



Community Involvement Committee



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September 22 2020, 5:30-7:30 pm

Virtual Retreat Part 1

Zoom

MEETING MINUTES

In Attendance: Richard Barker, Angel Brophy, Claire Carder, Desiree' Duboise, Malcolm Hoover, Michelle Kosta, Rhiannon Martin, Ilima Nitta, Marvin Peña, Sachini Weerawardena

Absent: Amanda Squiemphen-Yazzie

Excused: Sahar Yarjani Muranovic, Emily Purry, Juanita Santana & Mike Savara

Staff: Dani Bernstein, Olivia Kilgore

Guest Facilitators: Daesha Ramachandran & Bonnie Oliva-Porter - Tusk Consulting

Agenda Item	Action Item
<p>Gather and Settle In Daesha opened the meeting and asked everyone to introduce themselves with their name, pronouns, access needs, and personal weather report.</p> <p>Daesha reviewed the plan for this first retreat session and subsequent sessions.</p>	
<p>Building Connection Daesha split everyone into two groups for a scavenger hunt to collect and share:</p> <ul style="list-style-type: none"> ● Something red ● Your favorite mug ● Whatever is in the pockets of your winter jacket ● Thing thing you've had the longest ● A book you did not enjoy <p>Daesha split everyone into pairs and trios to interview each other, with the questions:</p> <ul style="list-style-type: none"> ● What's the story of your name (first, middle, last, or nickname)? ● When you were a child, and someone said, "go outside!", where did you go? what did it look like? what did you do or play? who did you play with? what was your favorite part? ● Tell the story of your life in a minute. The only rule is that your story must end with, "...and that's why I chose to come to be a member of this 	

Committee.”

Daesha asked everyone to reflect on the prompt “How do you know when tension is present in yourself and others?” and then share it in the chat and discuss.

Daesha also posed the prompt: “How do you know when there is ease in a group? What do you notice in your body? What do you notice in others?” to share it chat and discuss.

Building Agreements

Daesha broke the group into breakout rooms to talk about what agreements need to be in place so the committee can do its best collaboration.

Daesha shared the group agreements that the committee developed at last year’s retreat and asked the group to consider in their breakouts - “In order to do our best work together, what do we need to keep or shift on this list?”

Last year’s agreements were:

- Be present.
- Be accountable to achieving goals.
- Be aware of differences in communication.
- Acknowledge intent, address impact.
- Risk being vulnerable.
- People are experts in their own lives.
- Make sure we understand the systems of oppression that are in place.
- What is said here stays here, what is learned here leaves.

Richard and Marvin shared out the major themes from their small group discussions. Both groups focused on the agreement about systems of oppression. Daesha and Bonnie will capture the notes from the small group discussions and share them.

Closing & Reflection

Daesha recapped what the committee did in this first session. Bonnie and Daesha will put together the notes from this session and make sure they are emailed out to the group.

Daesha shared that if members were willing, they would receive an assignment to connect with a buddy between now and the next session, with the intent that it will help the group’s work next session to build from the wisdom and experience of the group.

Daesha clarified that the time commitment would be about an hour phone call or video call. She will connect with Dani and Olivia about the logistics, and they will be shared out with the group.

The next sessions will focus on goals for next year.

Daesha asked the group what worked well tonight, and what people would shift for next time.

Marvin suggested adding more five minute breaks. Michelle also agreed with longer breaks.

Claire would like to see more productive work time with the group.

Michelle wondered if it was an option to do any of the meetings during the day.

Malcolm said he needs to know and trust people to do the work.

Daesha will follow up with Dani and Olivia about other time options. Daesha can't do weekends, so that's a limitation.

Daesha asked everyone to share a word in the chat about how they are feeling at the close of the session.
