



Aging Services Advisory Council - Minutes

Thursday, August 1, 2019 3-5pm

Tabor Square 4610 SE Belmont St Portland OR 97215

Facilitator: Dave Daley

Time	Agenda Item	Purpose	Lead	Next Steps and Action Items
3:00 -3:10 pm	Welcome & Housekeeping <ul style="list-style-type: none"> Ice breaker 		Dave Daley	Members: Bill Richard, Betty Cox, Dave Daley, Rai McKenzie, Semion Gurvich Interpreter: Elena Lawson Staff: Commissioner Sharon Meieran, Katie Shriver, Robyn Johnson, Emily Berndt, Cheri Becerra
3:10 - 3:15 pm	<ul style="list-style-type: none"> Review today's agenda Approve previous minutes Review previous action items, if any. (Robyn) 	Approve minutes and agenda		Minutes approved Agenda
3:15 - 3:25 pm	Public comments & announcements	Hold space for the public to address ASAC or for members to share other information	Dave Daley	<ul style="list-style-type: none"> Dave- August there will be a Rules Advisory Process meeting Robyn and Dave are going to attend Governor's Commission on Senior Services Dave-Trimet issue about will call trips. Change that only will call will be available with Medical and some Government trips. The Trimet Advisory Committee is going to look into this. This really

				<p>impacts people with disabilities and seniors.</p> <ul style="list-style-type: none">● Sharon Meieran, District One Commissioner introduced herself. She is in her 3rd year of her term. As an emergency room doctor she sees many people falling through the cracks that need our help. Her priorities are mental health, housing and homelessness. Sharon is our liaison for ASAC and DSAC. She is also very involved in the Aging Well commitment, she wants to help our communities embrace this. Please bring any concerns or ideas to Commissioner Meieran so she can get them heard. She was a great advocate on our letter for NEMT.● Betty asked the Commissioner why is there not enough trained mental health providers in the medical field. Sharon is glad people are seeing this issue. She told us we need to demand we have more people to provide these services. Communicate to health organizations this need. Betty shared about a friend who had a young family member recently take their own life. Robyn would like to get someone in to talk with us about this issue.● Semion brought in fliers and shared information about the upcoming Slavic festival happening on September 1st. We will have representation from the county at a table. Please spread the word, this is a great community event. Multnomah county is a sponsor of this event.
--	--	--	--	--

3:25 - 3:40 pm	Area Plan and Area Plan Needs Assessment	Information sharing	Robyn Johnson	<ul style="list-style-type: none"> ● Every three years we begin the process of putting together The Area Plan. We are required by the Older Americans Act to do this work. What needs do older americans have that need to be addressed, and how do we do this? This year we were given \$100,000 by the board to work with our community partners on this important work. ASAC and DSAC play a big part in this process. Please watch for info from Robyn about participation and what the area plan encompasses. We also hope to have Jennifer Meach come and speak with us about the plan and process. Robyn will give us more information on the process in the near future.
3:45 -3:55 pm	Non-Emergent Medical Transportation update/discussion	Update on issue, potential advocacy and next steps	Dave Daley and All	<ul style="list-style-type: none"> ● A letter was submitted to CEO of OHA and we are currently waiting for a meeting to be scheduled. Robyn will update when this time is established. ● Care OR is going to take over NEMT starting in 2020. More info to come. ● Dave has put his name forward to be a representative for us on the Rules Advisory Committee. You do not need to be a member to attend these meetings. The next meeting is on August 14th. Look for an email from Robyn on this.
3:55 - 4:30 pm	Food resources for older adults and I&R <ul style="list-style-type: none"> ● SNAP ● Congregate 		Robyn Johnson and Emily Berndt	<ul style="list-style-type: none"> ● We had a slide presentation by Robyn going over what food help is available to Oregonians. Robyn will make sure to send out a copy of that presentation.

	<p>and home delivered meals</p> <ul style="list-style-type: none"> ● Store to Door ● Farmers Market Nutrition Programs ● Emergency Food ● Proposed SNAP change 			<ul style="list-style-type: none"> ● Emily Berndt, ADRC Manager, passed out info on her program. She went over what the program has to offer. ● The ADRC direct phone number is 503-988-3646. Please call for help for yourself, a family member or friend. The line will do a quick screening to see what programs you may qualify for. ADRC is the front door to all services in the county. ● Using all the resources we have discussed today in tandem, helps consumers stretch their food budget for the month. Please pass this info on to the community. ● We also discussed Store to Door, Farmers Market program, and the SHIBA program. ● You can also call ADRC if you would like to hear about volunteer opportunities such as Senior Grandparent program, Foster Grandparents program and SHIBA volunteers. ● Follow up on the issues with SNAP happening. 66,000 Oregonians are in danger of losing their SNAP benefits. Miss Cox suggested we get comments about how this will impact our community members. There is an online site, Robyn demonstrated, that personal comments can be added to. At this time people at or below 185% of the federal poverty line are eligible to apply for SNAP benefits. The rule would change that to 134%. Also, you can now have a car or retirement savings and still qualify for SNAP. There would be
--	--	--	--	--

				<p>new stricter guidelines concerning this.</p> <ul style="list-style-type: none"> ● Robyn will get together a proposal on how we can help. She will be sending an email and making some phone calls soon. This has to all be done by September 23rd. ● There will be a legal fight about these changes.
4:30-4:45 pm	ADVSD update	Inform and update	Robyn Johnson	<ul style="list-style-type: none"> ● Jan McManus has been replaced by Bethany Chamberlin who was doing evidenced based health promotions.
4:45 - 5:00 pm	Meeting wrap up	<p>Confirm date, agenda items and location for October 3rd Hollywood Senior Center</p> <ul style="list-style-type: none"> ● Sign card for JoAnn, Steve and Nicole ● October - OPI 	Dave Daley	<ul style="list-style-type: none"> ● OPI in October ● Sign card for JoAnn, Steve and Nicole
5pm	Adjourn		All	

Important dates: October 3: ASAC, 3-5pm, Hollywood Senior Center