

> Case management

Let's tackle this together so you can feel better

When you have a serious illness or injury, your health to-do list can feel miles long. Our case managers can work with you, your family, caregivers and your healthcare providers to keep you on the path to recovery.

It's normal to need a little extra help when facing a serious injury or illness. Healing takes time. We're here to lend a hand.

How our case managers support your recovery

After you sign up with this program, your personal case manager will call you to decide the type of health support you need. Don't worry, you call the shots. We just offer guidance along the way. Here's what your case manager can do:

- Help you understand and get the most from your available medical benefits
- Assist in finding providers in your network
- Talk with you, your providers and caregivers to support your goals as you recover

- Make sure you have everything you need after being discharged from the hospital
- Connect you with resources in your community
- Help you learn to take care of yourself
- Make sure you know about all of our helpful resources
- Help you prioritize and achieve your health goals

We make it easy to ask for help

Want to get started with Moda Health case management? To get help with your medical needs, call 888-445-7413. TTY users, please dial 711. You can also log in to your myModa account at modahealth.com.



Questions?

We're here to help. Call us toll-free at 888-445-7413 or email casemgmtrefer@modahealth.com. TTY users, please call 711.

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ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 1-888-786-7461 (TTY: 711).

注意：如果您說中文，可得到免費語言幫助服務。請致電 1-877-605-3229（聾啞人專用：711）



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