



Aging, Disability, and Veterans Services Division  
**Aging Services Advisory Council (ASAC)**  
 Tuesday, Jan. 20, 2026, 10:00 am – 12:00 pm  
 Five Oak Building, 209 SW 4th Ave, Portland, OR 97204  
 Virtual Meeting Via Zoom

**Zoom link:** <https://multco-us.zoom.us/j/94294725561?pwd=8ZEEiVfu9sCg74q4yUeayQEF5HVkI2.1>  
 Meeting ID: 942 9472 5561 – Passcode: Sac.2025

Time	Agenda Item	Lead
<b>Attendees:</b> Members	John Halfmoon, Scott Moore, Lawrence Macy, Monique Torres, Brandy Penner	
ADVSD	Sarah Feldman, Deric Anderson, Marina Khalina, Jeremy Nguyen, Nicole Galport, Jacob Mestman, Michael Graham, Jason Normand	
Guests	Barb. Rainish	
10:00	Meeting open for sign on	All
10:00 (10 min)	Opening – Zoom review and accessibility Land acknowledgment Introductions – Please share your name and pronouns Agenda review – <i>call for public comment</i>	
10:10 (50 min)	Annual Planning Discussion <ul style="list-style-type: none"> <li>- Sarah reviewed Area Plan focus areas and their objectives which are related to ASAC and DSAC. Topics include: I&amp;R, Transportation services, Trans, nonbinary and two-spirited elders, and Data, program evaluation and research.</li> <li>- Brandy asked how we conduct recruitment and outreach for new members.</li> <li>- Sarah shared that we are tabling at events and asked how members can help with recruitment.</li> <li>- Brandy replied that Elder Pride Services would be a great place, and she can help connect us with them.</li> <li>- Barb said that tabling with council members could be helpful.</li> <li>- Sarah shared that Rosemary tables with various resources.</li> <li>- Scott said that the voices of the LGBTQ population need to be heard. Recruitment can be difficult right now, and it is important to avoid tokenism. He also asked if members can be a part of different aspects of projects like going to</li> </ul>	Sarah F.

Time	Agenda Item	Purpose	Lead
	<p>public meetings. This type of work might help with recruitment.</p> <ul style="list-style-type: none"> <li>- Barb said she is interested in non-emergency transportation and the ADRC line. O4AD discussed "secret shoppers," and she would be interested in participating in this work.</li> <li>- Sarah asked what tasks and projects members are interested in.</li> <li>- Scott said the Chair is conducting a budget listening session, and he is wondering about the cuts and impacts to the AAA. It would be helpful to know the impacts as it will affect the work we do.</li> <li>- Marina shared that the county budget process just started and we are preparing our budget. Our focus last year was to prioritize our service providers and we are wanting to keep our partners funding protected also this year.</li> <li>- Scott asked if there could be an online drive for members with shared public documents.</li> <li>- Sarah shared that she is open to agenda feedback from members.</li> <li>- Scott suggested we table at the Meaningful Care Conference in March (LGBTQIA2S + health &amp; wellness).</li> <li>- Sarah said that members can request capacity building presentations from programs.</li> </ul>		

**Next Steps and Action Items**

- Add a question to the member interest form - ask how people heard about ASAC/DSAC.
- Create a drive for members with shared public documents.

<b>11:00</b>	<b>BREAK</b>
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11:15 (10 min)	<p>Bylaws - review final draft</p> <ul style="list-style-type: none"> <li>- Marina provided an overview of the bylaws and shared that we have made updates in regards to the O4AD toolkit. Article II outlines core responsibilities. Article III outlines membership and Terms of Service, this includes the appointment process and duration of terms. Article IV outlines the roles of officers, which is a two year appointment for the chair and co-chair of ASAC. Section 3</li> </ul>	Sarah and Marina
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Time	Agenda Item	Purpose	Lead
	<p>outlines mentorship and development. Article V outlines staff roles and responsibilities, which have not changed. Section 2 discusses vacancies and participation. Article VI outlines meetings and actions, actions need to be passed by consensus. Article VII outlines conflict of interest and ethics. This has been updated with O4AD, and members will now need to sign the annual confidentiality statement.</p> <ul style="list-style-type: none"> <li>- Barb asked if more than half the members need to be over the age of 60 and if there is an age limit.</li> <li>- Marina said this is an O4AD requirement, however, we are more flexible and prioritize lived experience.</li> <li>- Barb. asked if there is a limit to how many terms someone can serve for.</li> <li>- Marina said that there is not a limit to how many terms someone can serve, although each term is 3 years.</li> <li>- Barb. said that the bylaws state there are 12 meetings, although it can be canceled by staff and it does not include rescheduling. She also asked what the mentorship and conflict trainings are.</li> <li>- Marina responded that mentorship is with established members who can mentor new members and share lived experience. We need clarification on the conflict training because we are not sure if we will use our internal training or if the state will provide it.</li> </ul> <p>Marina also said that we are hoping that the Chair and Vice chair will help with creating the agenda and providing recommendations to the commissioners when needed. The subcommittee section does not have any changes.</p> <ul style="list-style-type: none"> <li>- Barb. suggested we post the agenda and slides online before the meeting.</li> <li>- Marina shared that Article X outlines Joint coordination between DSAC and ASAC. Both councils have shared interests and can meet jointly to provide feedback. We will not attempt to merge the councils into one. ASAC and DSAC will remain separate councils, and there are requirements for amendments.</li> <li>- Barb. asked if legal will review the bylaws.</li> <li>- Marina said that we will send this to legal.</li> </ul>		

Time	Agenda Item	Purpose	Lead
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**Next Steps and Action Items**

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<p>11:25 (20 min)</p>	<p>Area Plan Update: Nutrition Program Introduction to the Baseline Project</p> <ul style="list-style-type: none"> <li>- Jason provided an overview of the baseline project. This is a data project that covers 32 programs with a goal of establishing performance management tools. This is a system to measure success of the program's main activities.</li> <li>- Nicole shared that the purpose of this project is to create and maintain consistency within ADVSD. Each program is different, although this will help create tools and establish transparency and consistency to keep us accountable. Staff turnover is a main reason for creating constancy within the programs. Communication is also very important, and we are hoping to have one or two pages to show data for decision making.</li> <li>- Jason shared information on logic models. This is a visual of what programs do and the resources that are needed for the output of what the program achieves.</li> <li>- Nicole said that we are hoping for feedback from ASAC at a later date and this is just to present this information. We are wanting to work collaboratively and are currently working with APS and nutrition services. Nicole provided an example of CS nutritional services.*</li> <li>- Scott asked how the model incorporates continuous improvement processes, such as Plan, Check, Do, Act. Specifically, where do the councils fit into the 10 programs that need this and that are in the Area Plan. The councils operate as advisory committees as opposed to oversight.</li> </ul>	<p>Nicole G. and Jason N.</p>
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**Next Steps and Action Items**

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<p>11:45 (5 min)</p>	<p>Announcements and updates</p> <ul style="list-style-type: none"> <li>- Training opportunity: Advocacy training offered through</li> </ul>	<p>Sarah</p>
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Time	Agenda Item	Purpose	Lead
	<p>O4AD - register by January 23rd.</p> <ul style="list-style-type: none"> <li>- Budget Survey</li> <li>- County Budget 101 Workshop</li> <li>- Area Plan annual review</li> <li>- Legislative short session begins</li> <li>- O4AD spring in-person meeting (Salem)</li> <li>- Proposed merging ASAC and DSAC meetings in spring for the spring O4AD meeting.</li> <li>- Advisory Council info video</li> </ul>		

**Next Steps and Action Items**

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<p>11:50 (10 min)</p>	<p>Public comment</p> <ul style="list-style-type: none"> <li>- Marina asked for clarification from Scott.</li> <li>- Scott asked about the 10 different OAA programs and how updates will be presented to ASAC. He also asked how feedback works since we are not an oversight council.</li> <li>- Nicole responded that the logic models are a communication tool and she is wanting feedback to see how the work reads to the public. This will be a routine check in, and is mainly wanting public feedback on the work.</li> <li>- Scott said this is a lot of work and thinks this is a great way to show that the work is being done along the way in regards to the Area Plan for four years.</li> <li>- Marina said that it is great to work with the councils for feedback being done on our work.</li> <li>- Nicole said this is great and we should establish clear goals and expectations.</li> <li>- Barb. asked about PDSA.</li> <li>- Marina said we need to do this continuously to see how the programs are doing.</li> </ul>	
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**Next Steps and Action Items**

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<p>12:00 pm</p>	<p><b>Adjourn!</b></p>
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Time	Agenda Item	Purpose	Lead
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**Upcoming Meetings:**

- ASAC: Tuesday, Feb 17th, 2026, 10:00am - 12:00pm
- DSAC: Wednesday, Feb 18, 2026, 10:00am - 12:00pm

**Common acronyms used in ASAC Meetings** – While we strive to avoid acronyms and jargon here are some you may hear in ASAC meetings

- ADRC - Aging, Disability Resource Connection (Center)
- ADVSD - Aging, Disability and Veterans Services Division, DCHS
- APD - Aging and People with Disabilities, Oregon Department of Human Services
- APS - Adult Protective Services
- ASAC - Aging Services Advisory Council
- BIPOC - Black, Indigenous, and other People of Color
- DCHS - Department of County Human Services (Multnomah)
- DSAC - Disability Services Advisory Council
- LTSS - Long Term Services and Supports
- NEMT - Non-Emergent Medical Transportation
- O4AD - Oregon Association of Area Agencies on Aging and Disabilities
- OAA - Older Americans Act
- ODHS - Oregon Department of Human Services (also called DHS)
- OPI and OPI-M - Oregon Project Independence (- Medicaid)



# **Aging Services Advisory Council (ASAC)**

**January 20, 2026**

Aging, Disability, and Veterans  
Services Division

Department of County Human Services

# Meeting goals

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- Welcome and accessibility
- Land acknowledgement
- Introductions
- Annual Planning Discussion
- Break
- Bylaws Review Discussion
- Area Plan Update: Nutrition, Key Performance Indicators (KPI's)
- Public testimony
- Closing



Main features of using Zoom on a computer.

Zoom application features in the works, as requested.

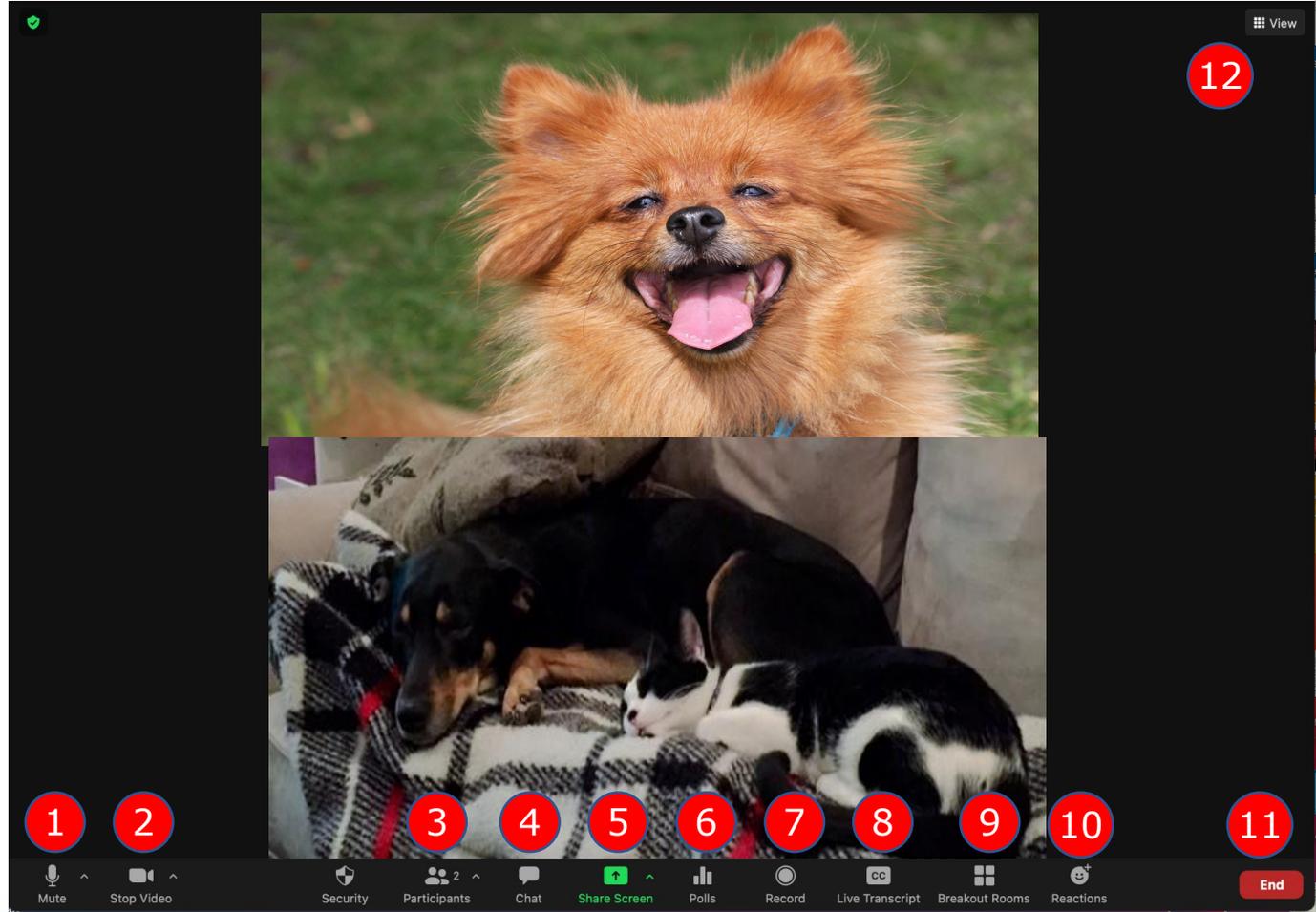
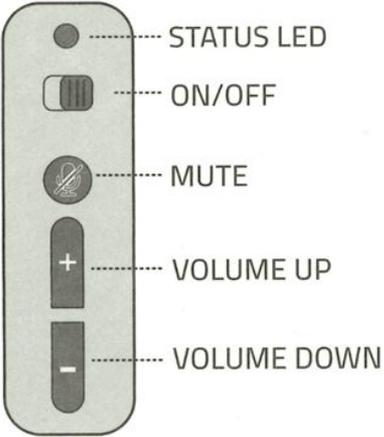
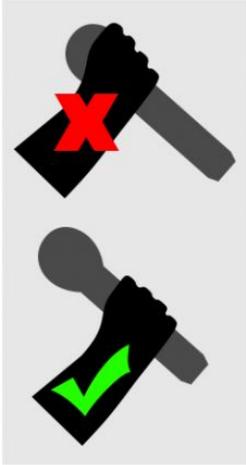


Image of a Zoom platform screen with two dogs in the participant boxes and red circles with white numbers above each of the Zoom button icons.

# Using the microphone



Hold the mic about 5cm/2" from your mouth...



and don't cup it!  
(unless you're rapping)



# Accessibility statement

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We will (imperfectly!) model accessible presentation techniques such as:

- Using a minimum of 20 point font on slides.
- Limiting reliance on words and images.
- Orally describe visual presentation elements.
- Taking time on slides.
- Ask ahead of time if anyone needs accommodations.



## Accessibility statement, continued

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- Use a virtual platform with auto-generated closed captioning.
- Include alternate text or image descriptions.
- Accommodations were requested and met.
- In use—voice amplification.
- Not in use—ASL interpretation, CART services.



# Land acknowledgement

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We are located in Portland, Oregon, Multnomah county.

Today, we honor the Indigenous people whose traditional and ancestral homelands we stand on—the Multnomah, Kathlamet, Clackamas, Tumwater, Watlala bands of the Chinook, the Tualatin Kalapuya and many other Indigenous nations of the Columbia River.

It is important we acknowledge the ancestors of this place and to recognize that we are here because of the sacrifices forced upon them.

In remembering these communities, we honor their legacy, their lives, and their descendants.



# Quick introductions

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Please share:

- Your name
- Pronouns



# Annual Planning Discussion

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- Review the Area Plan Focus Areas
- Identify the Focus Areas with directly related ASAC/DSAC tasks
- Review the Goal under the Focus Area, Measurable Objective and associated task
- Reflective discussion to reach consensus on what the council wants to work on this year



# Area Plan: List of the Focus Areas

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- Information & Referral
- Nutrition
- Health Promotion
- Family Caregivers
- Legal Assistance & Elder Rights
- Native American Elders
- Transportation Services
- Trans, Nonbinary and Two-Spirit elders
- Veterans services



# Area Plan: Focus Areas with ASAC/DSAC task(s)

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- **Information & Referral**
- Nutrition
- Health Promotion
- Family Caregivers
- Legal Assistance & Elder Rights
- Native American Elders
- **Transportation Services**
- **Trans, Nonbinary and Two-Spirit elders**
- Veterans services
- **Data, Program Evaluation and Research**



# Focus Area: Information & Referral Focus

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- Goal: Older adults, people with disabilities, and their caregivers know about the ADRC Helpline and website. The ADRC is used and seen as a high-quality, easy-to-access tool for finding information, resources, and support. Community members are aware of the ADRC and its related programs.
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- Measurable objective 3:

Help service providers and the public learn about and access the ADRC and its related services.

## Task:

- Begin an advocacy group with ASAC/DSAC to strategize how to ensure District Senior Center providers are available to all populations in their service district.



# Focus Area: Transportation Focus

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- **Goal:** ADVSD will explore innovative solutions with transportation community partners to find new ride options that better meet the non-medical transportation (NMT) needs of our consumers.
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**Measurable objective:**

**Additional rides and options for ADVSD consumers will be available for NMT that are safe, cost-effective and efficient.**

**Task:**

- **Begin an advocacy group with ASAC & DSAC members to strategize how to expand transportation services.**



# Focus Area: Trans, Nonbinary and Two- Spirit Elders Focus

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- Goal: Transgender and nonbinary people are involved in community-centered processes to improve services for older adults and people with disabilities.
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Measurable objective:

Incorporate feedback and recommendations from transgender and nonbinary older adults and two spirit elders into program decisions

Task:

- Recruit for ADVSD advisory councils to ensure TNB or 2S representation on ASAC and DSAC.



# Focus Area: Data, Program Evaluation & Research

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- Goal: Improve program outreach and performance using community feedback and data gathered through program evaluation and research activities.

Measurable objective 1:

Estimate Multnomah County's population and demographic characteristics. Use the data to improve access to services, culturally specific services, and employee recruitment efforts.



# Focus Area: Data, Program Evaluation & Research (cont.)

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- Task 1: Complete reports on population characteristics for each of the five service districts in Multnomah County. Share these reports with ASAC, DSAC, and service providers to improve outreach and service delivery.
- Task 2: Estimate the number of people in Multnomah County who are eligible for different ADVSD services. Identify differences and possible disparities between populations eligible for services and those receiving services. Share the results with ASAC, DSAC, and service.



# Focus Area: Data, Program Evaluation & Research (cont.)

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## Measurable objective 2:

Conduct program evaluations utilizing equity and community centered methods to gather feedback from community members and improve ADVSD processes and programs.

Task: Conclude the evaluation of the 2023 Community Services contracting process (RFPQ) for OAA services. Share results with ASAC and DSAC.



# Focus Area: Data, Program Evaluation & Research (cont.)

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Measurable objective 3:

Increase community partners' research and evaluation knowledge and skills to enhance their internal data and evaluation capacity.

Task: Collaborate with ASAC/DSAC to develop a community- informed research and evaluation strategy.



# Focus Area: Data, Program Evaluation & Research (cont.)

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Measurable objective 5:

Each of ADVSD's OAA programs will have clearly articulated activities, outputs, and outcomes (Theory of Change Model) with associated performance measures.

Task: Gather feedback from ASAC/DSAC and community members to ensure the Theory of Change Models accurately reflect their experience with services.



# Annual Planning Discussion Questions

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- Which tasks caught your attention and why?
- During the reading of these tasks, was anything surprising or unclear for you?
- What did you notice or learn from reviewing the tasks again?



# Annual Planning Discussion Questions

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- What is the task that you are most interested in?



# Annual Planning Discussion Questions

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- Are there any projects or work different from or in addition to this list that you are interested in?



# Annual Planning (cont.)

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- Development of ASAC Policies & Procedures manual
- Advocating on the Multco budget committee
- Prepping written or verbal testimony for the legislative session
- Agenda development
- ASAC member recruitment
- Other Advocacy, Outreach, ASAC development?



15-minute break

**I'M TAKING  
A BREAK**

# Bylaws Review

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[Link to Draft Final ASAC bylaws 2026](#)



# Area Plan: Performance Management Baseline

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- Establish a baseline set of performance management tools for each program; tools will help to define the programs, their main activities, intended goals and measures of success.
  - Logic Models
  - Program Summary
  - Key Performance Indicators
  - Maintenance / Review plan



# Purpose

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- Consistency across programs
- Transparency and accountability
- Data accuracy and reliability
- Sustainability and institutional knowledge
- Communication
- Decision making



# Logic Models

Inputs / Resources

Activities

Outputs

Outcomes

## What program does

- Planned work
- What resources are needed and available?
- How will the program address the need/problem?

*Implementation monitoring*

## What program achieves

- Program's desired results
- What do you expect to see?
- Setting SMART goals
  - Specific
  - Measurable
  - Attainable
  - Realistic
  - Time-bound



# Example: Nutrition Services

Deliverable	Description	Link
<b>Nutrition Logic Model</b>	A visual representation of the nutrition program including inputs, activities, outputs, outcomes, and impacts. REA Seniors reviewed program materials to create an initial draft of the logic model which was then validated and finalized with key program staff.	<a href="#">Nutrition Services Logic Model</a>
<b>Program Summary</b>	A two-page summary of the nutrition program logic model, including the main issue the program addresses.	<a href="#">Nutrition Services Program Summary</a>
<b>Key Performance Indicators (KPI)</b>	A KPI is a quantifiable metric used to track progress towards a stated objective. KPIs are aligned with ADVSD Performance Management Framework and are guided by various Department and Division strategic initiatives.	<a href="#">KPI Catalog</a> (filter “Program” column for Nutrition Services)
<b>Bonus Deliverables</b>	Additional products or procedures produced as a result of the Performance Management review process.	<a href="#">Program Overview: Nutrition Services Logic Model Literature Review</a>



# ADVSD Performance Management Baseline Logic Model: CS Nutrition Services Program

**Program Description:** Provide older adults, people with disabilities, and Veterans with equitable access to quality nutrition services that meet their diverse needs. As part of the Community Services continuum of care, and with funding from the Federal Older Americans Act (OAA) and County, our network of community partners provides nutritious congregate and home-delivered meals, as well as nutrition education. The program is designed to promote nutrition and overall health, reduce social isolation, and support independence for participants.

Planned Work: What your program does...		Intended Results: What your program expects to achieve from what it does...			
Inputs	Activities	Outputs	Short-term Outcomes	Long-term Outcomes	Impacts
What resources and investments does your program use?	What action/work is your program/staff doing for participants?	What did activities produce for participants? How much work was done by the program?	What immediate/short-term changes are expected for participants from activities?	What long-term changes are expected for participants from activities or prior outcomes?	What changes are expected in the community, beyond the participant?
<ul style="list-style-type: none"> <li>ADVSD staff (positions, * denotes full time)               <ul style="list-style-type: none"> <li>Registered Dietitian*</li> <li>Contract Liaison</li> <li>Program Technicians</li> <li>Data Quality &amp; Training Coordinator</li> <li>Budget Staff</li> <li>Program management</li> </ul> </li> <li>Providers/Partners               <ul style="list-style-type: none"> <li>Congregate Meals: AHSC, EPHC, IRCO, MOWP, NAYA, Stone Soup</li> <li>Home Delivered Meals: EMO, MOWP</li> <li>Subcontracted meal providers (e.g. restaurants for CS meals)</li> <li>Partner-coordinated volunteers &amp; nutrition educators</li> </ul> </li> </ul>	<p>Contracted providers/partners:</p> <ul style="list-style-type: none"> <li>Provide congregate (group) meals</li> <li>Provide home delivered meals and resources</li> <li>Conduct nutrition screening and assessment and identify nutrition risk</li> <li>Conduct nutrition education</li> </ul> <p>Program staff:</p> <ul style="list-style-type: none"> <li>Review meal menus</li> <li>Conduct nutrition education at congregate meals</li> <li>Conduct contract management functions (e.g. service</li> </ul>	<ul style="list-style-type: none"> <li>Congregate Meals               <ul style="list-style-type: none"> <li># of opportunities (congregate meal events offered)</li> <li># of meals provided</li> <li># of individuals served (CR &amp; CS)</li> </ul> </li> <li>Home Delivered Meals               <ul style="list-style-type: none"> <li># of meals provided</li> <li># of individuals served (CR &amp; CS)</li> </ul> </li> <li>Nutrition screening and assessment               <ul style="list-style-type: none"> <li># of screenings/assessments</li> <li># of individuals identified as high nutrition risk</li> </ul> </li> <li>Education &amp; Counseling               <ul style="list-style-type: none"> <li># of education contacts</li> <li># of congregate sessions</li> <li># of HDM sessions</li> <li># of attendees</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Increased awareness of other services (e.g. OAA, Medicaid, SNAP)</li> <li>Increased social and cultural interactions</li> <li>Increased knowledge of good nutrition and healthy eating</li> <li>Increased access to meals and healthy food options</li> <li>Healthier diets (e.g. improved nutrient intake, overall diet quality)</li> <li>Improved safety (e.g. wellness checks)</li> </ul>	<ul style="list-style-type: none"> <li>Improved social connectedness and mental health (e.g. reduced loneliness, isolation, &amp; depression)</li> <li>Reduced poor nutrition risk (e.g. reduction in nutrition risk scores: "Eats fewer than two meals per day"; "Eats few fruits, vegetables, milk products"; &amp; "Eats alone most of the time")</li> <li>Reduced food insecurity</li> <li>Increased independence (e.g. ability to live in home on own terms; less likely to be admitted to a nursing care facility or institutionalized)</li> <li>Reduced healthcare utilization &amp; expenditure (e.g. emergency department visits, hospital admissions, out-of-pocket)</li> </ul>	<ul style="list-style-type: none"> <li>Increased intergenerational social connectedness</li> <li>Older adults are seen as a valuable part of the community</li> <li>A more connected and accessible service system</li> <li>Increased support for family and community members</li> <li>Reduced healthcare system utilization &amp; expenditure (e.g. medical system, institutions, medicare spending)</li> <li>Supported local economies (e.g. partners,</li> </ul>



# Current Status

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- Working on two separate projects: Adult Protective Services and Veterans Direct Care
- We plan to bring several models to ASAC in “batches” for review and discussion



# Training Opportunity

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[Advocacy Training](#) offered through O4AD - Register by January 23rd

**Training Date Wednesday, January 28 2026. 9:00 am - 11:00 am via zoom**

O4AD is pleased to announce our 2026 Advocacy Training & Legislative Update. As the Legislative Session is about to get underway, we will be talking about how to advocate in this new environment, principles of effective advocacy, a preview of the session and who will be there as well as the issues we are working on for the session.



# Engage with the County budget

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## Complete the FY27 Budget Survey!

Multnomah County Chair Jessica Vega Pederson has opened the Fiscal Year 2027 (FY27, 2026-2027 budget year) survey! This year Multnomah County faces a forecasted \$10.5 million deficit for the General Fund. In order for the budget to reflect your values and priorities, Chair Vega Pederson is looking for as much input and engagement from as many people as possible. Please share these opportunities and resources with your networks, friends, and family members.

- Survey responses will inform the Chair's executive budget, released on April 16, 2025
- All survey responses are anonymous
- This survey should take approximately 5-10 minutes.
- Responses accepted until **Friday, February 22.**
- A summary of the results will be posted online. Check out [last year's results here](#).
- The survey is accessible in many languages.

[Take the FY27 Budget Survey!](#)



# Engage with the County budget (cont.)

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## County Budget 101 Workshops

The Chair's office is also offering Budget 101 sessions to learn about the county budget process. If you're curious about the budget, how decisions are made, and how to make your voice heard - this training is for you!

Upcoming Budget 101 trainings:

- Saturday, January 24, 10:00 AM - 12:00 PM @ Midland Library
- Wednesday, February 04, 6:00PM - 7:30PM @ Gresham Library

Chair's Virtual Town Hall:

- Saturday, April 7th, 10:30AM - 12PM

**[Register for Budget 101 and/or the 2/7 Chair's Budget Town Hall!](#)**



# Announcements & Reminders

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- Area Plan annual review due by July 31
- Legislative short session begins 2/2/26
- O4AD Winter meeting was held 1/14/26
- O4AD Spring in-person meeting, 4/14-4/15 in Salem
- Combined ASAC/DSAC meeting for April, Tuesday 4/21/26
- MultCo. Office of Community Involvement (OCI)
- NARA New Year's Eve Sobriety Powwow, tabled on 12/31/25
- 2SLGBTQ+ Meaningful Care Conference, tabling 3/31/26
- Other opportunities for outreach & involvement?
- Reminder: Participate in Advisory Councils info video



# Public testimony and council updates

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- Please feel free to provide comments.



# Wrap-up

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- Thanks for attending!
- Next meeting – Tuesday, February 17, 2026
  - 10am-noon

