

**Multnomah County**  
**Behavioral Health Division**  
**Behavioral Health Advisory Council Meeting**  
**October 1st, 2025 10AM - Noon**



Community Lived Experience/Family/ Advocate Representatives	Public Service Representatives	Staff	Guests
<input checked="" type="checkbox"/> Barb. Rainish <input checked="" type="checkbox"/> Courtney Shannon <input checked="" type="checkbox"/> Eric Bray <input checked="" type="checkbox"/> Etta Assuman <input checked="" type="checkbox"/> Joni Scheib <input checked="" type="checkbox"/> June Howard Johnson <input checked="" type="checkbox"/> Katrina Malachowski <input type="checkbox"/> Kevin Fitts <input checked="" type="checkbox"/> Laura Bueford <input checked="" type="checkbox"/> Lisa Yu <input checked="" type="checkbox"/> Mamie Gathard <input type="checkbox"/> Mary Avalon <input checked="" type="checkbox"/> Patty Hamit Arvizu <input checked="" type="checkbox"/> Robert Fentress <input checked="" type="checkbox"/> Ruthie Benjamin <input checked="" type="checkbox"/> Ryan Hamit <input type="checkbox"/> Vacant	<input type="checkbox"/> <b>CareOregon</b> Cassi Sturtz <input checked="" type="checkbox"/> <b>Cascadia Behavioral Healthcare</b> Dave Kohler <input type="checkbox"/> <b>Central City Concern</b> Tuesday Hailey <input type="checkbox"/> <b>Lifeworks NW</b> Mary Fakhoury <input checked="" type="checkbox"/> <b>Multnomah County Sheriff's</b> <b>Office</b> Nora Mains (NWIAS) <input checked="" type="checkbox"/> <b>NAMI Multnomah</b> Kerri Melda <input checked="" type="checkbox"/> <b>NARA NW</b> Albie Lemos <input checked="" type="checkbox"/> <b>New Narrative</b> Haven Taylor <input checked="" type="checkbox"/> <b>Quest Center</b> Allison Haws/ <b>Victoria Haberkorn</b> <input type="checkbox"/> Vacant <input type="checkbox"/> Vacant <input type="checkbox"/> Vacant	<input type="checkbox"/> Anthony Jordan <input checked="" type="checkbox"/> Deandre Kenyanjui <input type="checkbox"/> Jay Auslander <input checked="" type="checkbox"/> Jenny Tsai <input type="checkbox"/> Jessica Jacobsen <input checked="" type="checkbox"/> JJ Jessee <input checked="" type="checkbox"/> Mario Cardenas <input checked="" type="checkbox"/> Olivia Kilgore <input type="checkbox"/> Roger Garth <input checked="" type="checkbox"/> Diego Basabe <input checked="" type="checkbox"/> Leah Drebin <input checked="" type="checkbox"/> Marc Harris <input checked="" type="checkbox"/> Sharmila Bose	<input checked="" type="checkbox"/> Heaven Merritt <input type="checkbox"/> Nixxi Blanck <input type="checkbox"/> <b>FORA Health:</b> Michael Hovey <input type="checkbox"/> <b>Health Share:</b> Abraham Rodriguez Guillen <input type="checkbox"/> <b>PPB BHU:</b> Jennifer Butcher

<b>Topic</b>	<b>Notes:</b>
<b>Welcome and Introductions Group Agreements</b>	Mario led the group through introductions. Deandre gave a reminder about group agreements and the need to maintain a respectful environment in the chat and in the meeting.
<b>Recognition Month or Awareness Events (if Applicable)</b>	<p>Recognition Month Events (if Applicable)</p> <p>Recognition Events:</p> <ul style="list-style-type: none"> <li>• ADHD Awareness Month</li> <li>• Domestic Violence Awareness Month</li> <li>• Filipino-American History Month</li> <li>• Health Literacy Month</li> <li>• Hispanic Heritage Month 9/15-10/15</li> <li>• National Depression and Mental Health Screening Month</li> <li>• National Disability Employment Awareness Month</li> <li>• October 13th: Indigenous People's Day</li> <li>• October 19-25: Invisible Disabilities Awareness Week</li> </ul>
<b>Announcements and Community Updates</b>	<p><b>Announcements</b></p> <ul style="list-style-type: none"> <li>• <b>November election is around the corner. We have openings for (1) Lived Experience/Family Member/Advocate seat and (3) Public Service Representative seats. Applications are due 10/07/2025.</b></li> <li>• </li> </ul> <p><b>Community Updates</b></p>
<b>Minute Approval</b>	September minutes approved by BHAC

Topic	Notes:
<b>Presentation Notes: Naming the Permanent Facility for Deflection and Sobering</b>	<ul style="list-style-type: none"> <li>• One reason to consider renaming the facility is to give a message of hope, a new beginning / fresh start.</li> <li>• There will be a diverse group of people that will be interfacing with the facility and the SUDs services</li> <li>• The name should inspire change, new beginnings, hope. What could that name be? <ul style="list-style-type: none"> <li>○ Community resilience center</li> <li>○ HOPE (Holding Positive Expectations) Center <ul style="list-style-type: none"> <li>■ There is a HOPE team with Clackamas County Sheriff's office and a HOPE center at Cascadia (part of their day center)</li> </ul> </li> <li>○ New Beginnings</li> <li>○ Sunrise coordinated treatment center</li> <li>○ The Center of transformation and hope</li> <li>○ The New Beginnings Coordinated Care Pathways Center</li> <li>○ Restart Center</li> <li>○ Reboot Center</li> <li>○ The center of recovery and excellence</li> <li>○ A safe place</li> <li>○ The Cross Road Center 4 Life</li> <li>○ The recovery pathways center of excellence</li> <li>○ new horizon center of wellness</li> <li>○ PDX Recovery Hub</li> <li>○ Kindred Pathways</li> <li>○ New dawn recovery center</li> <li>○ Ascend wellness center</li> <li>○ The New Pathways Center</li> <li>○ true path recovery center</li> <li>○ Community action and empowerment center</li> </ul> </li> </ul>

Topic	Notes:
	<ul style="list-style-type: none"> <li>○ serenity recovery center of wellness</li> <li>● Ryan shared that it could be a waste of tax payers money to rename the new center, but could be better to put the money towards improving services instead. <ul style="list-style-type: none"> <li>○ Deandre shared there is no cost to rename the facility.</li> </ul> </li> <li>● There are historical people in the community, maybe the facility could be named after someone who has been an advocate, influential and inspiring to a lot of people. <ul style="list-style-type: none"> <li>○ Jo Walsh - veteran, very active in the community but he passed before the pandemic</li> <li>○ Deandre Kenyanjui</li> </ul> </li> <li>● Some folks feel the name still feels good and doesn't need to change.</li> <li>● Might be good to have a name that attracts adults of all ages, especially younger adults.</li> <li>● How long do we have to name the facility? Since it opens in 2027, maybe we could take more time to think about it. Folks could send in their ideas and we could spend a little time reviewing it at the next meeting? <ul style="list-style-type: none"> <li>○ Yes, we can have more time to determine the name.</li> </ul> </li> <li>● What are all the services being offered at the new center? <ul style="list-style-type: none"> <li>○ Deflection services, peer services, care coordination, sobering services, MAT, withdrawal management, showers, food, storage, transportation</li> </ul> </li> <li>● It would be important that the new name isn't duplicative of other existing services.</li> <li>● Some folks feel frustration is that the intended to name the long-term center</li> <li>● Some members still feel the existing name is best.</li> <li>● Maybe avoiding words like sunrise - religious connotation</li> </ul>

Topic	Notes:
<b>Presentation Notes:</b> <b>Sheriff's Office</b> <b>Programs Unit</b>	<ul style="list-style-type: none"> <li>• Nora is a counselor with the sheriff's office and works in the jails as a counselor (in the Programs Unit)</li> <li>• There is a lot of stigma around corrections, mental health services</li> <li>• Everyone has some sort of affiliation or knows someone involved with the justice system.</li> <li>• Haven shared - I think there has been consistency with the group that renaming the center isn't a priority from most council members.</li> <li>• Multnomah has 2 jails <ul style="list-style-type: none"> <li>○ Max security center - Justice Center downtown on 3rd and main?? It shares some facilities with PPB.</li> <li>○ Inverness jail does medium security - it is a more pro social environment for those detained.</li> </ul> </li> <li>• The main psychiatric unit is a 10 cell unit. They are usually on their way to aid and assist court. <ul style="list-style-type: none"> <li>○ There are usually people that cannot handle the activities of basic living on their own and are not safe alone or with others.</li> <li>○ Severely mentally ill, a lot of times will not submit to medication. They do get a choice about whether or not to medicate.</li> </ul> </li> <li>• Inverness has a large mental health unit</li> <li>• Folks that are referred to the state mental hospital, but theres usually a wait. <ul style="list-style-type: none"> <li>○ At the hospital, people can be forced medicated if they are a danger to themselves or others.</li> </ul> </li> <li>• Jails vs prisons - prisons are for people that are charged, convicted, sentenced <ul style="list-style-type: none"> <li>○ Jails are for people waiting for sentencing, people who are charged and waiting for a spot to open in state prison</li> <li>○ Sometimes people are in jail waiting / fighting cases for up to 4 to 5 years</li> <li>○ Multnomah County sheriff's office website is a good resource to learn more</li> </ul> </li> </ul>

Topic	Notes:
	<p>about jails</p> <ul style="list-style-type: none"> <li>○ Jails have gender specific dorms</li> <li>○ They have libraries to look into case law related to their case</li> <li>○ They do food handlers licenses, G.E.D. services, SE Works has multiple programs for justice involved individuals that are getting out of jail</li> <li>○ Supportive recovery program - they can get suboxone and they're working on developing a methadone program in the jail</li> <li>● Safety and security is the bottom line at the jail.</li> <li>● Multnomah County has zero tolerance policy around sexual harassment and sexual assault</li> <li>● They work with forensic diversion - mental health consultants assess for aid and assist</li> <li>● All mail comes through invernness jail. Every letter is screened. <ul style="list-style-type: none"> <li>○ Sheriff website details what is ok to send</li> <li>○ <a href="https://www.mcso.us/corrections-facilities-division/jails">https://www.mcso.us/corrections-facilities-division/jails</a></li> </ul> </li> <li>● Haven asked for the top 3 reasons why there's a miss picking up on services when someone is released, and how can those connections be strengthened? <ul style="list-style-type: none"> <li>○ Historically, people could get out of jail after hours (even 10pm at night)</li> <li>○ Stigma plays a role</li> <li>○ Housing is always a big deal. Central City Concern has pretty good housing and some motel housing vouchers.</li> <li>○ They do needs assessments when someone is released</li> </ul> </li> <li>● There are more males than females incarcerated in jails</li> <li>● Joni asked about dental care in the jails <ul style="list-style-type: none"> <li>○ Dental and medical care is all done by corrections health. Dental care offered is very basic.</li> </ul> </li> <li>● Since COVID, volunteering in jails has been very limited</li> </ul>

Topic	Notes:
	<ul style="list-style-type: none"> <li>• How are people informed about services and ways they can aid and assist their legal case?               <ul style="list-style-type: none"> <li>○ Counselors help with this. Norah has ~100 people on her case load. Some people require a little more support than others.</li> <li>○ There are inmate manuals and introduction manuals.</li> <li>○ Some people it takes a little more time for them to be open to learning about services</li> <li>○ Counselors do rounds everyday and talk to people on their case load. If they have questions about services, they are able to talk with them about it.</li> </ul> </li> </ul>
<b>OCE &amp; Director's Office Updates</b>	<p><b>OCE:</b> OCE is still working on hiring 1.0 additional FTE, with a to be determined KSA (knowledge skills and abilities)</p> <p><b>Directors' Office:</b> No updates</p>
<b>Next Meeting</b>	

The background of the slide is a close-up photograph of autumn foliage. It features several large, vibrant leaves in shades of yellow, orange, and red. Interspersed among the leaves are several pinecones of different sizes and colors, ranging from dark brown to light tan. The overall composition is dense and textured, evoking a sense of fall.

**BHAC General Council Meeting**  
**10/01/2025**

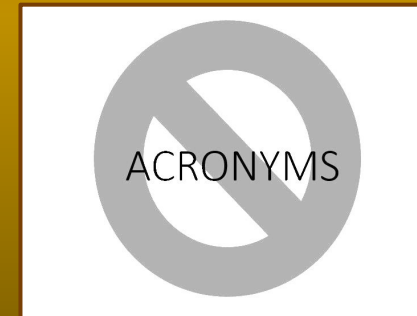
**BEHAVIORAL HEALTH  
ADVISORY COUNCIL**



# BHAC Meeting Reminders and Group Agreements

## Making space for all voices

- Hold space, make space
- Remember WAIT (Why Am I Talking?) & principles before personalities
- Stay engaged to the best of your ability
- Share your experience & hear the experience of others - Use “I statements”
- Acknowledge intent and center impact (pure intention does not eliminate harmful impact)
- Name and account for power dynamics in the the work
- We are here to work collaboratively, and share responsibility for the success of our work together
- Limit comments to two minutes
- Limit acronyms and jargon
- Interrupt conversations that cause harm



# BHAC Meeting Reminders and Group Agreements



## Self-care

We support one another by taking care of ourselves

Pause before speaking when feeling stressed -  
respond rather than react

Expect and accept non-closure

Experience discomfort - (creating a safer space for challenging  
conversations can be uncomfortable at times)

Take the conversation off-line with staff

## Virtual meeting reminders

Try not to talk over each other - raise hand; use chat; accommodate  
people on the phone and tech issues

Silence microphones when not speaking

Go off camera when necessary

# BHAC Meeting Reminders and Group Agreements

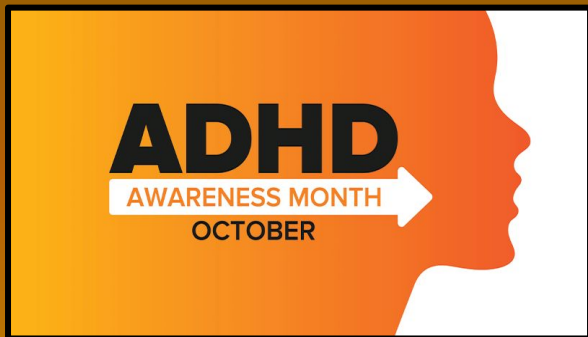
**Disruptive behavior during the meeting will result in:**

1. Facilitator calls attention to harmful behavior
2. If behavior continues, participant will be reminded of impact and warned of potential meeting separation via private chat or via verbal warning if on phone
3. Separation from meeting with continued disruption



# Monthly Awareness and Recognition

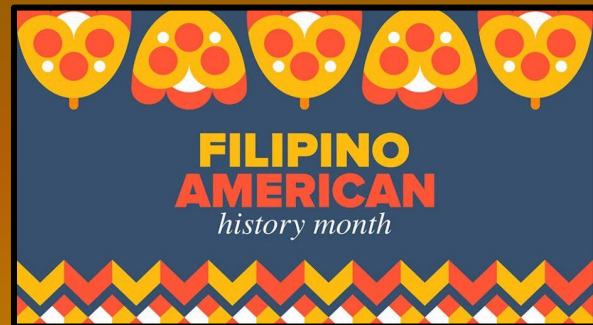
Join Proclamation Ceremony live at Noon: <https://www.youtube.com/MultCoBoard>



ADHD Awareness Month



Domestic Violence Awareness Month



Filipino American History Month



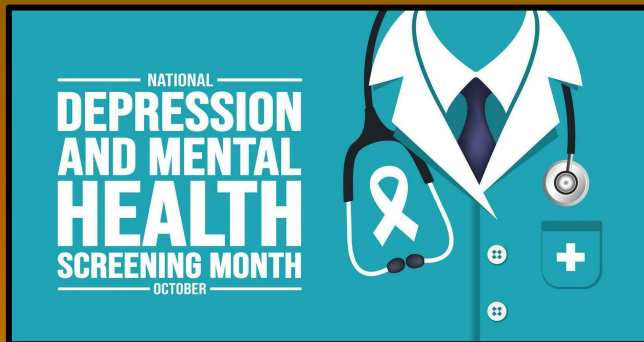
Health Literacy Month



National Hispanic Heritage  
Month (9/15/25-10/15/25)

# Monthly Awareness and Recognition

Join Proclamation Ceremony live at Noon: <https://www.youtube.com/MultCoBoard>



**National Depression and Mental  
Health Screening Month**



**National Disability Employment  
Awareness Month**



**October 13th: Indigenous Peoples'  
Day 2025**



**October 19th-25th: Invisible  
Disabilities Awareness Week 2025**



This meeting is  
recorded

OCE will review the recording for note  
taking and group accountability purposes

BHAC General Council and Community  
Workgroup meetings are open to the public

# Announcements

- November election is around the corner. We have openings for (1) Lived Experience/Family Member/Advocate seat and (3) Public Service Representative seats. **Applications are due 10/07/2025.**





Community Updates



A photograph of a row of large, orange pumpkins lined up on a grey stone path. To the right of the pumpkins is a dense bed of green foliage with many small, bright yellow and orange marigold flowers. The scene is brightly lit, suggesting a sunny day.

# **Close Slides for Presentation/Discussion**