...nity, and *independent*."

The Coming *Age Wave:*

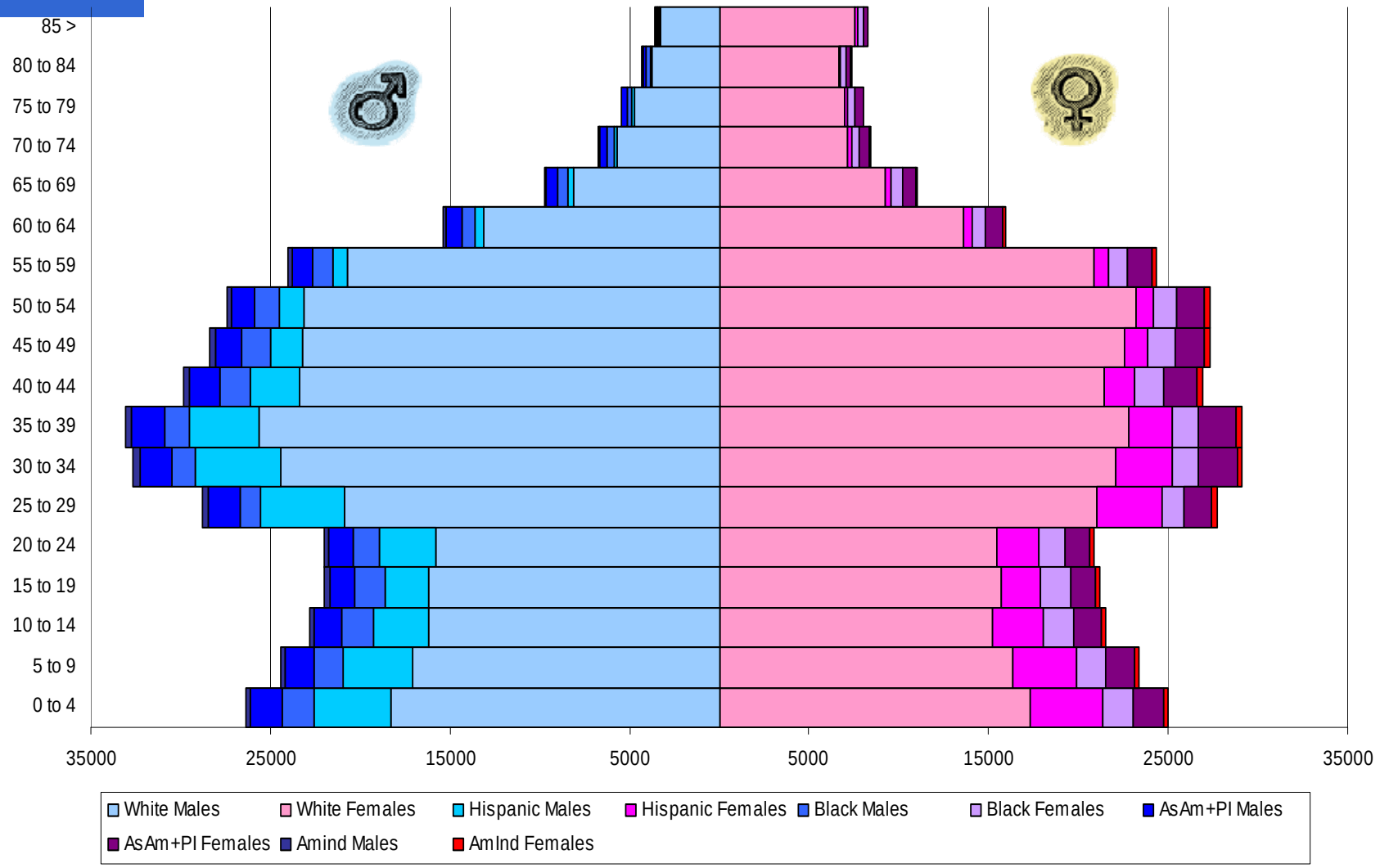
ADS Plans for the Increase in Older Multnomah County Residents

MULTNOMAH COUNTY

Aging and Disability Services
County Department of Human Services

- What We Know:
  - We can generally predict the Age Wave
  - We have time to plan
- Quick Overview
  - In 2025, Multnomah County will experience a 44% increase in residents aged 65+
  - Number of poor Multnomah County Seniors will increase by about one-third in the same period
  - This is a *women's issue*, mainly

2006 Multnomah County Population Pyramid



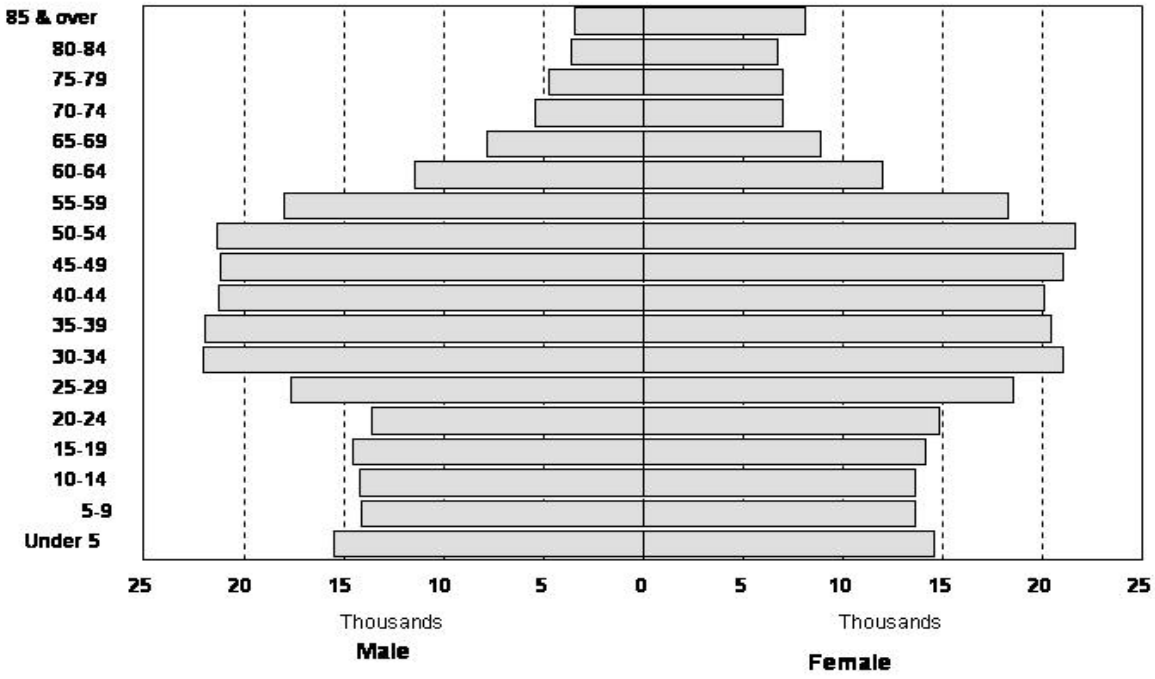
Source: US Census Bureau, 2007 American Community Survey

The *Age Wave*

Multnomah County, 2005

White, non-Hispanic Population Distribution

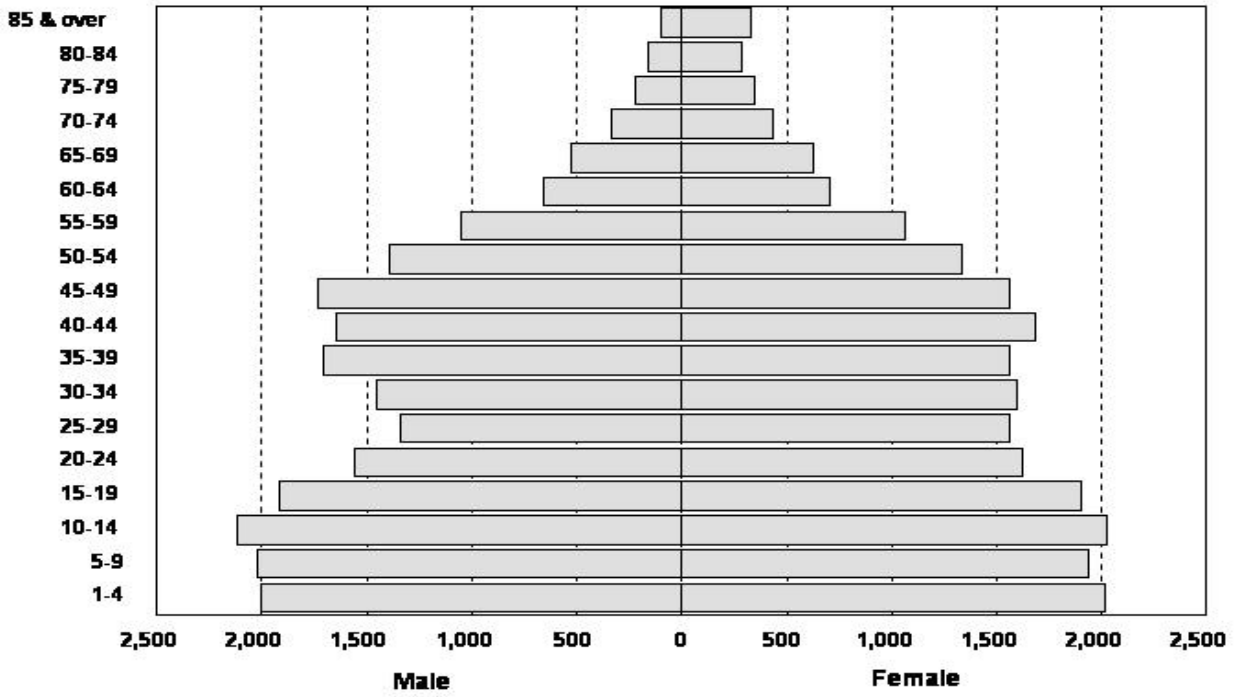
✓***The first Boomer reached age 60 last year.***



Source: 2005 National Center for Health Statistics Estimates

The *Age Wave*

Multnomah County, 2005
African American Population Distribution

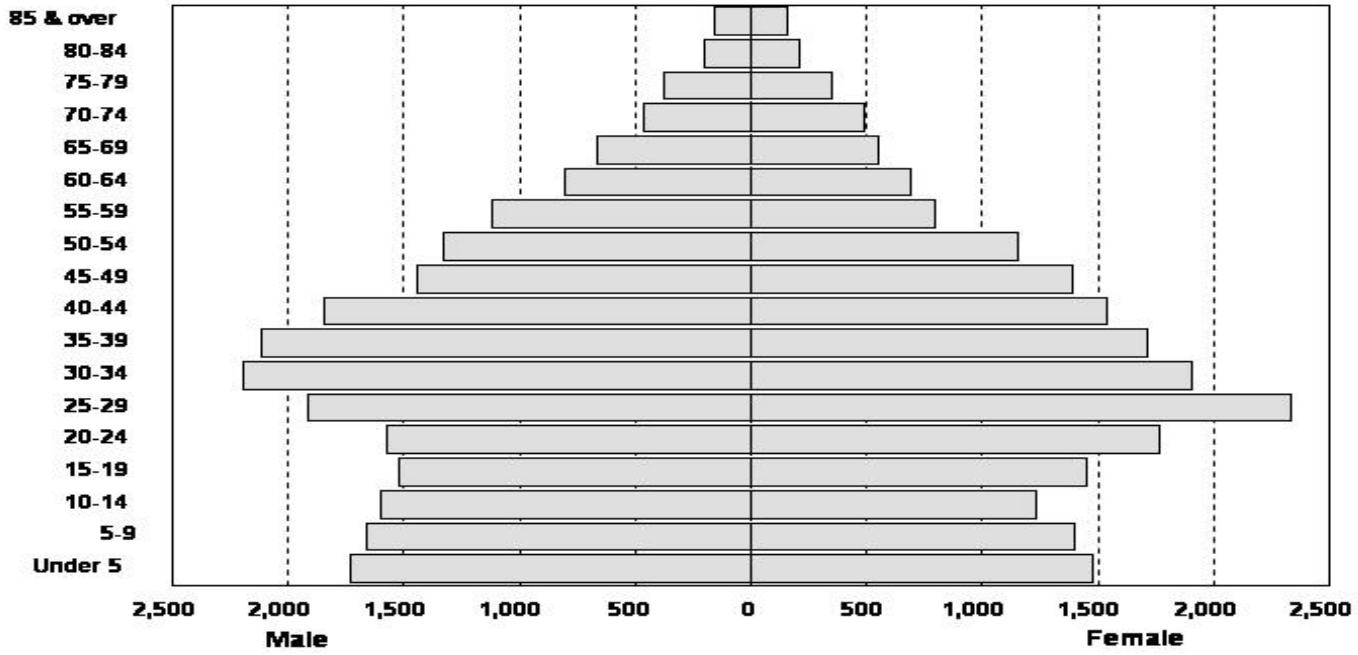


Source: 2005 National Center for Health Statistics Estimates

✓***For Blacks, the Baby Boom occurred later and the band is narrower.***

The *Age Wave*

Multnomah County, 2005
Asian/Pacific Population Distribution

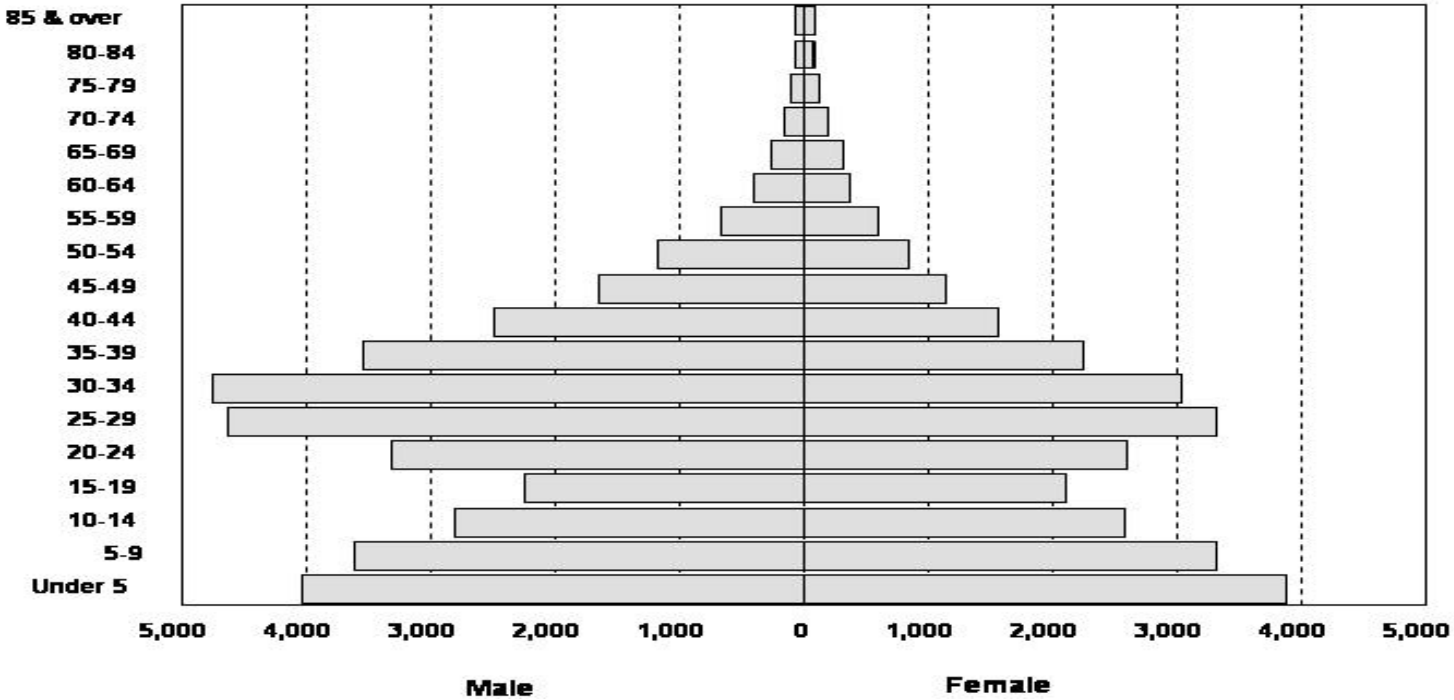


Source: 2005 National Center for Health Statistics Estimates

✓***The younger bulge may be due to immigration trends in this population.***

The *Age Wave*

Multnomah County, 2005
Hispanic Population Distribution

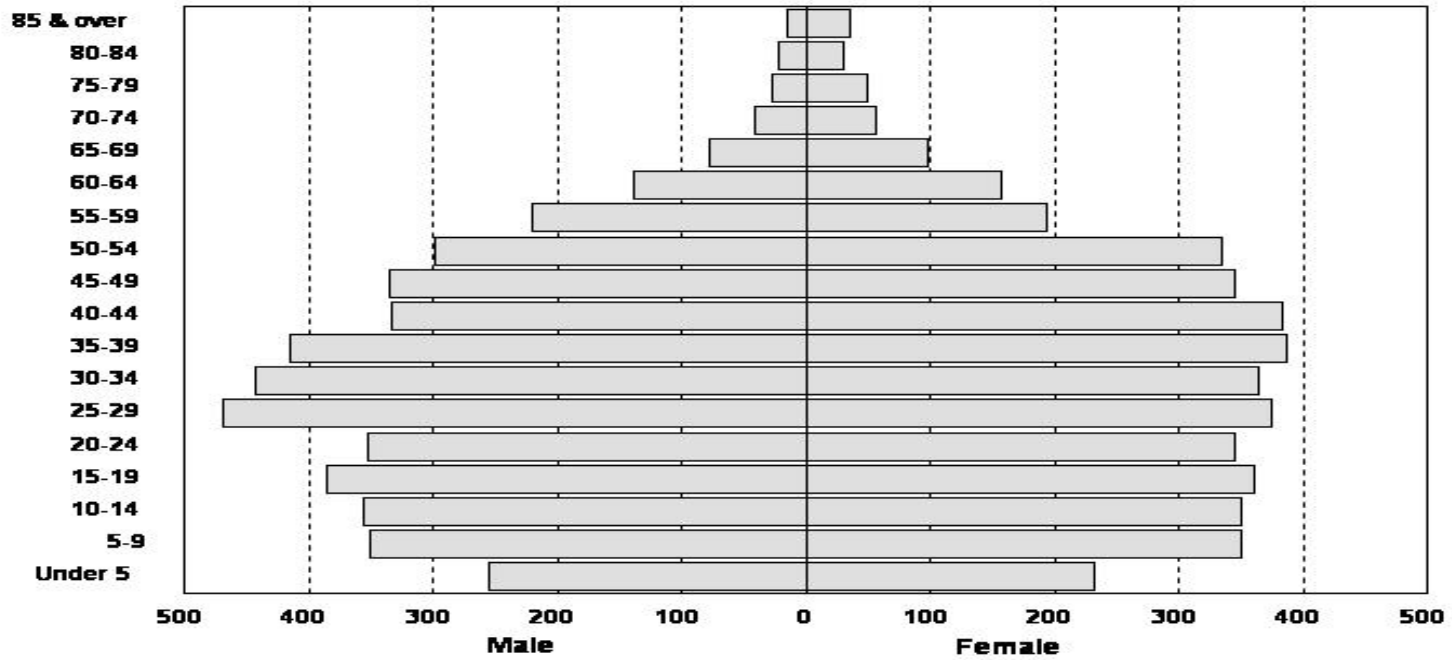


Source: 2005 National Center for Health Statistics Estimates

✓***Hispanic farm workers require long term care services earlier owing to occupational exposure to life-shortening hazards.***

The *Age Wave*

Multnomah County, 2005
American Indian Population Distribution

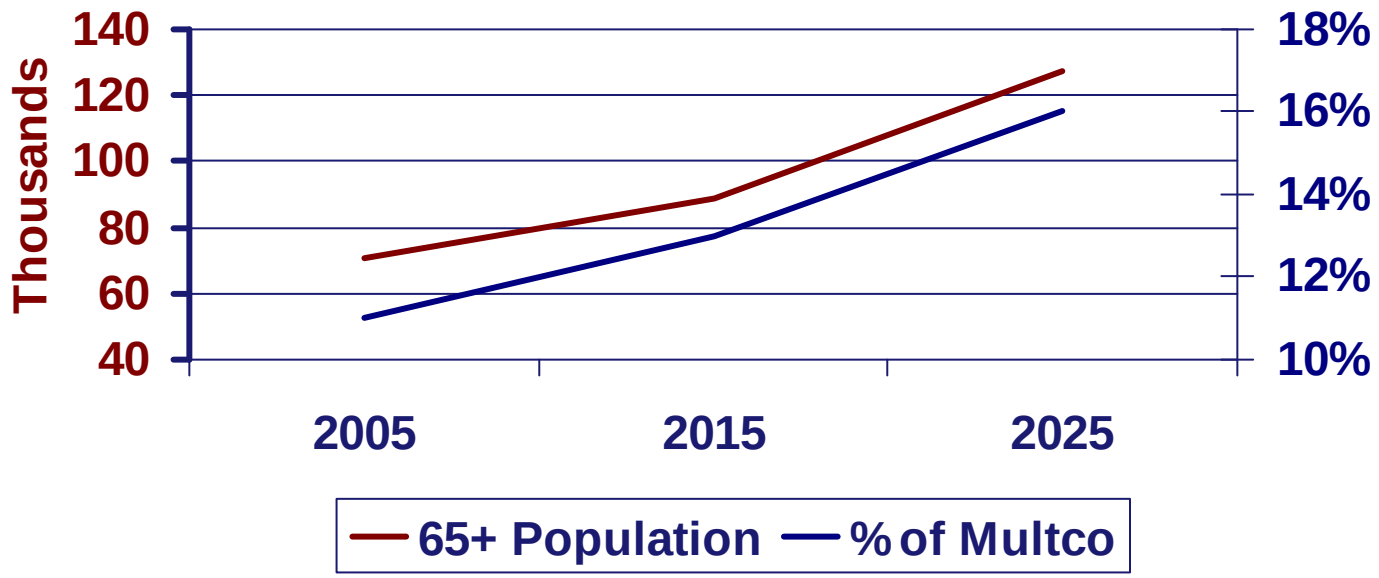


Source: 2005 National Center for Health Statistics Estimates

✓***The American Indian baby boom is less distinct because positive economic factors affecting whites did not reach this population.***

The Age Wave

Number and Percent Increase in Multnomah County 65+ Population

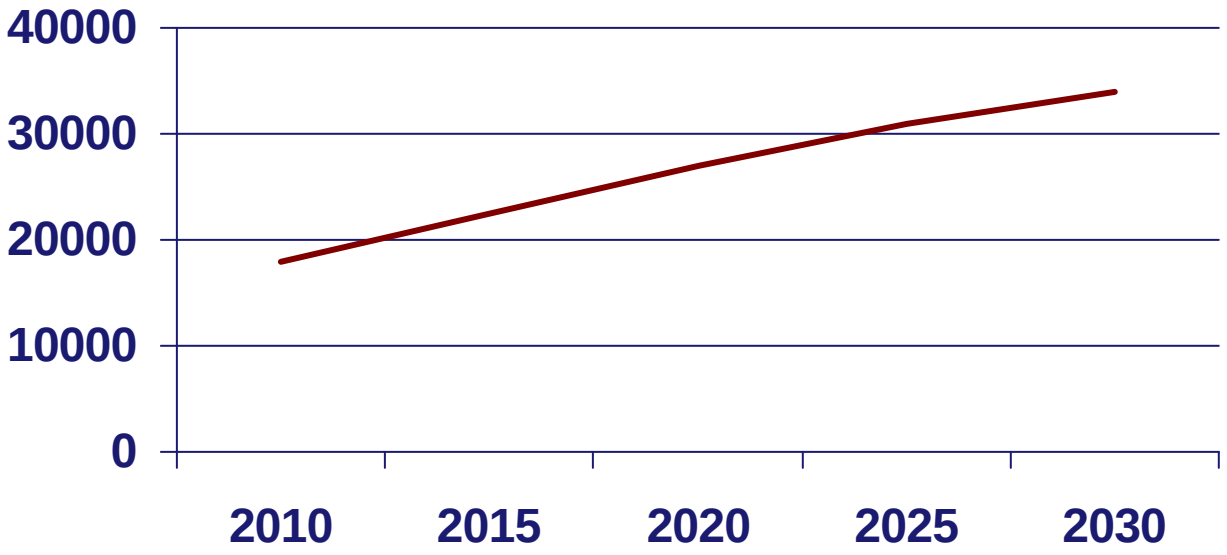


Source: Oregon Department of Human Services, *Your Community in Focus*

✓***The number of seniors will increase 44% in the next 20 years.***

The Age Wave

Projection 2010 - 2030:
Oregon Seniors Medicaid Caseload



Source: Oregon Department of Human Services, *Your Community in Focus*

✓***According to the 2005 American Community Survey, Multnomah County poverty rate for seniors is 37% higher than the state rate.***

- What We Need to Know:
  - Needs of poor seniors
  - Needs for ethnic, racial and language minorities
- How We Will Learn What We Need to Know:
  - Doing our homework:
    - national studies, best practices
  - Generating our own data
    - The ADS Older Adults Needs Assessment

Maturing of America: Selected Best Practices

✓Communities should promote a **single point of entry** for information and access to all aging services.

✓Communities should create opportunities for the **effective and purposeful participation of older citizens** on community boards and commissions.

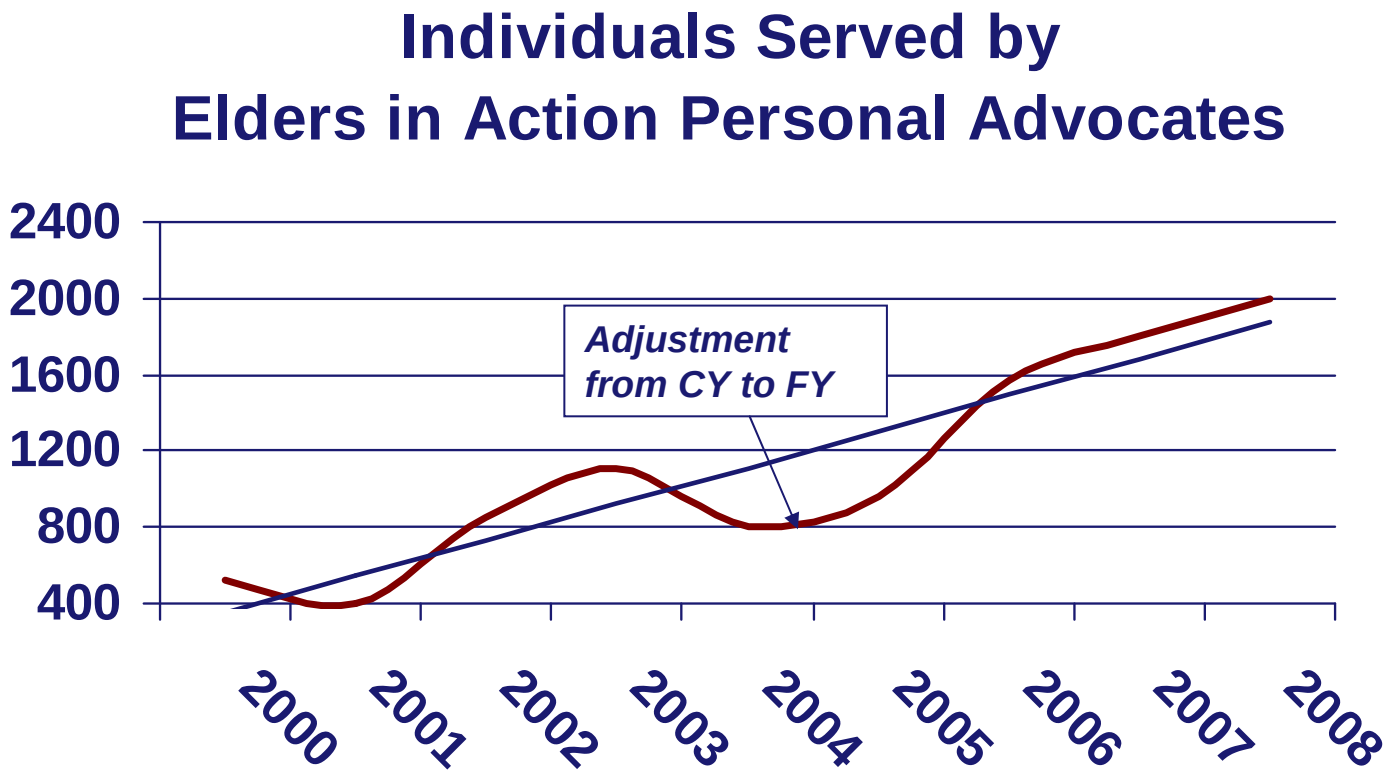
✓Communities should ensure that public safety personnel are **trained to deal with the specialized needs of older adults**.

✓Communities should provide supportive services that older adults need to remain **living independently at home** and in the community.

Network of Care Website Hits: 2007-08

✓*Since July of last year, traffic on the website has increased over 400%.*

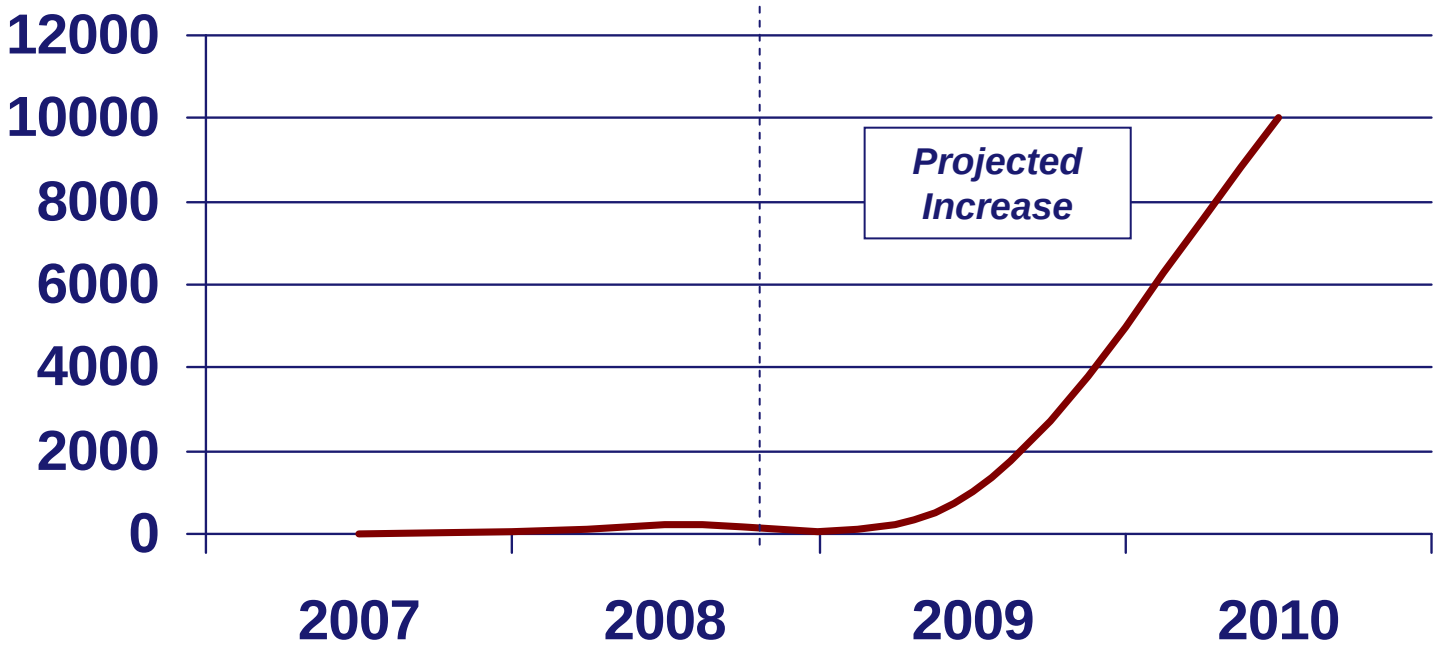
Civic Engagement: Personal Advocates



✓***Elders in Action Personal Advocates help individuals navigate complex systems.***

Safety and Emergency Services

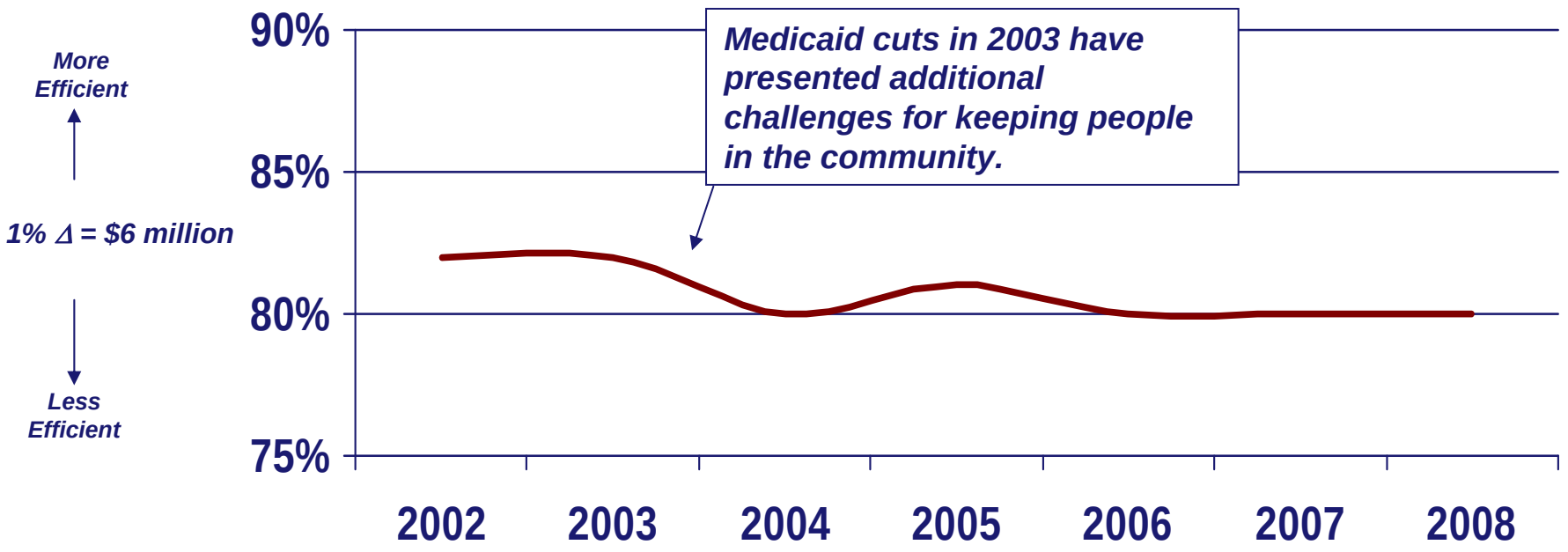
Volunteer Emergency Registry Enrollment



✓*The Volunteer Emergency Registry is a cooperative effort by the city and county.*

Aging in Place: Nursing Home Diversion

Percent of Nursing Home Eligible Clients Served in the Community



✓*Multnomah County remains the national leader in diversion of elderly from more expensive and restrictive placements. The next most efficient entity is Washington State, with 60% served in the community. Nursing home care in Multnomah County averages $72,000 per year.*

Planning: Generating Our Own Data

- The Older Adults Needs Assessment **(Completion: 2009)**
  - ADS and the PSU Institute on Aging
- Target Population
  - 55+
  - 200% of Federal Poverty
  - Oversampling of Limited English Proficient
- Areas of Inquiry
  - Housing, access, safety & support, health, financial security, volunteerism and engagement

Questions?