

# ACHIEVE/REACH Meeting

Action Communities for Health, Innovation and Environmental Change  
 Racial and Ethnic Approaches to Community Health

Wednesday, April 6, 2022

9:00 am-11:00am

Location: Virtual

**Attendees:** James Demry, Charlene McGee, Sonja Hendrix, Elle Neal, Taylor Ford, TK Kapurura, Renee Curtis, Derek Smith, Desha Reed-Holden, Germaine Flentroy, Mary Jo Anderson, Wyman Macon, Royal Harris, Susan Van't Hof, Ronnie Meyers, Darrell Wade, Linda Bryant-Daaka, Ashley Weatherspoon, Espoir Walumwemo, Annie Kirschner, Deidre Schuetz, Haoua Dogo, Joseph Carr, Mahad Hassan, Mikayla Hill, Sarina Satun, Teresa Johnson, Zuna Moseley, Charles Smith, Leslie Esinga, Jay Higgins, Quete Capuia, Carrie Roberson, Josh Mahar, Hannah Williams

Agenda Item	Key Discussion Points	Next Steps/Action Items
<b>Welcome &amp; Introductions</b> <ul style="list-style-type: none"> <li>Roll Call (Enter Name, Organization)</li> </ul>	<ul style="list-style-type: none"> <li>Please introduce yourself in the Chat</li> <li>Elle led us in a grounding exercise</li> </ul>	
<ul style="list-style-type: none"> <li><b>New ACHIEVE co-facilitator</b></li> </ul>	<ul style="list-style-type: none"> <li>Haoua Dogo (co-facilitator)</li> <li>Healthy Active Oregon -Upstream Public Health she will work with REACH to get guests for the ACHIEVE meetings and set the Agenda</li> <li>Offering healthy kid's meals</li> <li>Quick service restaurants to allow for more balanced meals</li> <li>Working with REACH (partnering)</li> <li>Promoting healthy policies</li> <li>Correct accurate information access</li> <li>Promoting understanding between policy and public Health</li> <li>Upstream Public Health:               <ul style="list-style-type: none"> <li>food system network</li> <li>black future farmers - <a href="https://blackfutures.farm">https://blackfutures.farm</a></li> <li>volunteer application <a href="https://blackfutures.farm/volunteer/">https://blackfutures.farm/volunteer/</a></li> <li>RBG Freedom Farm</li> <li>Food Hub w food bus</li> <li>Back to the Root</li> <li>Market development</li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li><b>Celebrating Public Health Week</b></li> </ul>	<ul style="list-style-type: none"> <li>EVENT later today. National Public Health Week</li> <li>Take back to Block 5-6:30pm</li> <li>National Distracted Drivers month</li> </ul>	

<ul style="list-style-type: none"> <li>● <b>Taylor Ford (REACH)</b></li> </ul>	<ul style="list-style-type: none"> <li>● National Walking Day- Oregon Walks April 6, 2022</li> <li>● 1.5 mile walk</li> <li>● 10630 NE Halsey (starting point)</li> <li>● Promote walking w/tips on safety</li> <li>● Come meet up Reach providing incentives</li> </ul>	
<ul style="list-style-type: none"> <li>● <b>Charles Smith, Black Food Sovereignty Coalition</b></li> </ul>	<ul style="list-style-type: none"> <li>● Working with Grandma's Hands (Willie &amp; Vanessa Chambers) <ul style="list-style-type: none"> <li>○ passing on the black food cultural traditions</li> <li>○ focused on black and indigenous farmers</li> <li>○ learning, tasting, enjoying, sharing and meeting</li> <li>○ African Heritage Traditions</li> <li>○ foodhero.org</li> <li>○ working with youth and done in the schools</li> </ul> </li> <li>● Two years just ended(success): <ul style="list-style-type: none"> <li>○ 1632 people served</li> <li>○ 18 events</li> <li>○ 525 families served</li> <li>○ 68 different veggies and fruits</li> <li>○ 90% introduce to new foods</li> </ul> </li> <li>● Volunteer opportunities: <ul style="list-style-type: none"> <li>○ Black Sunday can volunteer at he Black Futures Farm, check the website, FaceBook, and social media</li> <li>○ Two farmers on site</li> <li>○ RBQ Freedom Farm</li> </ul> </li> <li>● Vivian Barnett Fellowship <ul style="list-style-type: none"> <li>○ 15 fellows for year 2</li> <li>○ partnering with Mudbone grown, ecotrust, OSU, REACH, BFSC, East Multnomah soil and water conservation district</li> </ul> </li> <li>● Uplifting Black People to make food, place and economic opportunities accessible</li> </ul>	
<ul style="list-style-type: none"> <li>● <b>MaryJo Andersen</b></li> <li>● <b>Multnomah County Transportation Planning</b></li> </ul>	<ul style="list-style-type: none"> <li>● Bicycle Pedestrian Advisory committee.</li> <li>● 7-19 people from around the county and then they are appointed for two years by the Board of Commissioners</li> <li>● Second Weds 6:30-8:30pm</li> </ul>	

	<ul style="list-style-type: none"> <li>• The City of Portland and City of Gresham oversee most of the roads.</li> <li>• Looking for people who live in the county and or in the unincorporated areas</li> <li>• Application is on the website to be a member</li> <li>• Not as many projects as City of Portland</li> <li>• 238th between Halsey and Glisan has been rebuilt to include pedestrian and bicycle areas.</li> <li>• REACH will provide stipends to those who want to join</li> <li>• charlene.a.mcgee@multco.us or 971.334.4381</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Hannah Williams, ODOT Toll Engagement Coordinator</b></li> <li>• <a href="mailto:hannah.williams@odot.state.or.us">hannah.williams@odot.state.or.us</a></li> <li>• <b>503.894.4173</b></li> <li>• <b>@urbanmobility office</b></li> <li>• <a href="https://www.oregon.gov/odot/tolling/Pages/Advisory-Committee.aspx">https://www.oregon.gov/odot/tolling/Pages/Advisory-Committee.aspx</a></li> </ul>	<ul style="list-style-type: none"> <li>• ODOT in the Urban mobility office</li> <li>• Tolling on or near the Abernathy bridge</li> <li>• All of I-5 to Wilsonville and the rest of the connection to 205 all lanes in both directions.</li> <li>• Tolling to manage congestion- Congestion Pricing</li> <li>• Peak hour tolling</li> <li>• Less congestion off peak hour travel</li> <li>• Hoping to reduce the number of trips a person takes, bolster car pooling</li> <li>• Electronic tolling there may be a transponder in the car, or photos of the license plate generating a bill</li> <li>• Some of the benefits of tolling?</li> <li>• Make the driving experience better</li> <li>• Knowing how long it will take you to travel</li> <li>• Reducing the trips or reducing the traffic</li> <li>• Less air pollution</li> <li>• Roll out may be in 2024, Oregon Transportation Commission is putting together a low income toll report</li> <li>• Two webinars in April and online survey</li> <li>• Dates: <ul style="list-style-type: none"> <li>○ Monday April 25th 7:00pm</li> <li>○ April 28th Noon</li> <li>○ Thursday May 3rd Survey</li> <li>○ CBO May 3, 5:00pm</li> </ul> </li> <li>• Here are the committee members.</li> </ul>	

	<ul style="list-style-type: none"> <li>● Representative &amp; their Organization</li> <li>● Abe Moland, Clackamas County Health and Transportation</li> <li>● Amanda Garcia-Snell, Washington County Community Engagement</li> <li>● Bill Baumann, Community in Motion</li> <li>● Diana Avalos Leos</li> </ul>	
<ul style="list-style-type: none"> <li>● Haoua Dogo</li> <li>● Presentation: “Walkability &amp; Accessibility in Multnomah County” (in support of the REACH Program <a href="#"><u>Physical Activity/Built Environment Strategy</u></a>)</li> </ul>	<ul style="list-style-type: none"> <li>● Walkability and Access</li> <li>● 97233, 97236, 97230 Walking/Transit/Bike</li> <li>● Neighborhood walkability- safe ability to walk, bike to work, or being able to dine or shop</li> <li>● Easier to navigate, no need to drive, creates a sense of community</li> <li>● Lowering rates of diabetes and obesity</li> <li>● Economically - gas, insurance, maintenance, tires</li> <li>● Property, foot traffic real estate property values go up</li> <li>● Dining Groceries parks, cultural entertainment, schools, errands, shopping</li> <li>● Bike Score: lanes, trails, hills, road connectivity, something you want to do with others</li> <li>● Benefits: community navigation environment health , property value</li> <li>● Transit score usefulness to the routes.</li> <li>● <b>97236</b>-Gilhurst -Pleasant Valley area</li> <li>● Lower accessibility- not safe</li> <li>● Car Dependant 14/24/45 W/T/B</li> <li>● <b>97233</b>-Centennial 43/45/76 W/T/B</li> <li>● 150th/Powell</li> <li>● <b>97230</b> Wilkes/Argay 38/35/37 W/T/B</li> <li>● 121st and Skidmore</li>   <li>● Tips on Ramadan : hydrate, don't over exert etc. (handout)</li> </ul>	

<ul style="list-style-type: none"> <li>● <b>Partner and community check ins for upcoming events</b></li> </ul>	<ul style="list-style-type: none"> <li>● Royal Harris: <b>March Against Murder</b>, April 23, 2022, Fernhill park 1:00pm- Khanamowskt Park Event ending at 3:00pm in the Cully Neighborhood</li> <li>● <b>Beyond Black</b> - planning for this year’s Juneteenth meeting, Tuesday in Gresham.</li> <li>● <b>Market Hall</b> May 1st soft opening, May 5th Grand Opening</li> <li>● <b>HBI Black Men Meet and Greet</b> April 21st @ Holy Beanz meet the new manager Bobbie Dickey; April 12th Let that Dad Speak</li> <li>● <b>CAN-</b> How to support Gifted and Talented children, Child Abuse Prevention, Infant massage, Yoga</li> <li>● <b>Black Men’s Wellness-</b>Derrell Wade, Week of Wellness Partnering w/ libraries and BPI and HBI - Physical and Mental Health, Author Jere Armstead, Scott Stewart from Illinois</li> <li>● Juneteenth Block Party <ul style="list-style-type: none"> <li>○ Christopher Scott -Live Broadcast speaking at Oregon Humanities @ Lewis and Clark College May 31st</li> </ul> </li> <li>● <b>Highland Haven</b> is hosting the MTI Dental van April 11, 2022, 9am - 2pm , Health care clinic April 23, 2022, time TBD we will share the flier. Both events will be held at Highland Christian Center on 76th and Glisan</li> <li>● <b>Lutheran Community Center-</b> Substance Abuse Community Parenting Event April 23rd, 2-4pm</li> </ul>	
<ul style="list-style-type: none"> <li>● <b>Next ACHIEVE MEETING</b></li> </ul>	<p>May 4, 2022</p>	