# Multnomah County Behavioral Health Division Behavioral Health Advisory Council Meeting August 6th, 2025 10AM - Noon



Community Lived Experience/Family/ Advocate Representatives	Public Service Representatives	Staff	Guests
<ul> <li>☑ Barb. Rainish</li> <li>☑ Courtney Shannon</li> <li>☑ Eric Bray</li> <li>☑ Etta Assuman</li> <li>☑ Joni Scheib</li> <li>☑ June Howard Johnson</li> <li>☑ Katrina Malachowski</li> <li>☑ Kevin Fitts</li> <li>☑ Laura Bueford</li> <li>☑ Lisa Yu</li> <li>☑ Mamie Gathard</li> <li>☐ Mary Avalon</li> <li>☑ Patty Hamit Arvizu</li> <li>☑ Robert Fentress</li> <li>☑ Ruthie Benjamin</li> <li>☑ Ryan Hamit</li> <li>☐ Vacant</li> </ul>	<ul> <li>✓ CareOregon Cassi Sturtz</li> <li>✓ Cascadia Behavioral Healthcare         <ul> <li>Dave Kohler</li> </ul> </li> <li>✓ Central City Concern Juliana             Wallace / Albert Parramon</li> <li>✓ Lifeworks NW Mary Fakhoury</li> <li>Multnomah County Sheriff's             Office Nora Mains (NWIAS)</li> <li>✓ NAMI Multnomah Kerri Melda</li> <li>NARA NW Albie Lemos</li> <li>✓ New Narrative Haven Taylor</li> <li>✓ Quest Center Allison             Haws/Victoria Haberkorn</li> <li>Vacant</li> <li>Vacant</li> <li>Vacant</li> </ul>	<ul> <li>☑ Anthony Jordan</li> <li>☑ Deandre Kenyanjui</li> <li>☑ Jenny Tsai</li> <li>☑ JJ Jessee</li> <li>☑ Olivia Kilgore</li> <li>☑ Roger Garth</li> </ul>	<ul> <li>✓ Adjoa Assuman</li> <li>✓ Ann Kasper</li> <li>✓ Heaven Merritt</li> <li>✓ OCHIN: JoAnne Lang</li> <li>✓ El Jardin: Roberto Paredes</li> </ul>

Topic	Notes:
Welcome and Introductions Group Agreements Announcements	<ul> <li>Welcome Olivia Kilgore: OCE Program Specialist who will be working with BHAC in the future. Olivia came to OCE as a transfer from Public Health as a result of the FY26 budget cycle.</li> <li>Zero Suicide Initiative: We have obtained a grant from OHA for suicide prevention work at BHD. There will be a review of policies and procedures of the suicide prevention work occurring in the next couple of months. As part of the public involvement process, we will likely interview a few BHAC members around their thoughts around the topic of suicide prevention.</li> </ul>
Recognition Month or Awareness Events (if Applicable)	Recognition Month Events (if Applicable)  Recognition Events (if Applicable)  Black Business Month  Community Health Worker Awareness Month  National Minority Donor Awareness Month  August 3rd-9th: National Health Center Week  August 30th: National Grief Awareness Day  August 31st: International Overdose Awareness Day  Board Proclamation Signing Ceremony is today at Noon: Watch Here
Minute Approval	Approved by a majority vote.

Topic	Notes:	
New Member Orientation Presentation Notes	Expand on problem gambling: BHD submitted a problem gambling plan to OHA. Anthony will share this with the group.  Budget:  • Link to FY26 Health Dept Budget: <a href="https://multco.us/file/health_department-1/download">https://multco.us/file/health_department-1/download</a> • BHD adopted budget for FY26 for BHD is \$158.4M  • \$35.9M is General Fund and \$122.5M is Other Funds  • Includes 332.42 FTE  Bylaws updates: Bylaws used to be updated via a sub-committee. The Steering Committee will discuss this at their next meeting and reach out to interested members: Ryan Hamit and Laura Bueford.	
OCE & Director's Office Updates	Updates made during announcements.	
Next Meeting	Community Workgroup: August 15th, 2025 from 1PM-3PM General Council: September 3rd, 2025 from 10AM-Noon.	

# BHAC General Council Meeting

August 6th, 2025 10:00AM - 12:00PM





#### Making space for all voices

- Hold space, make space
- Remember WAIT (Why Am I Talking?) & principles before personalities
- Stay engaged to the best of your ability
- Share your experience & hear the experience of others Use "I statements"
- Acknowledge intent and center impact (pure intention does not eliminate harmful impact)
- Name and account for power dynamics in the the work
- We are here to work collaboratively, and share responsibility for the success of our work together
- Limit comments to two minutes
- Limit acronyms and jargon
- Interrupt conversations that cause harm



#### **Self-care**

We support one another by taking care of ourselves

Pause before speaking when feeling stressed - respond rather than react

**Expect and accept non-closure** 

Experience discomfort - (creating a safer space for challenging conversations can be uncomfortable at times)

Take the conversation off-line with staff

#### Virtual meeting reminders

Try not to talk over each other - raise hand; use chat; accommodate people on the phone and tech issues

Silence microphones when not speaking

Go off camera when necessary

#### Disruptive behavior during the meeting will result in:

- Facilitator calls attention to harmful behavior
- If behavior continues, participant will be reminded of impact and warned of potential meeting separation via private chat or via verbal warning if on phone
- 3. Separation from meeting with continued disruption



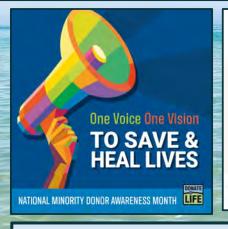


### **August Monthly Awareness** and Recognition

- **Black Business Month**
- Community Health Worker Awareness Month
- **National Minority Donor Awareness Month**
- August 3rd-9th: National Health Center Week
- August 30th: National Grief Awareness Day
- August 31st: International Overdose Awareness Day

















June Meeting Minute Approval



# Behavioral Health Division Updates

#### **Director's Office**

Zero Suicide Initiative: We have obtained a grant from OHA for suicide prevention work at BHD. There will be a review of policies and procedures of the suicide prevention work occurring in the next couple of months. As part of the public involvement process, we will likely interview a few BHAC members around their thoughts around the topic of suicide prevention.



# Behavioral Health Division Updates

## **Office of Community Engagement**

 Olivia Kilgore moved into OCE from Public Health as a position transfer resulting from the FY26 Budget process.



## **BHAC Mission & Vision**

#### **OUR MISSION**

BHAC collaborates with the Behavioral Health Division (BHD) to plan, advise, and improve behavioral health networks for those served.



#### WE SUPPORT BHD's VISION

BHD envisions a day when all Multnomah County residents are able to access quality behavioral health services that are:

- Timely
- Individualized
- Culturally-specific
- Inclusive
- Trauma-informed, and
- Include peer-delivered services in order for individuals to achieve their maximum potential



### **BHAC Values**

#### **WE VALUE:**

Empowerment of community voices

- **\***
- Strengthening community voices through a collaborative relationship with government to actualize shared goals
- Advising, informing and guiding a consumer driven Behavioral Health Care Network in both short and long-term planning processes based on lived experience
- Pursuing excellence in the Behavioral Health System, including increasing peer services, access, quality, and service provider accountability
- Acting as agents of change to reduce the challenge of stigma and promote a positive vision of behavioral health wellness and recovery

# Multnomah County, Health Department and **Behavioral Health Division Overview**





# County Leadership & Contact Information

#### Multnomah County Board of County Commissioners = Local Mental Health Authority



Chair Jessica Vega-Pederson mult.chair@multco.us



District 1, Meghan Moyer district1@multco.us



District 2, Shannon Singleton district2@multco.us



District 3, Julia Brim-Edwards
<a href="mailto:district3@multco.us">district3@multco.us</a>



District 4, Vince Jones-Dixon district4@multco.us

# Department/Division Leadership & Contact Information

Health Department: <a href="https://doi.org/10.21/10.21/">https://doi.org/10.21/</a> Rachael Banks, Director

Behavioral Health Division: <a href="mailto:bhd.directorsoffice@multco.us">bhd.director@multco.us</a>
Anthony Jordan, Interim Director
Dr. Jenny Tsai, Medical Director
Jay Auslander, Interim Deputy Dir. of Operations
Jessica Jacobsen, Interim Deputy Dir. of Clinical Integrity
JJ Jessee, Administrative Analyst (Support to Directors'
Office and interim support to OCE and BHAC groups.)

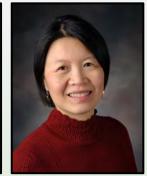
# Office of Consumer Engagement: <a href="mailto:deandre.kenyanjui@multco.us">deandre.kenyanjui@multco.us</a>

Deandre Kenyanjui, Program Supervisor Mario Cardenas & Roger Garth - Engagement Coordinators Olivia Kilgore - Program Specialist

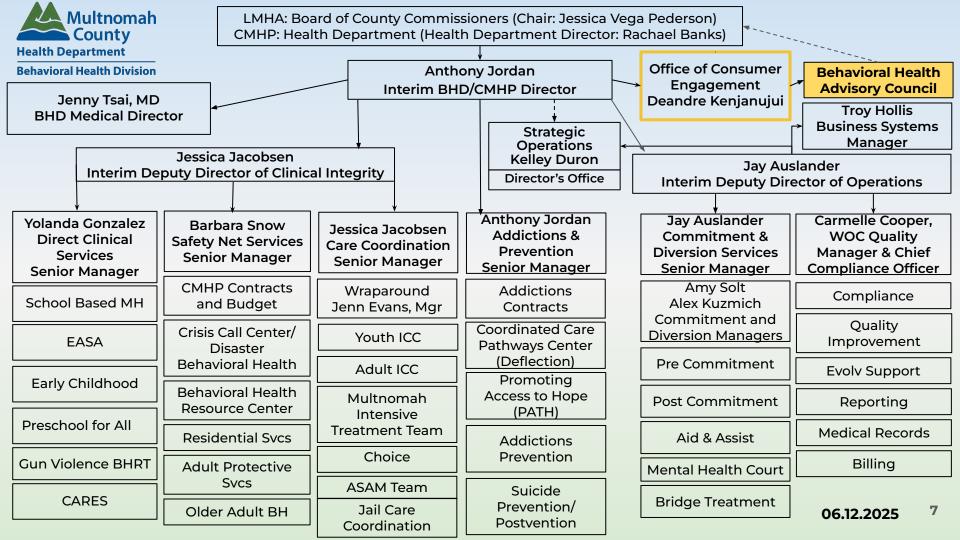








Clockwise: Rachael Banks, Anthony Jordan, Deandre Kenyanjui and Dr. Jenny Tsai

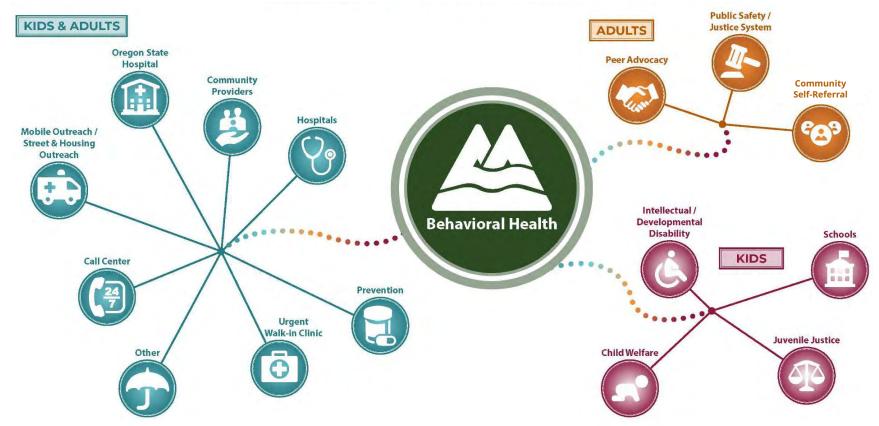


# Multnomah County Health Department Behavioral Health Division Revenue & Expenditures





# **Behavioral Health Division: Consumer Access Points to Services**





#### **Behavioral Health Division** What We Do



Adult Protective Services Investigations (County Staff)

Behavioral Health

Provider Certification.

Call Center

Behavioral Health

Individuals without

Oversight

Treatment for

Insurance



Addiction / Substance Use Disorder Services

- · Prevention Services Promoting Access to Hope

Local Mental

**Health Authority** 

Community Mental Health

Program (CMHP)

· Gambling / SUDs



Office of Consumer Engagement (OCE)



- Severe Weather
- response

Licensed Mental Health Residential Services Oversight



Forensic Diversion



Deflection Coordinated **Care Pathway** Center



Investigations (County Staff)



- Shelter
- Bridge Housing





- Sheltering
- Natural disaster



Services (County Staff)



Civil Commitment



State Hospital / Acute Care Coordination **CHOICE Program** 



- Crisis and Assessment Treatment Center (CATC) Mobile Crisis
- · Urgent Walk-In Clinic (UWIC)



Psychiatric Emergency

Services Psychiatric

Inpatient

Coordinated

Care Organization

(CCO) Medicaid

**Managed Care** 

**Programs** 

Administration of the Behavioral Health Benefit



Behavioral Health Treatment for Individuals on Medicaid





- · Choice
- · Adult / Youth Intensive Care Coordination (ICC)

Care Coordination

- Wraparound
- · Multco Intensive Transition Team (MITT)





- · Early Assessment and Support Alliance (EASA)
- · Gun Violence Mental Health Response School-Based Mental
- Health (SBMH) · Early Childhood

#### Behavioral Health Division: What We Do - Administration

# Directors Office Administration

- Executive Leadership
- Executive Administration
- ProjectManagement
- Office of Consumer Engagement
  - BHAC

### Quality Management

- Billing
- Electronic Health Record
- Records
- Reporting
- QualityManagement

#### Behavioral Health Division: What We Do - Services

# Addiction & Prevention Services

- Contracts
- Co-Occurring/ SUD/DUII/ PG Treatment
- Deflection and Sobering
- Addictions/SUD Prevention
  - Big Village Coalition
- Suicide Prevention
- Promoting Access to Hope (PATH)

#### Care Coordination Services

- CHOICE
- Intensive Care Coordination (AICC, YICC)
- Jail Care Coordination
- Multnomah Intensive Transition Team (MITT)
- Wraparound
  - Motel ShelterProgram

## Commitment & Diversion Services

- Commitment Services
  - Pre-Commitment Investigations
  - Commitment Monitoring
  - Trial Visit Monitoring
- Coordinated Diversion
  - Aid & Assist
  - Bridge Treatment Team
  - Mental Health
     Court

## Direct Clinical Services

- CARES NW
- EASA
- Early Childhood BH
- Preschool for All
- School Based Mental Health
- Gun Violence Impacted Families BH Team

#### Safety Net Services

- Adult Protective Services
- Behavioral Health Resource Center
- Budget & Contracts
- Crisis Services
- Older Adult BH
- Residential Services
- Disaster Behavioral Health

Prevention Treatment Recovery

#### Behavioral Health Division: What We Do - Addiction and Prevention Services

# Addiction & Prevention Services:

- Contracts
  - Co-Occurring/ SUD/DUII/
- PG Treatment
- Deflection and Sobering
- Addictions/SUD Prevention
  - Big Village Coalition
- Suicide Prevention
- Promoting Access to Hope (PATH)









#### Behavioral Health Division: What We Do - Care Coordination Services

# Care Coordination Services:

- CHOICE Model
- Intensive Care Coordination (AICC, YICC)
- Jail Care Coordination
- Multnomah Intensive Transition Team (MITT)
- Wraparound
- Motel Shelter Program



Housing Specialist speaks with resident at Bridging Connections.



Apartment interior at Cultivating Community.

# Behavioral Health Division: What We Do - Commitment and Diversion Services

# **Commitment and Diversion Services:**

- Commitment Services
  - Pre-Commitment Investigations
  - Commitment Monitoring
  - Trial Visit Monitoring
- Coordinated Diversion
  - Aid & Assist
  - Bridge Treatment Team
  - Mental Health Court



Oregon State Hospital.



Multnomah County Courthouse

#### Behavioral Health Division: What We Do - Direct Clinical Services

# Direct Clinical Services:

- CARES NW
- EASA
- Early Childhood BH
- Preschool for All
- School Based Mental Health
- Gun Violence Impacted Families BH Team









Student Counseling Session Example

### Behavioral Health Division: What We Do - Safety Net Services

# Safety Net Services:

- Adult Protective Services
- Behavioral Health Resource Center
- Budget & Contracts
- Crisis Services
- Older Adult BH
- Residential Services
- Disaster Behavioral Health



OABHI Tabling at an event hosted by Community for Positive Aging, Summer 2025

# Behavioral Health Advisory Council Overview

# **Congratulations!**

#### You have been elected to Multnomah County's

Behavioral Health Advisory Council (BHAC).

You are one of 29 voting members: 17 lived-experience/family/advocates

12 provider representatives

We acknowledge many of our members hold intersectional identities (e.g. provider, and individual with lived experience, and peer advocate, etc.)

We Welcome New Voices!

New members are elected in May and November.



# **BHAC Steering Committee Members**

#### **Steering Committee Members:**

Etta Assuman

**Ruthie Benjamin** 

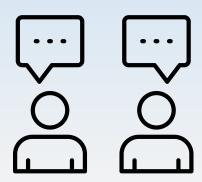
**Robert Fentress\*** 

June Howard Johnson

Katrina Malachowski\*

Barb. Rainish

**Haven Taylor** 



(\*) Denotes member is a co-facilitator



**Contact the BHAC Steering Committee:** 

bhac-sc@multco.us

#### **BHAC Foundation Documents**

#### **Bylaws**

(January 2023 version currently being updated)

#### **Policies and Procedures**

(further explains key elements of the Bylaws)



# Behavioral Health Advisory Council Landing Page

https://sites.google.com/multco.us/bhac-landing-page/home

The landing page is a resource where BHAC members and regular community workgroup participants can find meeting documentation, onboarding documents, historical reports and more.

# Behavioral Health Advisory Council Purposes

- 1. Review and advise Multnomah County Behavioral Health Division on issues that affect the behavioral health system.
- Advise the Health Department and the Board of County Commissioners on behavioral health concerns.
- Provide a forum for mutual information sharing on relevant behavioral health issues.
- 4. Improve understanding of behavioral health issues and community resources through frequent presentations from local behavioral health and substance use disorder providers and BHD programs.
- 5. Act as a liaison with other community advisory groups to promote behavioral health care, and obtain feedback from community members.

# **Meeting Schedule**

# Behavioral Health Advisory Council (BHAC) 1st Wednesday of the month from 10 a.m. - noon



Official business meeting of the council that is open to the public. This is the meeting where the council makes official recommendations and holds any votes.

#### **BHAC Steering Committee (Closed session\*)**

2nd Thursday of the month from 1:30 p.m. - 3:30 p.m.

Establishes agenda, solicits new members, makes recommendations to the Council, and provides leadership for other BHAC business or activities.

#### **BHAC Community Workgroup**

3rd Friday of the month from 1 p.m. - 3 p.m.

Informal, consumer-driven, open meeting that provides support and education for its participants, and offers input on Council goals.

<sup>\*</sup>General council members can request to attend the Steering Committee meetings with advance notice.

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# **Attendance Requirements**

Your participation is important to us. If possible, please email <a href="mailto:bhd.directorsoffice@multco.us">bhd.directorsoffice@multco.us</a> 24 hours in advance if you cannot attend.



Community service providers are encouraged to identify an alternate representative if they are unable to attend.

If a member misses three (3) General Council meetings in a row, or four (4) meetings in a year, OCE and the steering committee will work with the member to see if there are any barriers to participation that can be addressed. If not, the member may lose their seat and must wait one (1) year until they can re-apply for membership.

When necessary, a member may request a leave of absence for up to 120 days.

# **Stipends**

A \$50 stipend is available for meeting attendance.

#### Who is eligible?

 For General Council and Steering Committee: Elected consumer, family, or advocate members who are not compensated for attendance through their employment.



For Community Workgroup and other ad-hoc groups:
 Multnomah County residents who are consumers or family members/advocates of resident consumers and who are not being compensated through their employment.

Otherwise, members shall receive no compensation for serving on the Council.

**Individuals must attend 75% of the meeting** to be eligible for the stipend. Please check with your case manager or tax advisor to assure that the stipend will not negatively impact your benefits or taxes.

In order to receive your stipend, you must fill out a federal form W-9 to be established as a county vendor/volunteer employee and provide a valid phone number and email address.

# Questions

