

# Adult Care Home Program Newsletter

## April 2019

### Program Manager Letter

Dear Providers,

Only a few ACHP Provider Surveys have been returned. If you haven't had a chance, please complete the survey which was mailed to you in the March Newsletter or use this link:

<https://www.surveymonkey.com/r/3C3TMRX>

We need your feedback.

I wanted to share one of our highly celebrated outcomes of the Advisory Committee Retreat. At the meeting providers came together and developed a peer support group.

#### The Purpose of Group:

Offer peer mentoring and coaching in a positive, self directed, solution focused space that is a safe haven for ACH operators to exchange information and knowledge.

The group is open to all licensed operators in Multnomah County and is seeking your membership.

#### ACH MSG Board Members:

- Denise Osborn  
[osbornproject15@gmail.com](mailto:osbornproject15@gmail.com)
- Anthonette "Net" and Steve Guy  
[usquyz4u@comcast.net](mailto:usquyz4u@comcast.net)
- Maribeth Sanchez  
[sanchezmaribeth770@gmail.com](mailto:sanchezmaribeth770@gmail.com)
- Kathryn Tarries  
[katie@larche-portland.org](mailto:katie@larche-portland.org)

Next meeting is April 19th 10 am - Noon at Midland Library.

I want to encourage you to share your feedback, your opinion matters.

*Felicia Nelson*, Program Manager

### Just Ask

**Question:** Where can I find activities for people with early to moderate Alzheimers, dementia or memory loss?

**Answer:** Sunshine Memory Cafe and Lounge offers Free Music and Socializing for people living with dementia, their families, and friends. The next event is April 15th from 12:00 pm to 1:30pm, Please call or email for more information and RSVP - [Loriann.McNeill@multco.us](mailto:Loriann.McNeill@multco.us) or 503-988-8210

**Question:** If I take the Pre-Service Dementia class online with Oregon Care Partners, how do I know I have completed all the courses for the requirement?

**Answer:** The online class with Oregon Care Partners is a total of 7 courses in a bundle. You need to complete all of the 7 courses to meet the Pre-Service Dementia Training requirement. They are:

1. [OCP-DEME218](#) - Understanding Alzheimer's Disease.
2. [OCP-DEME219](#) - Caring for Persons with Dementia: Behavior & Communication.
3. [OCP-DEME220](#) - Activities for People Living with Dementia.
4. [OCP-DEME221](#) - Caring for Persons with Dementia: Activities of Daily Living, Nutrition and Hydration.
5. [OCP-DEME222](#) - Medications & Dementia.
6. [Let's Get Real - Module 1](#) - What is Person-Centered Care.
7. [Let's Get Real - Module 2](#) - TRACK Your Progress.

## Oxygen Safety in Your Adult Care Home

Did you know that oxygen can feed a spark and lead to a larger fire in a matter of seconds? It is important to limit the risk of oxygen exploding. MCAR 023-100-740 prohibits the use of smoking of any type near oxygen.

Also remember that matches, lighters or any item that creates a spark cannot be used near oxygen.

Use caution when employing oxygen and electrical devices such as hair dryers, electric razors and appliances with a control box (for example an electric blanket) because the device could put out a spark. If a resident wants to use a hair dryer or electric razor, it is safer to have the oxygen source at least 5 feet away.

Safe storage practices can also prevent fire. Review MCAR 023-100-907. It's suggested that oxygen be stored away from heat and direct sunlight. Oxygen should be secured with a chain so it does not tip over. "No Smoking" signs are required to be posted in areas where oxygen is in use or is stored.

## Dementia Caregiver Kits

Multnomah County Library is now offering kits for those who are providing care for people with Alzheimer's and other dementia. The kits are themed, multi-sensory, and are available in English or Spanish. Some of the themes are Gardening, Broadway Musicals, Sports, Portland History and many more.

The purpose of the kit is to help residents access happy memories and support caregivers in stimulating conversation with the resident.

For more information please contact:  
Library Outreach Services at 503-988-5404

## Social Media and Resident Rights

It is important for providers to understand their responsibility to residents when it comes to social media. Social media includes sites like; Facebook, Instagram, Twitter and digital text messages.

Unfortunately, recent national media reports have emphasized situations of care staff and employees taking photos and videos of residents in compromised positions and sharing them in their networks.

Violations of confidentiality can occur by using pictures involving any part of the resident's person and also by using videos or pictures of the resident's room. This could be dehumanizing and could be investigated as verbal or emotional abuse.

ACHP recommends providers protect resident privacy by implementing the following:

- Develop a clear written policy regarding the ACH's privacy practices; including the use of social media and texts.
- As part of the policy, a signature page for staff to acknowledge they understand the policy and will adhere to it.

Operators must also put in place safeguards to protect resident health information and ensure protected health information (PHI) is not used or disclosed improperly. This includes posting of resident's personal health information such as discharge plans, treatment updates and/or communications that contain sensitive information.

Please feel free to contact your ACHP licenser or monitor, if you need assistance in developing and maintaining these policies.

## Training, Testing and Events

Pre-registration is required. Call 503-988-3000 or email [adult.carehomeprogram@multco.us](mailto:adult.carehomeprogram@multco.us)

### Qualifying Testing

209 SW 4th Ave., Portland

Free / Register online/ Dates online

<https://multco.us/adult-care-home-information/basic-training-qualifying-tests>

**All ACHP trainings are held at the Multnomah County East Building located at 600 NE 8th St. Gresham, Sharron Kelley Room, 2nd Floor.**

### Orientation

Sign-in 8:30-9:00; Training 9:00-4:30

\$55.00 check/money order:

**April 8th, May 6th, June 13th**

**Record Keeping A** - Required training for Operators/Resident Managers in first year. Sign in 8:30 am; Training 9:00 am to Noon. \$30 Check or Money Order. 3.0 CEUs. **June 17th**

**Recordkeeping B - Medication Management for Operators** Required training for Operators/Resident Managers in first year. Sign in 1:00 pm; Training 1:30-4:30 pm. \$30 Check or Money Order. 3.0 CEUs. **May 21st, July 16th**

**Recordkeeping B - Medication Management for Caregivers.** Required for all caregivers who pass medications, work alone or are left in charge. Sign-in 1:00 pm; Training 1:30-4:30 pm. No Charge. 3.0 CEUs. Sign your caregivers up for one of these upcoming class dates:  
**April 16th, June 18th**

**Honoring Diversity** - Required training for Operators/Resident Managers in first year. Sign in 1:00 pm; Training 1:30-4:30 pm. \$30 Check or Money Order. 3.0 CEUs. **May 15th,**

## Basic Skin Care &

### Pressure Ulcer Prevention

Presented by Providence ElderPlace RN's. Learn how moisture can impact skin care and ways to manage it. Learn 6 preventive actions, Identify 5 types of risks for residents with skin care issues.

**1.0 FREE CEU**

**When:** Thurs., April 18th 3:00-4:15 pm

**Where:** ElderPlace Gresham - 17727 E Burnside, Gresham

**RSVP:** [Maura.Martinez@providence.org](mailto:Maura.Martinez@providence.org) or 503-215-9800

### Fire Safety Training

Adult Care Home requirements for fire drill standards will be covered (State of Oregon). Questions about how to prepare for emergencies will be answered.

**2.0 FREE CEUs**

**When:** Thurs., April 25th 9:00 to 11:00 am

**Where:** DHS - 5240 NE Elam Young Pkwy, Suite 200, Hillsboro,

**RSVP:** [Susan.bringhurst@state.or.us](mailto:Susan.bringhurst@state.or.us) or 971-673-5167

### Emergency Preparedness Planning.

Required for all Operators and Resident Managers in the first year. Sign in 8:30 am; Training 9:00 to Noon. \$30 Check or Money Order. 3.0 CEUs **April 24th**

### Provider meeting - Train the Trainer; Communication and Behavior

Presented by Shelly Edwards. Shelly will provide an opportunity for operators to gain the knowledge and skills to train their staff in understanding the different aspects of communication and tools in providing person centered care. Sign in 8:30 am; Training 9:00 am to Noon. \$30 Check or Money Order. 3.0 CEUs. **May 20th**

**M198**

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Adult Care Home Program  
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Portland, OR 97204

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