each agency ODHS, ODDS, OHA respectively.

OAR Example

309-040-0394 Residency Agreement

- (1) The provider shall enter into a written residency agreement with each individual or the individual's representative residing at the AFH consistent with the following:**
 - (a) The written residency agreement shall be signed by the provider and the individual or the individual's representative prior to or at the time of admission;
 - (b) The provider shall provide a copy of the signed agreement to the individual or the individual's representative and shall retain the original signed agreement within the individual's individual record

MCAR and OAR

Multnomah County Administrative Rules (MCARs) are the rules governing the operation of care homes within Multnomah County under the ACHP program.

Department of County Human Services

Aging Disability and Veterans Services Division

Adult Care Home Program

Chapter 023

MCAR Example

023-010-200 Purpose of the Multnomah County Administrative Rules

010-205 These rules set forth the standards and requirements governing adult care homes and are necessary to protect the health, safety, and welfare of the residents of adult care homes in Multnomah County. These standards and requirements shall be consistent with the homelike atmosphere required in adult care homes.

010-210 Operators, Resident Managers, and caregivers of adult care homes are required to abide by the terms of the MCAR

Inspections and Monitoring Visits

The two main types of Monitoring that occur on-site at the homes by our team are Inspections and Monitoring Visits.

Inspections: New Home, Renewal, Post-Remodel/Renovation

Inspections are not announced in advance except for new home inspections or to follow up on a renovation.

Renewal inspections are drop-in and the operator is expected to be prepared and operating to standard.

Inspections and Monitoring Visits

Monitoring Support Visits: Occur quarterly and are scheduled visits that check on:

Health and Safety -- either routine check up or known concerns, staffing

Resident Interviews -- conduct private interviews with residents

Resident Records -- review all pertinent records are in order

Other concerns or topics (COVID protocols)

Inspections and Monitoring Visits

For inspections an electronic checklist within our database guides licensers through the rules item by item. We check:

Resident Records- Resident Bill of Rights, care plans, medication records, agreements

Physical Environment- cleanliness, privacy, safety, egress, lighting, access

Food and Safety -- Fire Drills, Emergency Plans, Menus

Activities -- review records of what is offered to residents

Inspections and Monitoring Visits

Violations are noted on inspection and depending on the severity are handled accordingly.

Providers are given no more than 30 days to complete corrections that are noted, and if it involves immediate life and safety concerns more immediate action may be taken.

The License is issued upon successful completion of inspection with full compliance and all corrections completed.

License and Inspection results are public record.

Questions?