

# Aging Services Advisory Council (ASAC)

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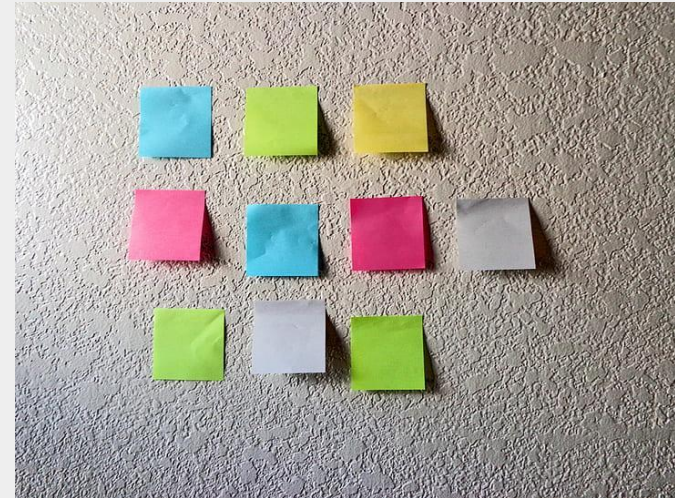
September 2024 Advisory Councils

# Meeting Overview

1. **Welcome**
2. **ADVSD leadership updates**
3. **Area plan update**
4. **Commitment to sharing Area Plan Needs Assessment Survey**
5. **Ideate on public listening session (Activity)**

# Warm-up

- To activate our brains.
- Take 5 minutes to think about a time you were at a public event.
- Write down (as many) on your sticky notes and describe how the event made you feel?
- For example: I felt welcomed, I felt adored, I felt safe, I felt....?
- Place sticky note on the wall



Online: Send your “I felt...” prompt through chat!

# ADVSD Leadership Updates

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# Area Plan Update 2025-2029

# What

The 2025-2029 Area Plan describes how the Multnomah County Aging, Disability, and Veterans Services Division will provide a comprehensive and coordinated delivery system to older adults in our community. An Area Plan is required for all Area Agencies on Aging.

The Area Plan on Aging: Needs Assessment Survey will help with getting information on service needs for the next 4 years in multnomah county.

# Needs Assessment Survey

# Area Plan Status Update

## Area Plan Goals

April / May

July

July / August

**WE ARE HERE →**

January

February

Year 1 of Strategic  
Area Plan on Aging



Vision

Overarching Questions

Population Prioritization

Developing Questions for needs assessment survey

**Needs Assessment Survey Outreach**

Report Out / Public Listening Session / Comments

Board of Commissioners

1st draft completed



# Community Engagement: Internal Staff

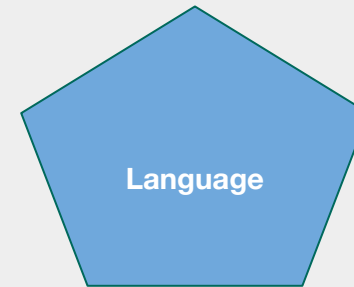
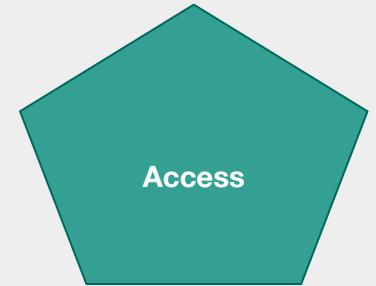
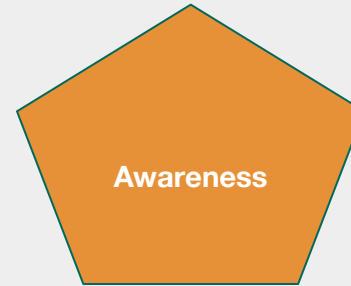
REA Seniors scheduled time w/ 8 community services programs funded by the Older Americans Act to brainstorm topics to be addressed on the upcoming Area Plan Needs Assessment survey. These meetings took place between July 22 - 30, 2024

## Results

**Awareness:** are community members aware of available services?

**Access:** if aware of services, do community members have access (e.g., transportation, time, internet, additional resources)

**Language:** how we present and name programs matters, especially in culturally specific contexts



# Community Engagement: ASAC / DSAC Results

Council Members participated in coming up with questions that identified 4 buckets for the needs assessment survey to Multnomah County wide elderly population.

## Results

**Access** i.e. usage, easy to access or talk to someone

**Awareness /Visibility** i.e. are you aware of services? Enough promotion?

**Capacity** i.e. services meeting your needs, are there barriers, can we meet the care and safety

**Gaps** i.e. what are the needs of community? Are we serving LGBTQ? Do you know your rights of Older Americans Act?

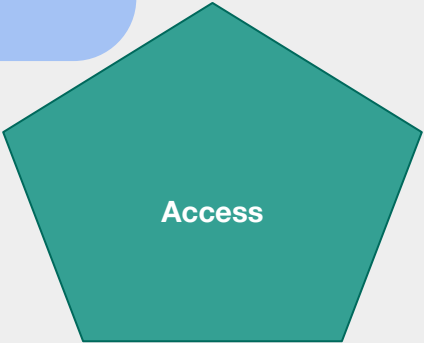
**Access**

**Awareness  
/Visibility**

**Capacity /  
Barriers**

**Gaps**

# Example 1



We would like to know more about your experiences with the following health services available in Multnomah County. Please select the boxes for each of the four statements you agree with for all the services listed below. (Select all that apply)

	I <b>know</b> this service exists	I know how to <b>get</b> this service if I need it	I currently <b>use</b> or <b>have used</b> this service	I would <b>benefit</b> from this service <b>now</b> or in the <b>next 5 years</b>
Classes to support healthy aging and manage chronic conditions (Tai Chi, diabetes prevention)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Recreation activities and outings (fitness classes, games, cooking)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Volunteering opportunities and training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Calls or visits to make sure people are safe and well	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Example 2

## Awareness / Visibility

## Awareness

We would like to know more about your experiences with the following information and referral services and community organizations available in Multnomah County. Please select the boxes for each of the four statements you agree with for all the services listed below. (Select all that apply)

	I <b>know</b> this service exists	I know how to <b>get</b> this service if I need it	I currently <b>use</b> or <b>have used</b> this service	I would <b>benefit</b> from this service <b>now</b> or in the <b>next 5 years</b>
Someone to help me find or apply for resources and services <u>when I need them</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Someone who provides <u>ongoing help</u> to find, apply, and manage my resources and services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The Aging and Disability Resource Connection; ADRC (a call center and website to help you find resources and services for your needs)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please select the service providers you know about (Select all that apply):

- Asian Health & Service Center
- Cascade Aids Project
- Ecumenical Ministries of Oregon
- El Programa Hispano Catolico
- Filipino Bayanihan Center
- Friendly House / Elder Pride Services
- The Community for Positive Aging (formerly Hollywood Senior Center)
- Immigrant and Refugee Community Organization (IRCO)
- Impact NW
- Meals on Wheels
- Native American Rehabilitation Association of the NW (NARA)
- Native American Youth & Family Center (NAYA)
- Somali American Council of Oregon
- Stone Soup PDX
- Urban League of Portland
- YWCA of Greater Portland

# Community Engagement: Commitment

## Background

The survey will open October 1-25, 2024. People who complete the survey online will receive a \$20 gift card. Responses are anonymous. Available in 13 languages.

ADVSD Leadership has outlined an outreach plan to reach out to Multnomah County's service providers, libraries, and health clinics

## Commitment for an active role

- Please check your emails at the end of Sept for survey share instructions
- Share widely with your networks, relationships, and encourage others to take it

**How might we create a public listening session that generates interest and input?**

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# Ideate / brainstorm

**How might we create a public listening session that generates interest and input?**

1 idea per sticky note, please. Stick onto the wall.

Cluster, theme, draw relationships among other sticky notes.

## **Guiding questions:**

- How might the event space feel?
- Who should be involved? Should we host w/ an organization?
- Where?
- When?
- How many public listening session should we host?
- What should the agenda feel? What should be included in the agenda?
- What are your concerns/fears?