

Aging Services Advisory Council, Disability Services Advisory Council

January 28, 2025

Aging, Disability, and Veterans Services Division

Department of County Human Services

Main features of using Zoom on a computer.

Zoom application features in the works, as requested.

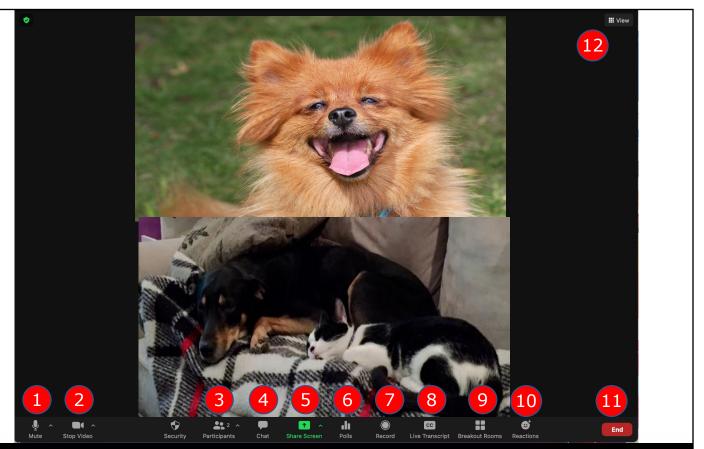


Image of a Zoom platform screen with two dogs in the participant boxes and red circles with white numbers above each of the Zoom button icons.

Land acknowledgement

We are located in Portland, Oregon, Multnomah county.

Today, we honor the Indigenous people whose traditional and ancestral homelands we stand on—the Multnomah, Kathlamet, Clackamas, Tumwater, Watlala bands of the Chinook, the Tualatin Kalapuya and many other Indigenous nations of the Columbia River.



Land acknowledgement, continued

It is important we acknowledge the ancestors of this place and to recognize that we are here because of the sacrifices forced upon them.

In remembering these communities, we honor their legacy, their lives, and their descendants.



Accessibility statement

We will (imperfectly!) model accessible presentation techniques such as:

- Using a minimum of 20 point font on slides.
- Limiting reliance on words and images.
- Orally describe visual presentation elements.
- Taking time on slides.

Accessibility statement, continued

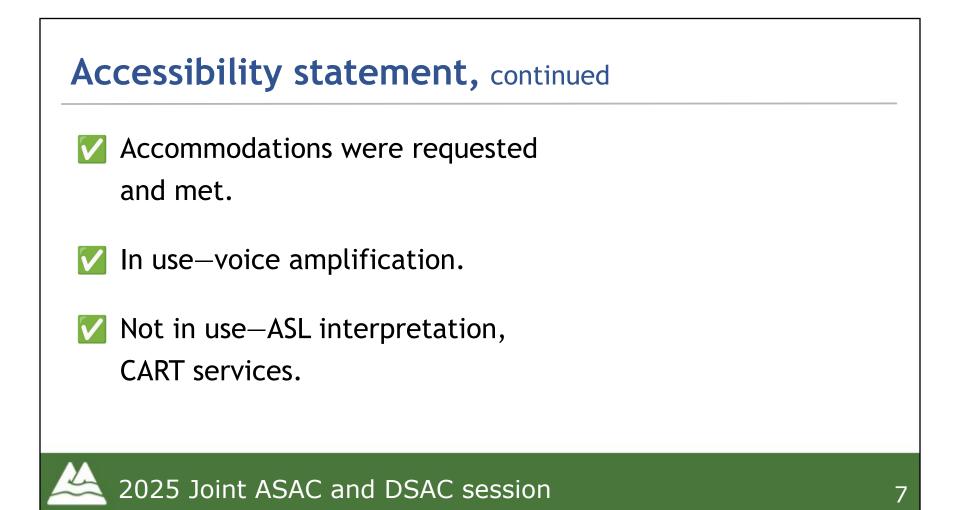


Ask ahead of time if anyone needs accommodations.

🔽 Use a virtual platform with auto-generated closed captioning.

🔽 Include alternate text or image descriptions.





Meeting Goals

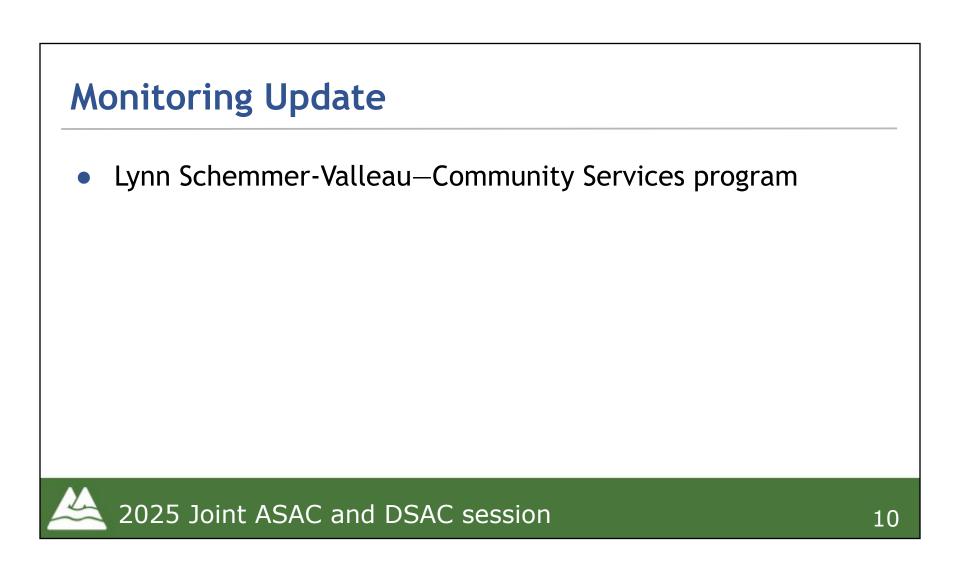
- Welcome and accessibility.
- Land and labor acknowledgements.
- Introductions.
- Monitoring presentation—Community Services program.
- Older Americans Act Area Plan updates.
- Future meetings.
- Council updates and public testimony.

Quick introductions

Please share:

- Your name
- Pronouns
- Prompt What is your favorite plant?





State monitoring overview

The State Unit on Aging requires monitoring of programs funded by the Older Americans Act and State funds.

This year's monitoring

- Nutrition programs.
- Evidence based health promotion programs.
- Legal services program (Senior Law Project).

Older Americans Act overview

Nutrition programs.

- Congregate meals.
- Home delivered meals.

Evidence based health promotion programs.

Legal services.



Results of the State monitoring

- Findings from nutrition monitoring.
- Findings from health promotion monitoring.
- Findings from legal services monitoring.



Best practices identified

- Partnerships with culturally specific meal providers.
- Direct feedback from diners incorporated into menus.
- Culturally specific health promotion providers with trained leaders.



Best practices identified, continued

- Bilingual attorneys and legal staff.
- Community outreach programs on a variety of legal topics, including housing, tenants' rights.



Challenges identified

- Some congregate meal spaces are crowded.
- Recruiting volunteers (volunteer drivers to deliver meals and volunteers at meal sites).
- Lack of pro bono attorneys.
- Unmet needs in the areas of landlord-tenant-housing law, immigration law, and scam prevention-education.



I'M TAKINGA BREAK

15 minute break

2025-29 Area Plan update

- Alex Garcia Lugo, division project manager
- Anne Johnson, research and evaluation
- Jason Normand, research and evaluation
- Marina Khalina, Community Services manager
- Nicole Galport, research and evaluation



ASAC and DSAC feedback added

Planning process

- Building community relationships:
 - Somali American Council of Oregon (SACOO).
 - Asian Health and Service Center (AHSC).
 - Virtual listening session.
 - Additional community listening sessions planned.



ASAC and DSAC feedback added

Takeaways from listening session at SACOO

- View SACOO as the bridge and everything flows from there.
- Interested in a strengthening relationship.
 - Unsure of where to request or access services.
 - Workshop on Medicare vs. Medicaid.
- Top needs:
 - Transportation, documentation, housing.



Focus Areas for service related goals: *required focus areas

- *Information and referral (ADRC).
- *Nutrition.
- *Health promotion.
- *Family (unpaid) caregiver support.
- *Legal assistance and elder rights protection.
- *Older Native Americans.

Focus Areas for service related goals, added areas

- Transportation.
- Veterans services, and Veteran-directed care.
- Care of trans, nonbinary, and Two-Spirit elders.
- Data, program evaluation, and research.

New transportation goal:

• New goal for non-medical transportation services.

New focus areas:

- Care of trans, nonbinary, and Two-Spirit elders.
- Data, program evaluation, and research.



Non-Medical transportation goal

- ADVSD will explore new solutions with transportation community partners to find new ride options that better meet the non-medical transportation (NMT) needs of consumers.
- Objective is to offer additional rides and options.



Care of trans, nonbinary, and Two-Spirit elders

- Reduce barriers for transgender and nonbinary older adults and Two-Spirit elders seeking and accessing services.
- Incorporate feedback and recommendations from transgender and nonbinary older adults and Two-Spirit elders into program decisions.



Data, program evaluation, and research

- Use population data to improve access to services.
- Conduct projects for community feedback and program improvement.
- Increase community knowledge and capacity.
- Expand research efforts about community needs.
- ADVSD's OAA programs have clear activities, outputs, and outcomes with performance measures.



Revisions to Area Plan goals:

- Revised ADRC awareness goal is clearer, more achievable, and more impactful.
- Included gender diverse and LGBTQ2S+ populations in new goals for trans, nonbinary, and Two-Spirit elder care section.



Revisions to Area Plan goals: continued

- Improvement to provider knowledge and communication so that the community is aware of services provided.
- Added community listening sessions with specific populations.



Feedback opportunities

- Today's joint ASAC and DSAC session.
- February ASAC and DSAC meetings. Separate meetings.
- Joint March Meeting Consent in this meeting for final document. Moving to March 6ht (Thursday)
- Present Area Plan to County Commissioners on March 10th and 20th.



Feedback types

After the Older Americans Act Area Plan is posted online:

- Area Plan posted February 3 March 4.
- Submit online feedback.
- Send comments by email or letter to ADVSD.
- Meet in person, by phone or video call with an ADVSD staff person—before March 4.



Feedback Channels

After the Older Americans Act Area Plan is posted online:

- Send comments by email or letter to ADVSD.
 - Email: <u>areaplan@multco.us</u>
 - USPS mail:

Multco ADVSD Area Plan 209 SW 4th Ave Ste 510 Portland OR 97204



March 6, 2025 meeting preparation



Consensus process for the OAA Area Plan

Why Consensus?

- Collaborative.
- Power sharing.
- Emphasizes shared understanding.
- Relationship-oriented.
- Protects marginalized voices and positions.
- Uncovers unintended impacts.



Consensus process for the OAA Area Plan, continued

Seed of Change Video link:

- https://www.youtube.com/watch?v=OYMgLi1WrNg
- <u>https://www.youtube.com/watch?v=FgjgXIxHmm</u>



Consensus process for the OAA Area Plan, continued

What does consensus mean?

- Everyone can support the decision.
- Not everyone needs to believe it is the **best** decision.
- Yet everyone agrees to live with it, to stand in support of its success and to not work against it.



Consensus process for the OAA Area Plan, continued

zero, **one**, or **two** (0-1-2)

- Require additional discussion to determine what else needs to be considered.
- Negotiation and compromise are tools to raise these responses to a **3** or higher.



Consensus process for the OAA Area Plan, continued

three (3)

- Strongly suggests the need to ask what else, if anything, can be done to raise responses to **4** or **5**.
- Important to clarify whether the 3 indicates a substantive reservation that needs to be addressed.



2025 Joint ASAC and DSAC session

Consensus process for the OAA Area Plan, continued

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four or five (4-5)
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- Consensus has been achieved and the proposal can be considered approved.
- Ideally, approval is achieved when all responses are at least **3**s and mostly **4**s and **5**s.





Consensus process for the OAA Area Plan, continued

• Practice?

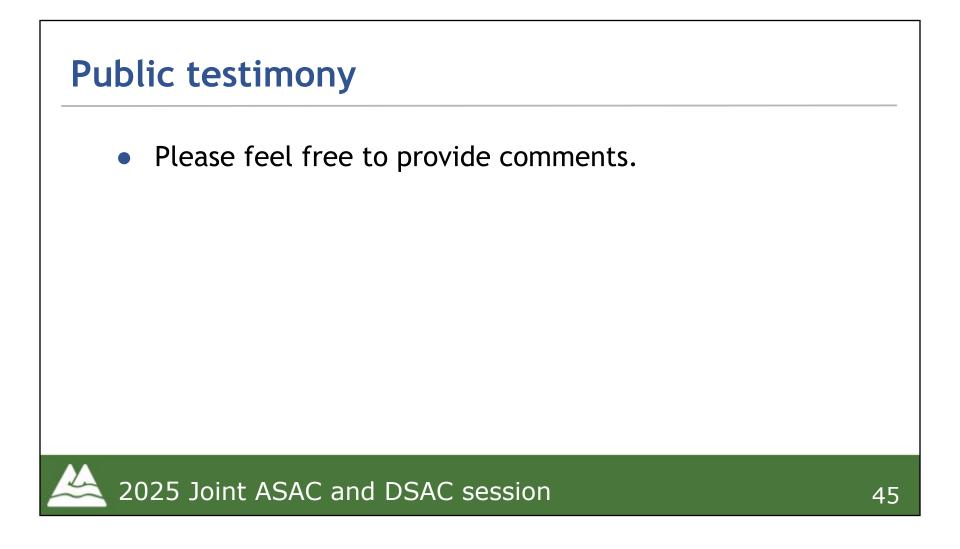


43

Budget season updates

- Chair's budget representative—attending February ASAC and DSAC meetings.
- April 24, Chair's executive (proposed) budget released.
- May 7, budget public hearing (6-8pm) -placeholder.





Wrap-up

- Thanks for attending!
- Next Meeting
 - ASAC-February 18, 2025
 - DSAC–February 27, 2025



Information, referral and assistance (I&R; I&A) and Aging and Disability Resource Connection (ADRC) goals and objectives

Goal 1: Older adults, people with disabilities, and their caregivers know about the ADRC helpline and website. The ADRC is used and seen as a high-quality, easy-to-access tool for finding information, resources, and support. Community members are aware of the ADRC and its related programs.

Measurable objective:

1. Continue operating the ADRC helpline 24/7 and advocate for funding to sustain it, creating ease of access.

Key tasks:

- a. The ADRC will act as the after-hours reporting entity for Adult Protective Services. It will connect people who need help to services and support, 24/7.
- b. ADRC callers can access information and help specific to LTSS and OPI-M service options, even when they call outside traditional business hours.
- c. Appointments for the SHIBA program will be scheduled by calling anytime, 24/7, during the enrollment period.
- Lead position and entity: Community Services senior manager, community resource program manager, and community resource program supervisor.

Start date: July 2025. End date: June 2029.

Measurable objective:

2. ADRC call data meets specific quality standards. State and community partners share data to measure the quality of ADRC contacts and find gaps in who is using the service.

Key tasks:

- a. Data completion rate meets state standards for REALD, SOGIE.
- b. ADRC staff are trained and certified (by Inform USA) to collect accurate information. Use this information to identify gaps in service and needs that are not able to be met.
- c. Conduct internal awareness activities focused on cost savings programs (e.g. Low Income Subsidy Program) with presentations to LTSS and OPI/OPI-M branches and state partners.

Lead position and entity: program manager and program supervisor.

Start date: July 2025. End date: June 2029

Measurable objective:

3. Help service providers and the public learn about and access the ADRC and its related services.

Key tasks:

- a. Conduct ADRC awareness campaigns that include:
 - in-person outreach at community events in every service district and for advisory councils,
 - sharing information on the radio, social media, and program website,
 - sending informational materials directly to households with a focus on low-income older adult households. ADRC staff are trained and certified (by Inform USA) to collect accurate information. Use this information to identify gaps in service and needs that are not able to be met.

- b. Create a training program to teach service providers how to help people use the ADRC. Help will be offered in multiple languages and meet the needs of many different cultures.
- c. Conduct internal awareness activities focused on cost savings programs (e.g. Low Income Subsidy Program) with presentations to LTSS and OPI/OPI-M branches and state partners.

Lead position and entity: program manager and program supervisor.

Start date: July 2025. End date: June 2029

Measurable objective:

4. Attract people who want to learn more about and volunteer with AAA programs like SHIBA.

Key tasks:

- a. Engage, train, and retain a group of 20 or more volunteers for SHIBA.
- b. SHIBA volunteers will: conduct Medicare information and enrollment sessions, complete yearly open enrollment campaigns

Lead position and entity: program manager and program supervisor.

Start date: July 2025. End date: June 2029

Goal 2: Marginalized communities will use housing stabilization Community Services Safety Net program funds to prevent homelessness.

Measurable objective:

Promote the housing stabilization program in specific communities. The Safety Net program criteria prioritizes indigenous people, immigrants, people of color and Veterans.

Key tasks:

- a. Connect NARA and NAYA partner agencies with the CS Safety Net program to refer clients from indigenous communities.
- b. Connect with El Programa Hispano partner agency to establish partnership with the CS Safety Net program and refer clients from Spanish-speaking and Latin American immigrant communities.

Lead position and entity: program supervisor, program case managers.

Start date: July 2025. End date: June 2029.

- c. ADRC staff continue providing assistance to callers with the Safety Net program referral and application.
- Lead position and entity: Community Resource Center Manager (Aging and Disability Resource Connection program manager).

Start date: July 2025. End date: June 2029.

Nutrition services goals and objectives

Goal 1: Older adults will have steady access to enough food that is affordable, culturally appropriate, and that supports their health.

Measurable objective:

Contracted partners will provide culturally specific and culturally responsive congregate meals with additional flexibility of grab-and-go meals.

Key tasks:

a. Assist Partners with developing grab-and-go meal programs that meet the OAA standards and needs of their culturally diverse diners.

b. Continue with grab-and-go meal offerings, incorporating new OAA nutrition standards.

Lead position and entity: contract liaisons, dietitian.

Start date: July 2025. End date: June 2029.

Goal 2: Support community-led efforts to increase food access for older adults and people with disabilities, with emphasis on Black, Indigenous and People of Color.

Measurable objective:

Nutrition services will prioritize partnerships serving marginalized communities.

Key tasks:

- a. Community Services will support partners providing nutrition services to marginalized communities, help create connections between partners, and incorporate new models for service, focusing on BIPOC communities.
- b. Community Services will offer dietitian services, supporting partners to establish menus that meet OAA Nutrition Standards.

Lead position and entity: contract liaisons, dietitian.

Start date: July 2025. End date: June 2029.

c. Continue collaborating with Meals on Wheels and the Native American Pi Nee Waus elders potluck community gathering to provide culturally specific meals and community-focused activities. The potluck community meets weekly with a 3-month break in the summer.

Lead position and entity: contract liaison, program manager.

Start date: July 2025. End date: June 2029.

Health promotion goals and objectives

Goal 1: Community Services in collaboration with the Oregon Wellness Network (OWN) will strengthen connections with healthcare systems to provide support services to older adults, people with disabilities and Veterans.

Measurable objective:

Maintain collaboration with OWN to develop and fund innovative support services.

Key tasks:

- a. Attend and actively participate in weekly OWN meetings, gauge interest in partnerships for the Care Transitions Program.
- b. Explore sustainable funding sources with the OWN network for new and existing services.

Lead position and entity: program manager, senior manager.

Start date: July 2025. End date: June 2029.

c. Explore and align the Care Transitions program for opportunities to diversify funding.

Lead position and entity: program manager.

Start date: July 2025. End date: June 2029.

Goal 2: Older adults and people with disabilities are strongly connected to their community in ways that support their wellbeing and overall health. Programs support healthy active living and chronic disease self-management for older adults, people with disabilities, and Veterans.

Measurable objective:

Diversify opportunities for Health Promotion classes and workshops. Offer classes in the community and in alternative formats.

Key tasks:

- a. Support class leader training and course offering throughout our partner network.
- b. OWN/ARPA grant participation to expand the FCSP Memory Cafe events and Powerful Tools for Providers events.

Lead position and entity: contract liaison, program manager.

Start date: July 2025. End date: June 2029.

Family caregiver goals and objectives

Goal 1: New OPI-M program benefits will be incorporated into the FCSP program service authorization.

Measurable objective:

Train OPI-M case managers on FCSP/OPI-M unpaid caregiver options and how to authorize this service to OPI-M consumers and their caregivers.

Key tasks:

- a. Training is provided to OPI-M case managers.
- b. Design and conduct learning assessment for partner Case Managers to confirm skills learned.

Lead position and entity: contract liaisons, program managers, training coordinator, program specialists sr.

Start date: July 2025. End date: June 2029.

Goal 2: The Family Caregiver Support Program (FCSP) assessment process is informed and centered to meet each family caregiver's needs, including needs that may be culturally specific.

Measurable objective:

Expand the familiarity of staff and partners with FCSP. Train administrators to direct resources with emphasis on services for people who are marginalized based on their race and other identities.

Key tasks:

- a. Provide support and training to community partners as they use the assessment tool to document the diverse needs of family caregivers.
- b. Focus on a culturally specific/equity lens when using the assessment tool to serve family caregivers.

Lead position and entity: FCSP program specialist.

Start date: July 2025. End date: June 2029.

Legal assistance and elder rights goals and objectives

Goal: Older adults and people with disabilities have protection against abuse and financial exploitation, neglect, with particular attention focused on financial stability. Measurable objective:

Older adults have access to legal consultation through the Senior Law Project with an emphasis on access for historically and systematically marginalized communities.

Key tasks:

- a. Continue working with Adult Protective Services and prioritizing consumers referred to the Oregon Money Management Program (OMMP) for Representative Payee services, prioritizing marginalized community members.
- b. Provide quarterly education information to OMMP consumers about financial topics ie fraud risk, consumer education about legal services with focus on prioritizing marginalized communities.

Lead position and entity: program manager, program supervisor.

Start date: July 2025. End date: June 2029.

Native American elders goals and objectives

Goal: Serve Native American elders living in urban areas by supporting agencies that serve them, in collaboration with the district Tribal Navigator and county government relations office's Tribal Liaisons.

Measurable objective:

Reduce barriers for Native American elders to access county services.

Key tasks:

- a. Connect with Tribal Navigator to address barriers to culturally specific Nutrition services (NAYA, Pi Nee Waus).
- b. Establish referral pathways to connect homeless tribal members to contracted partner NARA.

Lead position and entity: program manager, contract liaisons.

Start date: July 2025. End date: June 2029.

c. Connect Native elders to Veterans Services program through the Tribal Navigator.

Lead position and entity: program supervisor.

Start date: July 2025. End date: June 2029.

d. Work with Tribal Liaison to identify future opportunities for collaboration benefiting Native communities.

Lead position and entity: senior manager, program manager.

Start date: July 2025. End date: June 2029.

e. Attend the annual statewide AAA/Tribal Meet and Greet to build strong relationships with the district Tribal Navigator and Native communities.

Lead position and entity: program manager, contract liaisons.

Start date: July 2025. End date: June 2029.

Transportation services goals and objectives

Goal 1: ADVSD will explore innovative solutions with transportation community partners to find new ride options that better meet the non-medical transportation (NMT) needs of our consumers.

Measurable objective:

Additional rides and options for ADVSD consumers will be available for NMT that are safe, cost-effective and efficient.

Key tasks:

a. Explore innovative options for our NMT program to address unmet needs and budget constraints in the current program. Connect with state programs and other AAAs locally and nationally to share exploratory findings.

b. Develop and propose a pilot program exploring one or more new options with specific parameters and ways to measure success.

Lead position and entity: program manager, program specialists.

Start date: July 2025. End date: June 2029.

Goal 2: OPI-M program participants know about and use Non Medical Transportation (NMT) services.

Measurable objective:

OPI-M case managers know about transportation options and authorize NMT for consumers. Advocate for continued operation of the NMT program.

Key tasks:

a. Train OPI-M case managers on transportation options and authorization.

Lead position and entity: OPI-M supervisor, data quality manager, program manager, training coordinator.

Start date: July 2025. End date: June 2029.

b. Design and conduct learning assessment for partner Case Managers to confirm skills learned.

Lead position and entity: Data quality manager, program manager, training coordinator, program specialist.

Start date: July 2025. End date: June 2029.

c. Advocate for NMT program funding, including participating in the TriMet Statewide Transportation Investment Funds group.

Lead position and entity: Senior manager, program manager, ASAC members.

Start date: July 2025. End date: June 2029.

Transgender and nonbinary older adults and Two-Spirit elders goals and objectives

Goal 1: Transgender and nonbinary older adults and Two-Spirit elders know about, use, and value ADVSD services.

Measurable objective:

Reduce barriers for transgender and nonbinary (TNB) older adults and two spirit (2S) elders seeking and accessing services from ADVSD and the aging services network.

Key tasks:

- a. Seek and attend LGBTQ+-specific outreach events, such as Pride Northwest, to promote AAA services.
- b. Connect with existing programming for LGTBQ+ elders, including Friendly House's Elder Pride Services and Q Center, for promotion, collaboration, and exploring additional funding sources for community-specific services. ADVSD's Older Adult Behavioral Health Initiative (OABHI) will offer specific programming for TNB/2S older adults.

Lead position and entity: program manager, program supervisor, outreach specialist.

Start date: July 2025. End date: June 2029.

c. Conduct ongoing training for ADVSD staff on transgender, nonbinary, and two spirit identities to increase competence and quality of service.

Lead position and entity: program manager, program supervisor.

Start date: July 2025. End date: June 2029.

Goal 2: Transgender and nonbinary people are involved in community-centered processes to improve services for older adults and people with disabilities.

Measurable objective:

Incorporate feedback and recommendations from transgender and nonbinary older adults and two spirit elders into program decisions.

Key tasks:

a. Recruit for ADVSD advisory councils to ensure TNB/2S representation on ASAC and DSAC.

Lead position and entity: senior manager, project manager.

Start date: July 2025. End date: June 2029.

- b. Use insights collected from community interviews to inform service recommendations.
- c. Research and document LGBTQ+ knowledge, skills, and abilities (KSA) in new and existing staffing models within ADVSD

Lead position and entity: data quality manager, research & evaluation team.

Start date: July 2025. End date: June 2029.

Veterans services goals and objectives

Goal 1: Veterans and their families are aware and able to access potential VA benefits such as VA pension, disability and health benefits.

Measurable objective:

Engage eligible veterans and family members with targeted outreach.

Key tasks:

a. Identify and attend new outreach events to reach marginalized communities' Veterans.

Lead position and entity: program supervisor, veterans services officer, outreach coordinator.

Start date: July 2025. End date: June 2029.

- b. Participate in the planning and implementation of the new Vet Court.
- c. Connect with the District Tribal Navigator to promote Veterans services to Tribal members.

Lead position and entity: program supervisor, veterans services staff.

Start date: July 2025. End date: June 2029.

Goal 2: Align with the National VA Health Administration goals to enhance and expand Veteran-Directed Care (VDC) services across the state.

Measurable objective:

Develop and expand VDC service offerings, focusing on marginalized Veterans' communities (BIPOC, houseless, and Veterans struggling with MH issues).

Key tasks:

- a. Identify processes, capacity, and efficiency for VDC services.
- b. Act as a VDC program statewide Hub; develop statewide manual to identify policies and procedures aligning to Administration for Community Living VDC guidelines.

Lead position and entity: process improvement lead, program supervisor, veterans services staff.

Start date: July 2025. End date: June 2029.

c. Conduct 3-month onboarding surveys and 12-month satisfaction surveys with VDC service users.

Lead position and entity: ADRC staff, program supervisor, veterans services staff.

Start date: July 2025. End date: June 2029.

Data, program evaluation and research goals and objectives

Goal: Improve program outreach and performance using community feedback and data gathered through program evaluation and research activities.

Measurable objective:

1. Estimate Multnomah County's population and demographic characteristics. Use the data to improve access to services, culturally specific services, and employee recruitment efforts.

Key tasks:

- a. Complete reports on population characteristics for each of the five service districts in Multnomah County. Share these reports with ASAC, DSAC, and service providers to improve outreach and service delivery.
- b. Estimate the number of people in Multnomah County who are eligible for different ADVSD services. Identify differences and possible disparities between populations eligible for services and those receiving services. Share the results with ASAC, DSAC, and service providers.
- c. Identify ways to improve service outreach and access to underserved populations.

Lead position and entity: administration team, research and evaluation analyst sr.

Start date: July 2025. End date: June 2029.

Measurable objective:

2. Conduct program evaluations utilizing equity and community centered methods to gather feedback from community members and improve ADVSD processes and programs.

Key tasks:

- a. Conclude the evaluation of the 2023 Community Services contracting process (RFPQ) for OAA services. Share results with ASAC and DSAC.
- b. Conduct an evaluation of participant satisfaction and outcomes for the Transportation Services program.
- c. Conduct an evaluation of participant satisfaction and outcomes for the Family Caregiver Support Program.
- d. Maintain and expand the number of programs gathering regular participant feedback through the Participant Experience Project (PEP).

Lead position and entity: administration team, research and evaluation analyst sr.

Start date: July 2025. End date: June 2029

Measurable objective:

3. community partners' research and evaluation knowledge and skills to enhance their internal data and evaluation capacity.

Key tasks:

a. Collaborate with ASAC/DSAC to develop a community-informed research and evaluation strategy.

b. Develop and conduct community partner capacity building training and consultations for interested providers.

Lead position and entity: administration team, research and evaluation analyst sr.

Start date: July 2025. End date: June 2029

Measurable objective:

4. Expand community based research efforts to understand the needs of community members who may not already use ADVSD services and programs.

Key tasks:

- a. Conduct additional in-depth analyses of the 2024 Needs Assessment to determine current unmet community needs.
- b. Facilitate additional community listening sessions for focus areas identified in the Area Plan to gather feedback on how best to address unmet needs. This includes listening sessions with older Native Americans and trans and nonbinary elders.

Lead position and entity: administration team, research and evaluation analyst sr.

Start date: July 2025. End date: June 2029

Measurable objective:

5. Each of ADVSD's OAA programs will have clearly articulated activities, outputs, and outcomes (Theory of Change Model) with associated performance measures.

Key tasks:

- a. Create or update the Theory of Change Model for each OAA funded program.
- b. Gather feedback from ASAC/DSAC and community members to ensure the Theory of Change Models accurately reflect their experience with services.

c. Complete Key Performance Indicators for at least one output and one outcome measure for each OAA funded program.

Lead position and entity: administration team, research and evaluation analyst sr.

Start date: July 2025. End date: June 2029