

**Multnomah County**  
**Behavioral Health Division**  
**Behavioral Health Advisory Council Meeting**  
**December 4th, 2024 10AM - Noon**



Community Representatives	Public Service Representatives	Staff	Guests
<input checked="" type="checkbox"/> Barb. Rainish <input checked="" type="checkbox"/> Eric Bray <input checked="" type="checkbox"/> Etta Assuman <input checked="" type="checkbox"/> John Williams <input checked="" type="checkbox"/> Joni Scheib <input checked="" type="checkbox"/> June Howard Johnson <input checked="" type="checkbox"/> Katrina Malachowski <input type="checkbox"/> Kevin Fitts <input checked="" type="checkbox"/> Mamie Gathard <input checked="" type="checkbox"/> Mary Avalon <input checked="" type="checkbox"/> Patty Hamit Arvizu <input checked="" type="checkbox"/> Robert Fentress <input checked="" type="checkbox"/> Ruthie Benjamin <input checked="" type="checkbox"/> Ryan Hamit <input type="checkbox"/> Seth Dugan-Knight	<input checked="" type="checkbox"/> <b>CareOregon</b> Cassi Sturtz <input checked="" type="checkbox"/> <b>Cascadia Behavioral Healthcare</b> Dave Kohler <input checked="" type="checkbox"/> <b>Lifeworks NW</b> N Torell <input checked="" type="checkbox"/> <b>Multnomah County Sheriff's Office</b> Nora Mains (NWIAS) <input type="checkbox"/> <b>NAMI Multnomah</b> Kerri Melda <input checked="" type="checkbox"/> <b>NARA NW</b> Albie Lemos <input checked="" type="checkbox"/> <b>New Narrative</b> Haven Taylor <input checked="" type="checkbox"/> <b>Portland Police Bureau</b> Chris Burley, Billy Kemmer for Chris Burley <input checked="" type="checkbox"/> <b>Quest Center</b> Danielle Deer / Darnell Johnson	<input checked="" type="checkbox"/> Heather Mirasol <input checked="" type="checkbox"/> Deandre Kenyanjui <input checked="" type="checkbox"/> Sadie Campbell <input checked="" type="checkbox"/> Jenny Tsai <input checked="" type="checkbox"/> Roger Garth <input checked="" type="checkbox"/> Mario Cardenas <input type="checkbox"/> Jill Jessee <input checked="" type="checkbox"/> Jennifer Gulzow <input type="checkbox"/> Rachael Banks	<input type="checkbox"/> Abigail Wells <input type="checkbox"/> Adam Peterson, <b>Health Share of Oregon,          Behavioral Health Program Manager</b> <input type="checkbox"/> Laura Bueford

Agenda Item	Discussion Notes
<b>Welcome and Introductions Group Agreements Announcements</b>	<ul style="list-style-type: none"> <li>● January General Council meeting will be held January 8th at 10:00am.</li> <li>● BHAC Public Meeting Law Training tentatively scheduled for March 5th.</li> <li>● NARA NW will be holding their New Years Eve Powwow, flyer was sent out.</li> <li>● Longest Night Event December 21st at Groundscore - 624 NW Couch</li> </ul>
<b>Recognition Month or Awareness Events (if Applicable)</b>	<ul style="list-style-type: none"> <li>● World AIDS Day 12/1</li> <li>● International Day of Persons with Disabilities 12/3</li> <li>● Human Rights Day 12/10</li> <li>● Universal Human Rights Month</li> </ul>
<b>Behavioral Health Division Director's Office</b>	<p>Budget overview with time for discussion, slides will be attached to minutes.</p> <p>Multnomah County Budget Shortfall Forecast <a href="#">Weblink</a>, unsure at time of presentation how that forecast will impact the Behavioral Health Division.</p>
<b>OCE &amp; Director's Office Updates</b>	<p><b>Director's Office Update:</b></p> <ul style="list-style-type: none"> <li>● BHD presented the framework for our Comprehensive Local Plan + process yesterday to the Board of County Commissioners</li> <li>● We have two more briefings on 12/10 and 12/19. Join us in the boardroom, watch us live on youtube, or play it back! <a href="#">Board Meeting Youtube Link</a></li> <li>● As requested we will present a high level budget overview for you today.</li> </ul>
<b>Adjournment</b>	



**December 4th, 2024**  
**BHAC General Council Meeting**

**BEHAVIORAL HEALTH**  
**ADVISORY COUNCIL**

# BHAC Meeting Reminders

## Meeting Reminders:

- One person speaking at a time
- Interrupt harm
- Limit comments and questions to two minutes
- Avoid using acronyms and jargon when possible
- The facilitator may interrupt if the conversation would be better addressed 1x1 or at a different time

## Virtual:

- To continue building community, being on camera when comfortable and/or possible is encouraged
- Silence microphones when not speaking
- Go off camera when necessary
- Use 'raise hand' button during meeting and wait to be called on

# BHAC Meeting Reminders Continued

## Self-care:

- We support one another by taking care of ourselves- seek support when feeling triggered
- Pause before speaking when feeling stressed - respond rather than react
- Take the conversation off-line with staff

## Disruptive behavior during the meeting will result in:

- Facilitator calls attention to harmful behavior;
- If behavior continues, participant will be reminded of impact and warned of potential meeting separation via private chat or via verbal warning if on phone;
- Separation from meeting with continued disruption

# **BHAC GROUP AGREEMENTS**

## **We Agree to:**

- Lead with race, cultural responsiveness and humility
- Acknowledge intent and center impact (pure intention does not eliminate harmful impact)
- Hold space/make space, respect the voice of others and allow space for those that don't often share
- Principles before Personalities - act with integrity in your contributions to the council
- Stay engaged to the best of your ability

# **BHAC Group Agreements Continued**

## **We Agree To:**

- Remember WAIT (Why Am I Talking?)
- Experience discomfort - there may be challenging conversations but we are here for the purpose of contributing to the council
- Expect and accept non-closure, there may not always be a solution in sight
- Name and account for power dynamics in the work, Multnomah County staff identify titles
- We are here to work collaboratively and share responsibility for the success of our work together

# This meeting is recorded

OCE will review the recording for note taking and group  
accountability purposes

BHAC General Council and Community Workgroup meetings are  
open to the public



# Announcements

- January General Council meeting will be held January 8th at 10:00am.
- BHAC Public Meeting Law Training tentatively scheduled for March 5th.

# Monthly Awareness and Recognition

- World AIDS Day 12/1
- International Day of Persons with Disabilities 12/3
- Human Rights Day 12/10
- Universal Human Rights Month

# Community Updates

# Behavioral Health Division Updates

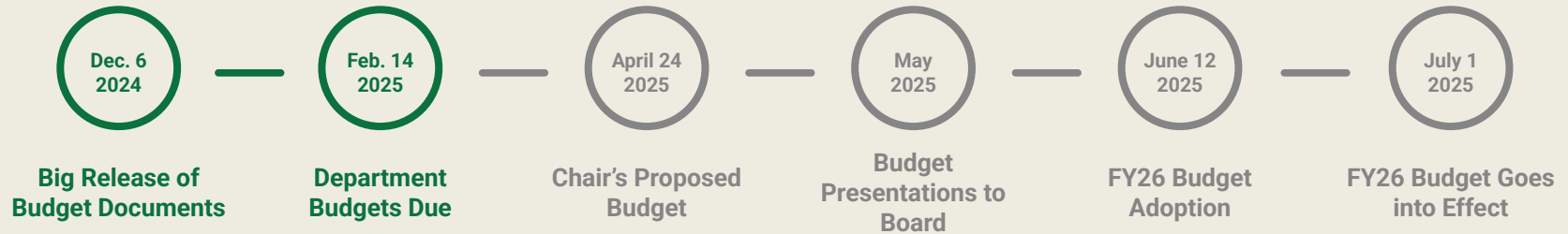
## Director's Office

- BHD presented the framework for our Comprehensive Local Plan + process yesterday to the Board of County Commissioners
- We have two more briefings on 12/10 and 12/19. Join us in the boardroom, watch us live on youtube, or play it back!
- As requested we will present a high level budget overview for you today.

# Multnomah County and HD/BHD Budget Timelines

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## Multnomah County FY26<sup>2</sup> Budget Timeline



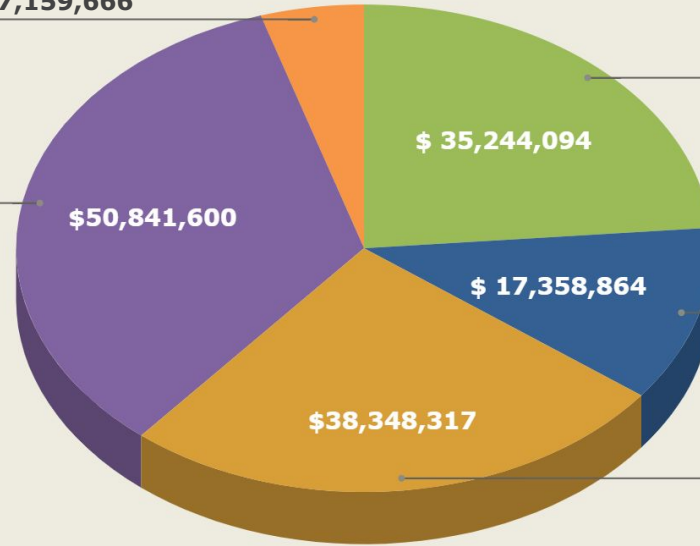
<sup>2</sup> FY26 = July 1st, 2025 through June 30th, 2026

# FY25 BHD Budget by Funding Source

**FY25 Behavioral Health Budget by Funding Source**  
**Total Division Budget: \$148,952,541**  
**Total FTE: 347.03**

**Other (BWC, PFA, etc.)** \$7,159,666  
4.8%

**State**  
34.1%



**General Fund**  
23.7%

**JOHS-SHS**  
11.7%

**Federal**  
25.7%

# FY25 BHD Budget by Program Area

## FY25 BHD Budget by Program

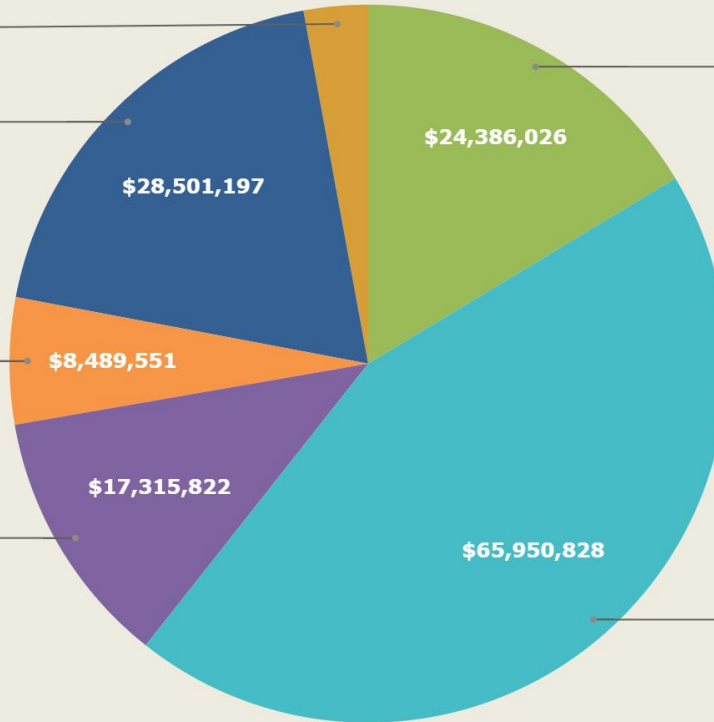
Total Division Budget: \$148,952,541

BH Administration: \$4,309,117  
2.9%

Care Coordination  
19.1%

Quality Management  
5.7%

Direct Clinical Services  
11.6%



Addiction Services  
16.4%

Community Mental Health  
44.3%

# FY25 BHD Budget Expenditure Breakdown

