

ACHIEVE/REACH Meeting

Action Communities for Health, Innovation and Environmental Change

Racial and Ethnic Approaches to Community Health

Wednesday, April 7, 2021

9:00 am-11:00am

Virtual

Attendees: Kyna Harris (OPHI), Shantee Johnson (Mudbone Grown), Charlene McGee (MCHD), James Demry (MCHD), Rachel Jones (MCHD), Taylor Ford (MCHD REACH), TK Kaparura (MCHD), Frances Hall (MultCo-SUN Schools), Royal Harris (MCFH), Jamayne Figueroa (MCHD CAH-CBIM), April Kayser (MCHD REACH/CAH), Leslie Esinga (MCHD), Quete Capuia (MCHD), Sabrina Villemany (MCHD), Ashton Simpson (Oregon Walks), Brendon Haggerty (Multco Environmental Health), Carrie Roberson (independent Health Consultant), Charles Smith (Black Food Sovereignty), Darrell Wade, Theresa Johnson (Highland Haven), James Kwele (ECO Trust), Linda Bryant-Daaka, Lisa Strader (PBOT), Marsha Jordan (Miracles), Mary Jo Andersen (Multco Transportation), Dr. Bukhosi Dube, Rashae Burns (Growing Gardens), Rachel DeRosia (PGE), Tyler Richardson, Melissa Nothingham (Pacific Power), Bob Gravely (Pacific Power), Charity Spires (Pacific Power), Ron Weaver (Lutheran Community Services), Susan Van't Hof (OHA, Program Design and Evaluation Services), Sonja Hendrix (MCHD)

Agenda Item	Key Discussion Points	Next Steps/Action Items
Welcome & Introductions	<ul style="list-style-type: none"> ● Announcements: <ul style="list-style-type: none"> ○ This is National Public Health Week ○ Newest member of the REACH team James Demry ○ Newest members of Chronic Disease Prevention and Health Promotion James Demry & TK Kapurura 	<ul style="list-style-type: none"> ● A variety of events will be taking place surrounding PHW ● James Demry will serve as our new REACH Community Health Specialist 2 filling the role the Yugen Rashad held before retiring. ● TK Kapurura, will work closely with Tameka Brazile as the New Immigrant and Refugee Systems Strategist working closely with our African I&R communities and clinics to help improve health outcomes
REACH Partner Updates	<ul style="list-style-type: none"> ● City of Gresham ● Black Food Sovereignty ● Black Community Portland ● Black Parent Initiative ● Eco Trust ● Miracles ● Mudbone Grown ● OPHI ● WIC ● Highland Haven ● Sun Schools ● NEHC ● Lutheran Services 	<ul style="list-style-type: none"> ● COG-Jay Higgins read Emily Bower's email in her absence: <ul style="list-style-type: none"> ○ Gresham Market Hall is actively looking for BIPOC small business ○ Info DowntownRockwook.com ○ Gresham Redevelopment is sponsoring Junteenth ● Black Food Sovereignty Council-Chuck Smith: <ul style="list-style-type: none"> ○ Partnering with Play Grow Learn and Rockwood food markets ○ June 17th start for food markets through the summer ○ At least four, but hoping for more through PGL ● Black community Portland to convert Grandma's hands to a local web based offering for intergenerational connections. ● BPI - Linda <ul style="list-style-type: none"> ○ Still mentoring with REACH to provide lactation services, ongoing CLC program, Doula participation. Breastfeeding in the community

- Eco Trust- Jamese Kwale
 - Food systems fellowship 26 candidates
 - Friday the final candidate Vivian Barnett Food systems Fellowship will be chosen. Final 15
 - Mudbone Grown and REACH and Black food Sovereignty
 - 9 African Immigrant refugees will vend at COME THROUGH MARKET in MAY
 - Mudbone Grown, AFFHO, Arise and Shine, Eco trust, Black Food Sovereignty partnership
- Miracles - Marsha Jordan
 - Offering - “Let's Get Healthy Together” 6weeks diabetes management class. Join on Monday's 5:00pm through June 3rd (May through june 21st)
 - 7% body weight loss 1 year program for prevention flyer coming
- Mud bone Grown:
 - Farming, support for REACH deliverables. Working with 3 black farmers in Corbett,
 - 50 black families they will be growing for.
 - Advocacy work with legislators and food policy and food lobby tables.
 - Support for BiPOC and Black farmers
 - Giving away starts at Sunrise Market
- OPHI- Kyna
 - Right from the start website www.rftsoregon.org
 - Event coming up with Multnomah County Healthy Birth initiative. Monthly events “dad talks”
 - Breast feeding and support from fathers will have an impact
 - Creating a video
 - Yonas from EECRC was a support as well. April 15th 6-7:30 showing the video and having a talk.
- WIC- Sabrina Villymanay:
 - Partnering with the community for Breastfeeding training, COP training, WIC peer Counselors are helping our communities.

		<ul style="list-style-type: none"> ● Highland Haven-Theresa Johnson: <ul style="list-style-type: none"> ○ Giving out free masks, helping churches start their reopening plan, BIPOC sign up for Vaccinations, Vaccination Clinics coming soon. Food Bank, and multiple services... ● SUN- Frances Hal: <ul style="list-style-type: none"> ○ I Video to bust myths about food pantries at schools, social media campaigns ● Northeast Health Center NEHC- Leslie Ensinga: <ul style="list-style-type: none"> ○ 1033 N Sumner vaccine clinic is moving from NEHC, hoping to vaccinate 300 patients a day. ○ The April 22nd vaccine clinic will only offer the Johnson and Johnson vaccine. Moving forward Johnson and Johnson as well as Moderna will be available. Appointments will be 5 mins. in length. Patients can call to schedule at our Call Center-503.988.5558. Upon confirmation, they will be made aware of which vaccine they will be receiving at their appointment. ● Ron Weaver: Introduced himself as the Outreach coordinator from Lutheran Services
Oregon Public Health Institute	<ul style="list-style-type: none"> ● Legislation being considered 	<ul style="list-style-type: none"> ● Cyreana will send the slides to attendees ● Kyna is sharing: ● Right from the Start- early childhood coalition ● Several bills in this legislative session around early childhood <ul style="list-style-type: none"> ○ She will email out the summary of the bills <ul style="list-style-type: none"> ■ HB2503 ■ HB3073 ■ HB2484 ■ HB2055 ■ HB2166-1 ■ SB236 ■ SB5513 ■ SB5505 ■ HB2835 ■ SB5529

<p>Guest Speaker: Dr. Bukhosi Dube</p>		<p>Guest Speaker: Dr. Bukhosi Dube Currently 3 vaccines (2)MRNA based and then the J&J Vaccine MRNA is used to make proteins DNA makes RNA that creates Protein in our body. We use the messaging RNA to transmit the anti virus Not a new technology, it has been used before to treat viruses. There are a few side effects. Emergency Use Authorization- EUA, allowing them to be widely available to the general public during a health emergency. Safety evaluation committees evaluate the data to make sure the vaccines are safe in all communities. Myths: tracking devices being inserted, contract the virus from the vaccine, can you carry and transmit the virus even after you have been vaccinated (no), Change one's DNA (no).</p> <p>Long term side effects and safety concerns: once it starts working it degrades, no, there are no long term side effects. Sterility, not an issue Why should you get the vaccine if you have already had COVID 19? Your body is creating an effective response. Helps your body create more antibodies.</p> <p>Immuno-compromised people: Allergy Season creates a disguised false, but you won't get fever and chills and loss of taste and smell, usually just sneezing itchy watery eyes</p> <p>Please get vaccinated as soon as possible. Please continue the COVID protective behaviors!!</p>
<p>Charity Spires, (PacifiCorp), Tyler Richardson, Rachel DeRosia , Bob Gravely,</p>	<ul style="list-style-type: none"> ● Pacific Power, Portland General Electric Energy Assistance Programs during COVID19 	<ul style="list-style-type: none"> ● Consumer Protections put in place because of the Pandemic ● Voluntary disconnection moratorium ● Put together a comprehensive safety net for customers ● Bill payment assistance program ● If customer has been impacted by COVID they can get into a grant program to help pay utilities ● To help payment arrangements and ● Or payment match up to \$1000 for 12 mos ● Payment plan for up to 24 mos.

		<ul style="list-style-type: none"> ● Past due balance and residential customers <p>Program started April 1st</p> <ul style="list-style-type: none"> ● Apply online at Pacific Power or call 1-888-221-7070 ● 31 days or older for eligibility ● Fresh Start Grant <p>PGE Tyler Richardson</p> <ul style="list-style-type: none"> ● The assistance is to get them caught up ● email/letter/ and reminder postcard <p>3 options to choose from</p> <ul style="list-style-type: none"> ● 50/50 program ● 3 mos match to clear balance ● Extended payment match payment up to 12 mos (or 24 mos) <p>Funding set aside possibly energy assistance</p> <ul style="list-style-type: none"> ● Up to a \$500 grant could be made to assist ● 17 million dollars has been set aside for first come first serve <p>NW Natural is also working on a program</p> <ul style="list-style-type: none"> ● RACHEL DeRosia for PGE Flyers in food banks, school lunch programs, community partners, happy to print flyers as well. ● No Application just 30 days past day from the effects of covid. <p>Charity Spires from PPL - Call 2-1-1 for additional funds</p>
Taylor Ford	<ul style="list-style-type: none"> ● Tri-County Tobacco Prevention WorkGroup Update 	<ul style="list-style-type: none"> ● Healthshare Oregon has funded a campaign for Tobacco prevention ● Multnomah County targeting Black Youth ● Washington County LatinX youth focus ● Clackamas county-LGBTQ youth ages 16-24 years old ● Started with a focus group on March 18th, 2021
REACH TEAM Updates		<p>REACH UPDATES:</p> <ul style="list-style-type: none"> ● Upcoming events - Covid this sat April 10th PCC <p>Need Volunteers</p>

		<ul style="list-style-type: none"> ● Virtual events REACHING US ● April 22nd DJOG One, 4:30-7pm ● April 25th, 1:40-4:00pm ● Multco Vaccinate- campaign by Multnomah County Picture and quote ● On Social media ● Trying to encourage more people to be vaccinated. <p>SUN School pantry communication update:</p> <ul style="list-style-type: none"> ● Working with DCHS to roll out a Food Pantry ● Reduce stigma and the safety guidelines ● A video ● FAQ sheet ● Social media
<p>Next ACHIEVE Meeting</p>	<ul style="list-style-type: none"> ○ May 5, 2021 ○ 9:00 - 11:00am 	