

**Multnomah County
Behavioral Health Division
Behavioral Health Advisory Council Meeting
April 2nd, 2025 10AM - Noon**



Community Representatives	Public Service Representatives	Staff	Guests
<input checked="" type="checkbox"/> Barb. Rainish <input checked="" type="checkbox"/> Eric Bray <input checked="" type="checkbox"/> Etta Assuman <input type="checkbox"/> John Williams <input checked="" type="checkbox"/> Joni Scheib <input checked="" type="checkbox"/> June Howard Johnson <input checked="" type="checkbox"/> Katrina Malachowski <input type="checkbox"/> Kevin Fitts <input checked="" type="checkbox"/> Mamie Gathard <input checked="" type="checkbox"/> Mary Avalon <input checked="" type="checkbox"/> Patty Hamit Arvizu <input checked="" type="checkbox"/> Robert Fentress <input checked="" type="checkbox"/> Ruthie Benjamin <input checked="" type="checkbox"/> Ryan Hamit <input type="checkbox"/> Seth Dugan Knight	<input type="checkbox"/> CareOregon Cassi Sturtz <input checked="" type="checkbox"/> Cascadia Behavioral Healthcare Dave Kohler <input type="checkbox"/> Lifeworks NW N Torell <input checked="" type="checkbox"/> Multnomah County Sheriff's Office Nora Mains (NWIAS) <input type="checkbox"/> NAMI Multnomah Kerri Melda <input checked="" type="checkbox"/> NARA NW Albie Lemos <input checked="" type="checkbox"/> New Narrative Haven Taylor <input type="checkbox"/> Portland Police Bureau Chris Burley, Billy Kemmer for Chris Burley <input checked="" type="checkbox"/> Quest Center Danielle Deer / Darnell Johnson	<input checked="" type="checkbox"/> Roger Garth <input checked="" type="checkbox"/> Mario Cardenas <input checked="" type="checkbox"/> Jill Jessee <input checked="" type="checkbox"/> Jennifer Gulzow <input type="checkbox"/> Rachael Banks Presenters: <input checked="" type="checkbox"/> Sara Simmers <input checked="" type="checkbox"/> Viral Upadahay <input checked="" type="checkbox"/> Kaddijatou Keita	<input checked="" type="checkbox"/> Adjoa Assuman <input checked="" type="checkbox"/> Ann Kasper <input checked="" type="checkbox"/> Courtney Shannon <input checked="" type="checkbox"/> Laura Bueford <input checked="" type="checkbox"/> Lisa Yu

Topic	Notes:
<p>Welcome and Introductions</p> <p>Group Agreements</p> <p>Announcements</p>	<p>Shared by Ann Kasper: ann@kasperconnects.com</p> <p>Judi's Room for Mind Freedom</p> <p>Event Details:</p> <ul style="list-style-type: none"> • Topic: <i>New Mental Health Information Technology (HIT) - What does it mean for us?</i> • Date: <i>Wednesday, April 2, 2025</i> • Time: 6 PM Eastern, 5 PM Central, 4 PM Mountain and 3 PM Pacific Time • Platform: Zoom • Link: https://us06web.zoom.us/j/82375518189 <p>The following message is from MindFreedom International:</p> <p>Dear Friend,</p> <p>A bill before the Oregon Legislature, House Bill 2467 to expand involuntary commitment in Oregon will cause harm. This is a call to action. The deadline to oppose House Bill 2467 before the House Judiciary Committee is nearing:</p> <p>Public Hearing</p> <p>Thursday April 3rd @ 3pm <i>pacific</i> in HR (Hearing Room) F</p> <p>Agenda:</p> <p>https://olis.oregonlegislature.gov/liz/2025R1/Committees/HJUD/2025-04-03-15-00/Agenda</p> <p>1st Agenda Item is HR2467</p> <p>https://olis.oregonlegislature.gov/liz/2025R1/Measures/Overview/HB2467</p> <p>LINK TO SUBMIT TESTIMONY</p> <p>https://olis.oregonlegislature.gov/liz/2025R1/Testimony/HJUD/HB/2467/2025-04-03-15-00?area=Measures</p> <p>LINK TO REGISTER TO TESTIFY IN PERSON</p>

Topic	Notes:
	<p>Must click "Register" link on this page: https://olis.oregonlegislature.gov/liz/2025R1/Measures/Overview/HB2467 LINK TO VIDEO ON 4/3 LIVE https://olis.oregonlegislature.gov/liz/mediaplayer?clientID=4879615486&eventID=2025041043</p>
Recognition Month or Awareness Events (if Applicable)	<ul style="list-style-type: none"> • Alcohol Awareness Month • Autism Acceptance Month • Child Abuse Prevention Month • Medicaid Awareness Month • Minority Health Month • Sexual Assault Awareness & Prevention Month • Stress Awareness Month
QM: One-Pagers	<ul style="list-style-type: none"> • See attached slides. Links to one pagers: SHS; Bridge Treatment; Pre-Commitment; Aid & Assist; PATH • Questions/Input: <ul style="list-style-type: none"> ★ Ann Kasper: What is the budget for each team? How many people work on each team? What is funding: GF, grants, temporary, etc? ★ Mary Avalon: PATH on Addictions slide and Choice information. ★ Haven Taylor: Plain language. Duplicate information between slide and narrative next to slide. Make visuals meaningful and complementary to information being shared. ★ Joni Scheib: Font size for accessibility and plain language needed ★ Katrina: Does the goals slide compare what was planned with what was accomplished? ★ Ruthie: Mosman order link.

Topic	Notes:
	<ul style="list-style-type: none"> ★ Ann Kasper: Commitment to Dignity -The Civil Commitment Process in Multnomah County, Oregon - 20 minute film https://vimeo.com/341263016 ★ Katrina: Adult health education best practices: use a 5th grade reading level for written content meant for the general public. ★ Ann Kasper: Define what a signed Hearing or No Hearing form is? Who signs? ★ Nora Mains: Can help with information on what is happening with the process from her experience working in the jails. ★ Etta Assuman: Documentation will say an inmate is fine/OK when they are not. It is a complicated system to meet everybody's needs. ★ Haven Taylor: Have more comparative information in the data bullet points. Make the data meaningful. ★ How are programs meeting the scale of need? ★ Telling the story of the need and outcomes clearly through the data overviews is a powerful opportunity to generate support to overcome future funding uncertainties. ★ Ryan Hamit: Who is the audience? Do you need to have a degree in behavioral health or law to understand the information or is it geared to the general public? ★ Joni Scheib: Visually the pages are engaging, but the font size needs to be more accessible. Possibly too much information. Use more examples, quotes and simpler language. ★ Several members shared their appreciation for the presentation, KUDOS to Kaddijatou and for her clarity in presenting the information. Appreciation for taking on this task. It is a complicated task to take information with such specialized language and make it accessible and easily understood by the masses. <p>Next month the team will be back with updates to the sheets based on feedback received as well as bring any newly completed program one pagers.</p>

Topic	Notes:
OCE & Director's Office Updates	Updates: <ul style="list-style-type: none"> • Heather Mirasol and Deandre Kenyanjui are both on FMLA. Return dates are estimated to be mid-May for Heather and end of April for Deandre. • Jen Gulzow has resigned due to relocating with her family to the Eugene area and will be taking a position closer to home. • Sara Simmers, Quality and Compliance Manager will be going on maternity leave at the end of April. • Elections are coming up in May. Voting will continue as it has in the past and if a new process needs to be developed, we will work on it for the November election.
Adjournment	At the May general council meeting we will hold our annual membership elections. If anyone needs help filling out their application, JJ Jessee will work with you over the phone to get it filled out and turned in.



**BHAC General Council
Meeting
April 2, 2025**

**BEHAVIORAL HEALTH
ADVISORY COUNCIL**



BHAC Meeting Reminders

Meeting Reminders:

- One person speaking at a time
- Interrupt harm
- Limit comments and questions to two minutes
- Avoid using acronyms and jargon when possible
- The facilitator may interrupt if the conversation would be better addressed 1x1 or at a different time

Virtual:

- To continue building community, being on camera when comfortable and/or possible is encouraged
- Silence microphones when not speaking
- Go off camera when necessary
- Use 'raise hand' button during meeting and wait to be called on

BHAC Meeting Reminders, Continued

Self-care:

- We support one another by taking care of ourselves- seek support when feeling triggered
- Pause before speaking when feeling stressed - respond rather than react
- Take the conversation off-line with staff

Disruptive behavior during the meeting will result in:

- Facilitator calls attention to harmful behavior;
- If behavior continues, participant will be reminded of impact and warned of potential meeting separation via private chat or via verbal warning if on phone;
- Separation from meeting with continued disruption

BHAC GROUP AGREEMENTS

We Agree to:

- Lead with race, cultural responsiveness and humility
- Acknowledge intent and center impact (pure intention does not eliminate harmful impact)
- Hold space/make space, respect the voice of others and allow space for those that don't often share
- Principles before Personalities - act with integrity in your contributions to the council
- Stay engaged to the best of your ability



BHAC GROUP AGREEMENTS, Continued

We Agree to:

- Remember WAIT (Why Am I Talking?)
- Experience discomfort - there may be challenging conversations but we are here for the purpose of contributing to the council
- Expect and accept non-closure, there may not always be a solution in sight
- Name and account for power dynamics in the work, Multnomah County staff identify titles
- We are here to work collaboratively and share responsibility for the success of our work together



This meeting is recorded

OCE will review the recording for note taking and group accountability purposes.

BHAC General Council and Community Workgroup meetings are open to the public.



Announcements

- The May meeting is our general council election. Over half of the current membership is up for re-election. We will review the voting process later in today's meeting.
- Existing council members are required to submit an application for membership for each term they wish to re-apply. If you do not return an application, your name will not make it onto the ballot when we vote.
- Applications are due April 8th, 2025.
- Peerpocalypse is May 5th-8th and conflicts with our general council and steering committee meetings. We will reschedule these two meetings after today's presentation.

Monthly Awareness and Recognition



Reducing alcohol intake can boost energy, mental clarity, and well-being. “Taking Control; Thriving More” empowers individuals to make mindful choices and embrace a healthier life.



Theme: Celebrate Differences

Theme: Powered by Hope, Strengthened by Prevention



Monthly Awareness and Recognition



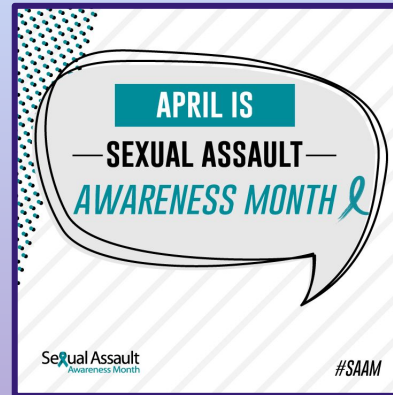
Theme:
Hands Off
Medicaid!



Theme:
Advancing
Commitments
to Eliminate
Health
Disparities



Theme:
Lead with
Love




Theme:
Together We
Act, United We
Change

Community Updates

Behavioral Health Division Updates

Director's Office

- Jen Gulzow, Deputy Director of Operations has resigned and her last day will be April 9th, 2025
- Other Director's Office updates

A stylized graphic on the left side of the slide. It features two green mountain peaks of different heights. Below the mountains is a thick, dark green wavy line representing a forest or a body of water. At the bottom is a blue wavy line representing water. The entire graphic is composed of solid colors and simple geometric shapes.

One Pager Project overview and background - Multnomah County Behavioral Health Division

By Kaddijatou Keita and Viral Upadhyay

Health Department

Background

Name: Kaddijatou Keita

Current Role: Portland State University Hatfield Resident Fellow,
Multnomah County Behavioral Health Division.



Education & Certification

- **Master of Public Policy (Health Policy)**

Georgia State University, Andrew Young School of Policy Studies, Atlanta, GA

- **Bachelor of Science in Political Science**

University of The Gambia, School of Arts and Sciences, Kanifing, The Gambia

- **Certification**

Google Professional Project Management Certificate (Coursera, February 2024 - June 2024)



One-Pager Project



- **Multnomah County Behavioral Health Division (BHD).**
 - Create easily digestible one-pagers for all BHD teams.
 - Highlighting the outcomes, services and supports provided by the teams.
 - Create and share accessible one-pagers for the public, partners, contractors etc.



BHD Programs

Here's the program within BHD and each program has subteams.

- **Addictions, SUD and Prevention Program**
- **Care Coordination**
- **Community Mental Health Program (CMHP) Safety Net Services**
- **Community Mental Health Program (CMHP) Civil Commitment and Coordinated Diversion**
- **Direct Clinical Services (DCS) Program**
- **BH Director's Office**
 - **Supportive Housing Fund**
 - **Office of Consumer Engagement (OCE)**
- **Quality Management Unit**



Addictions, SUD and Prevention Program

The Addictions and Substance Use Disorder (SUD) program provides SUD and gambling prevention, treatment substance use disorder services and recovery support services to children and adults in Multnomah County through county delivered services and contracts with community providers.

BHD operates the following services in the Addictions and Substance Use Disorder Program:

- Promoting Access to Hope (PATH) program
- Addictions Contract Management
- BH Wellness and Prevention Program (including Behavioral Health, Suicide, SUD and problem gambling programs)
- Deflection and Coordinated Care Pathways Center



Care Coordination Program

The Care Coordination program provides coordination of services to youth and adults with complex behavioral health needs.

The Care Coordination unit includes:

- Adult Intensive Care Coordination (Adult-ICC, or ICC)
- Choice Model Program (Choice)
- Multnomah Intensive Transition Team (MITT)
- Wraparound (Wrap)
- Youth Intensive Care Coordination (Youth-ICC, or ICC)



Community Mental Health Program Safety Net Services

The Multnomah County Community Mental Health Program provides “safety-net” services to adults in Multnomah County through county delivered services and contracts with community providers.

Internal Programs Safety Net Services:

- Adult Protective Services (APS) and Risk Case Management
- Behavioral Health Resource Center (BHRC)
- Call Center/Crisis Services
- Older Adult Behavioral Health Initiative (OABHI)
- Residential Services



Community Mental Health Program Civil Commitment

The Multnomah County Community Mental Health Program provides “commitment” services.

Internal Programs Commitment and Diversion Services:

- Bridge Treatment Team
- Aid and Assist
- Pre-Commitment
- Post-Commitment



Direct Clinical Services Program

The Direct Clinical Services program provides mental health services to children, youth, young adults and families in Multnomah County through county delivered services and contracts with community providers.

BHD operates the following services in DCS:

- CARES NW Team
- Early Assessment and Support Alliance (EASA)
- Early Childhood Services (EC)
- School Based Mental Health (SBMH)
- Gun Violence Impacted Families BH Response Team (GVIF-BHRT)
- Preschool for All - (PFA)
- K-12 - Case Management



Quality Management Unit

The Quality Management unit processes and maintains records, provides quality assurance, compliance, data, data evaluation and analytics, reporting, billing and Evolv system administration support to the entire BH Division. Additionally, the Evolv system administration team provides technical assistance and support to other Departments and Divisions in Multnomah County, as well as community providers who have access to the system.

The team includes;

- Quality Assurance and Compliance Unit
- Research Evaluation Unit
- QM Project Management
- Billing Unit
- Records Team
- Evolv System Administration
- Reporting



Director's Office Supportive Housing Program

The Multnomah County Behavioral Health Division Supportive Housing Services Funding (SHS) funds Supportive Housing Services, including street outreach services; transition and placement services; in-reach, basic survival support, and mental health services; interventions and addiction services (crisis and recovery); physical health services; interventions for people with physical impairments and disabilities; short and long-term rent assistance; peer support services; benefits, navigation and attainment (veteran benefits, SSI, SSDI, other benefits); shelter services; bridge/transitional housing placement; discharge interventions; permanent supportive housing services; affordable housing and rental assistance and other supportive services.



Office of Consumer Engagement (OCE)

The Office of Consumer Engagement (OCE) is included within the structure of the Director's Office. OCE includes a Supervisor and two Consumer Engagement Coordinators who work on behalf of consumers to amplify their voice in the planning, development and evaluation of behavioral health services. The OCE Supervisor is a member of BHD's Senior Leadership Team in order to assure that voices of peers and consumers are represented at a budget and policy level in the organization. This Office is responsible for convening the Behavioral Health Advisory Council (BHAC). In addition, OCE staff represent the Division on numerous community advisory groups. Staff strive to support peer and culturally specific providers to build infrastructure and leadership to sustain innovative programs.



One-Pagers Examples

- **Director's Office Supportive Housing Fund**

One-Pager Link:

<https://create.piktochart.com/output/8a89dd1687c5-bhd-supportive-housing-services-funding-one-pager>



One-Pagers Examples

- **Bridge Treatment Program**

One-Pager Link:

<https://create.piktochart.com/output/2335024e7637-cmhp-bridge-program-one-pager>



One-Pagers Examples

- **Pre-Commitment Services**

One-Pager Link:

<https://create.piktochart.com/output/7e0197f39816-cmhp-pre-commitment-one-pager>



One-Pagers Examples

- **Aid & Assist Program**

One-Pager Link:

<https://create.piktochart.com/output/d08f0a321e92-cmhp-aid-and-assist-program-one-pager>



One-Pagers Examples

- **Addictions, SUD and Prevention Program**

One-Pager Link:

<https://create.piktochart.com/output/081695283a0e-addictions-path-one-pager>



Project Remarks

Questions and Feedback



One-Pagers Examples

- **Post-Commitment Services**

One-Pager Link:

<https://create.piktochart.com/output/964abfcc5460-cmhp-post-commitment-services-one-pager>



One-Pagers Examples

- **Office of Consumer Engagement**

One-Pager Link:

<https://create.piktochart.com/output/2d342901c58f-oce-one-pager-copy>



One-Pagers Examples

- **Care Coordination**

The Behavioral Health Division's M-ITT team follows up with Healthshare of Oregon Medicaid enrolled individuals who do not have mental health services at the time of admission to a psychiatric hospitalization. M-ITT connects individuals with long term behavioral health, substance use treatment, primary care and specialty services. M-ITT is a flexible, low-barrier, collaborative, intensive, short-term transitional support intervention to ensure clients get connected to services. The goal of the M-ITT program is to provide continuity of care following hospital discharge, connect individuals to ongoing specialty services, and reduce inpatient readmissions.

One-Pager Link: <https://create.piktochart.com/output/d75309bb79af-care-coordination-mitt-one-pager>



One-Pagers Examples

- **CHMP Safety Net Services**

The Behavioral Health Call Center is operated by Multnomah County 24/7, 365 days/year. The Call Center coordinates emergency behavioral health services (mental health and substance use) for all callers regardless of resident status, insurance, or other demographic. For many, the Behavioral Health Call Center is the front door to a continuum of services. When a call is received from a community member, the Call Center provides supporting listening, information and referral. In some cases, additional direct support, mobile crisis intervention teams may be dispatched. The Behavioral Health Call Center partners with community providers, as well as other County and City entities to support a full continuum of care and resources. Services are provided in the language of choice by the caller through either in-house interpretation or contracted services.

One-Pager Link: <https://create.piktochart.com/output/b7331bc14319-safety-nets-serv-call-center-One-pager>



One-Pagers Examples

- **Direct Clinical Services**

This program was created as a direct response to the increase of Gun violence, shootings, and homicides in Multnomah County. Gun violence is a racial justice issue that is fueled by discrimination and structural inequities in our society. Gun violence in Multnomah County is disproportionately impacting our African American, Latino, Asian and African Refugee communities. Multiple community organizations and community leaders have been proactively addressing community gun violence for decades, working side by side with the communities most impacted and advocating for racial justice. Originally funded in 2021, this specific BH Response Team provides direct mental health services to youth (age 10-25) and their families impacted by gun violence, specifically focusing on the African American, Latino and African Refugee communities.

One-Pager Link: <https://create.piktochart.com/output/dca42ab3bef9-direct-care-serv-gvbhrc-one-pager-copy>



One-Pagers Examples

- **Quality Management Unit**

The Quality Management unit processes and maintains records, provides quality assurance, compliance, data, data evaluation and analytics, reporting, billing and Evolv system administration support to the entire BH Division.

These teams work in conjunction with all program areas throughout the division to assure that services are provided as specified in the contract with OHA, CCOs and other funders and are in compliance with rules and regulations.

One-Pager Link: <https://create.piktochart.com/output/154dfab88086-qm-billing-unit-one-pager>

