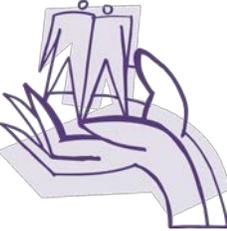


Program	Description
<p>ADRC Helpline (503) 988-3646 Aging & Disability Resource Connection</p>  <p>24-Hour Access Staffed at all hours for situations requiring immediate resolution</p> <p><i>ADRCofOregon.org</i></p> <p><i>Gatekeeper</i></p>	<p>The ADRC Helpline assists seniors (older people), people with disabilities, veterans, and their caregivers. We help assess your needs, identify the most appropriate services that meet those needs, and connect you with appropriate service providers. We simplify access to social service programs and provide important follow-up and advocacy to ensure services are met.</p> <p>Options Counseling helps people make informed choices about their long term care needs. Care Transitions offers home and community-based supports helping prevent readmission after a hospital stay.</p> <p>The Aging & Disability Resource Connection website provides information on local and state resources.</p> <p>Gatekeepers assist vulnerable people who need help, but may be unable to get it for themselves. The Gatekeeper program trains those in the community who have contact with older people, and people with disabilities during the course of their work. Gatekeepers include bank tellers, pharmacists, utility meter readers, mail carriers and more.</p>
<p>Aging, Disability & Veterans Services Area Offices</p> 	<p>Aging, Disability & Veterans Services helps determine eligibility for basic Medicaid, Supplemental Nutrition Assistance Program (food stamps), State Plan Personal Care and Medicaid Long Term Services and Supports. Five offices are located throughout the county.</p> <p>Transition and Diversion provides specialized care planning services for those interested in exploring alternatives to nursing homes to meet care needs.</p>
<p>Senior Centers</p> 	<p>ADVSD has contract partnerships with District Senior Centers in the community to offer programs helping those 60 and older. Programs include information and assistance, transportation, meals and nutrition services, case management, legal assistance, Oregon Project Independence, Options Counseling, in-home services, health promotion, disease prevention, social activities and more.</p>
<p>Foster Grandparents</p> 	<p>Foster Grandparents is a volunteer program of the Corporation for National and Community Service for low-income adults 55 and older who want to share their experience and compassion with children. Foster Grandparents provide tutoring, mentoring, classroom activity guidance, and emotional and physical support. Volunteers receive benefits including a non-taxable stipend, monthly in-service and training, mileage/bus reimbursement, lunch/lunch allowance. Volunteer sites get trained and well-matched volunteers to work one-on-one with children to meet critical needs and support teachers.</p>

Program	Description
<p>Family Caregiver Support</p> 	<p>The Family Caregiver Support program helps unpaid family caregivers who are caring for someone 60 and older who needs substantial assistance in at least two activities of daily living, or has a cognitive or behavioral impairment that requires substantial prompting or monitoring by the caregiver. Help is also available to those 55 and older who are raising a relative child 18 and younger.</p>
<p>Safety Net Programs</p> 	<p>Emergency Prescription Assistance helps those who are uninsured, 60 and older, with out-of-pocket Medicare Part D costs. We also help people with disabilities who are in the waiting period for Medicare. Eligibility criteria subject to change based on funding.</p> <p>Special Medical Needs may cover durable medical expenses necessary to stabilize a medical condition or other life circumstance.</p> <p>Housing Assistance helps older people, and people with disabilities who are homeless, or at risk of homelessness, or in unsafe housing. This program may fund housing-related expenses. Eligibility requires a stable housing plan.</p>
<p>Senior Health Insurance Benefits Assistance</p> 	<p>SHIBA trains volunteers to help people with Medicare make health insurance decisions. This free program saves Medicare recipients money by making sure they receive all possible benefits and do not pay too much out of their own pockets. SHIBA volunteers are available for appointments at many District Senior Centers.</p>
<p>Specialty Programs</p> 	<p>Adult Protective Services receives and investigates allegations of abuse, self-neglect, and financial exploitation of older people, and people with disabilities.</p> <p>Public Guardian/Conservator Office obtains and implements court-appointed guardianship and/or conservatorship for those who are profoundly mentally incapacitated, unable to care for themselves, and are currently at high risk due to abuse, exploitation or extreme self-neglect.</p> <p>Adult Care Home Program licenses adult care homes and enforces the rules that govern the licensing and operation of adult care homes.</p>
<p>Veterans Services</p> 	<p>Multnomah County Veterans Services helps veterans access their benefits. We help veterans and their dependents understand and get all benefits available to them.</p>

For information about any of these programs

Call the ADRC Helpline at (503) 988-3646

Telephone Relay Service (TRS): 711

www.ADRCoOfOregon.org