



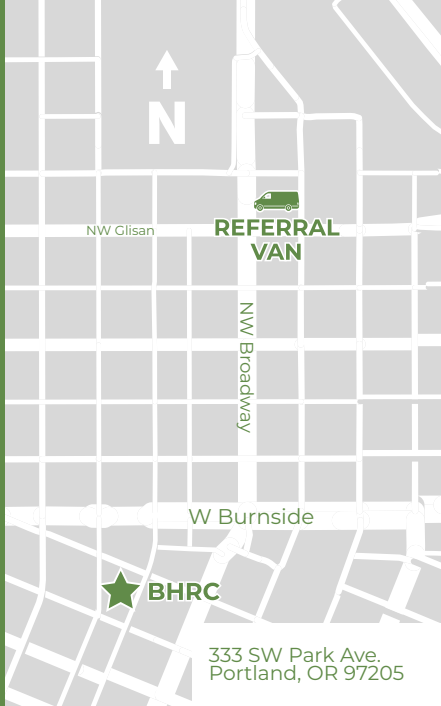
## How to access the Behavioral Health Resource Center Day Center:

Tickets are available at the referral van located on NW Broadway and Glisan St. from 6:00 a.m. to 1:00 p.m. or until they run out.

**Looking for BHRC shelter?  
Call (503) 988-5090 x87434**

**Have questions?  
Call (503) 988-4100**

See back for additional info.



333 SW Park Ave.  
Portland, OR 97205

## Day Center Services:



Peer support



Restrooms



Showers



Laundry



Lockers



Computers and  
charging stations



Basic first aid



A safer space  
to relax



Support groups  
and activities



Warm drinks, water,  
and light snacks



Clothing

Sign up at the referral van to receive  
services during one of the 3hr. blocks:

### 1st Block

8:00am - 10:45am

### 2nd Block

11:00am - 1:45pm

### 3rd Block

2:00pm - 4:45pm

### 4th Block

5:00pm - 7:45pm

## Mail Hours



You can check mail  
without being signed up  
for a time block.

9:00am - 10:00am

12:00pm - 1:00pm

3:00pm - 4:00pm

6:00pm - 7:00pm



Pets are  
welcome!



No firearms or explosives.  
Self defense tools must be  
checked upon entry.



No drug or alcohol use  
onsite or within 2 blocks  
of the building.