



April Resources 2024

NOTE- This MONTHLY resource is generated for the month ahead - For April 2024, the resources were gathered the 1st & 2nd week of March 2024

★ SAVE THE DATE

Multnomah County Developmental and Intellectual Disability

ANNUAL INFORMATIONAL FAIR 2024

MAY 16

★ **[Early bird registration is open until March 20th. Save \\$40 on registration!](#)**

- **What: 15th Annual Latino Health Equity Conference**
- **When:** Add to your calendar SAVE the date- **May 22nd**, 2024 8:30am - 4:30pm PST - Celebration to follow!
- **Where:** 1000 NE Multnomah St Portland, OR 97232

★ **[Portland CATstravaganza CATS CATS CATS](#)**

- **What:** Join Loving Cats Worldwide for a Cat Extravaganza & Rescue Awareness Event like you've never seen before! Our international judges will stage, reward, and present these stunning felines at our family furr-iendly event. The most beautiful cats in the world will join under one

roof to compete for the ultimate prize of Best Kitten, Best Cat, Best Alter and Best Household Pet. Visitors will have plenty of opportunities to get up and close to their furry friends and will be able to learn more about our intelligent companion animals and what makes cats such amazing animals by observing one of our judging rings.

- When: Saturday, **March 23rd - Sunday, March 24th**, 2024 10:00 AM - 4:00 PM
- Where: **EXPO** Center

★ [2024 Tulip Festival](#) - ALL AGES

- What: The Wooden Shoe Tulip Festival is an annual celebration of spring, showcasing acres of breathtaking tulip fields in bloom. Located in Woodburn, our festival attracts visitors from near and far to experience the beauty of millions of blooming tulips. [TICKET INFORMATION HERE](#)
- When: The 2024 festival runs from March 22nd to May 5th, with operating hours Monday – Thursday 9am-6pm, Friday 9am-7pm, Saturday 8am-7pm, and Sunday 8am-6pm.
- Where: Our festival is located at 33814 S Meridian Rd, Woodburn, OR 97071, a short drive from Portland or Salem. Ample parking is available onsite and included with your admission ticket.
- Check the website for more information or for questions email or call: office@woodenshoe.com or 503-634-2243
- **SPECIAL EVENTS in APRIL** - April 13th and 14th: American Cancer Society Relay Weekend: Support cancer society and learn more about our local Relay for Life! - And - April 20th and 21st: Alzheimer's Association: Support and learn about Alzheimer's.

★ [World Down Syndrome Day After Party! / ¡Día Mundial del Síndrome de Down!](#)

- What: Let's Celebrate with a World Down Syndrome Day After Party! Every year on March 21st, we observe [World Down Syndrome Day](#). It's an important day where people worldwide unite to celebrate and support individuals with Down syndrome. We will be acknowledging the celebration of people with disabilities can happen any and every day of the year!
- When: This year, we will gather locally on **March 24th** from 1 pm to 4 pm
- Where: Oaks Park Amusement Park 7805 Southeast Oaks Park WayPortland
 - [MORE INFORMATION HERE](#)

★ [The One Moto Show](#)

- [THE ONE MOTORCYCLE SHOW: YEAR 15 The best show on Earth is back.](#)
- What: During the multi-day [One Moto Show](#), thousands of motorcyclists (and moto-enthusiasts) roll into Portland to celebrate bikes and biker culture, with hundreds of motorcycles from around the world on display, ranging from the vintage to the strange and custom-made. Discover old, new, custom, rare and classic builds from all over the world and enjoy live music, professional flat-track racing, electric mini-bike racing, art and food.
- When: April 19-21
- Where: The Lot at Zidell Yards 3030 S Moody Ave Portland OR 97201
- NOTE: This event will be LOUD and may not be sensory friendly for sensitive hearing

★ [Buddy Fest NW](#)

★ [MARK YOUR CALENDAR - SAVE THE DATE](#)

- What: NW Disability Support's annual celebration promoting the acceptance and inclusion of people experiencing disability (including Down syndrome). It is the largest fundraiser of the year for NWDS
- When: Saturday, September 14, 2024 10:00 AM 1:00 PM
- Where: Moda Center Commons One N Center Ct StPortland

★ **Supporting Dignity of Risk**

- What: Every person has the right to learn and one of the ways we learn is by taking risks in life. It is important to understand the concept of dignity of risk, and how to assist people with supported decision-making. We take risks every day and by helping someone think through decisions and weigh options can support their dignity of risk. Join us to:
 - Understand the meaning of dignity of risk.
 - Identify the difference between important TO and important FOR, and how to find the balance between the two.
 - Explore creative ways to support a person's dignity of risk through supported decision-making.
 - Engage in hands-on practice and discussion to help promote dignity of risk
- When: April 2, 2024, 10:00 – 11:30 am \$40
- [OTAC WEBSITE](#)

★ **Oregon Holds \$1 Billion in Unpaid Checks. Is Some Yours?**

- Read the [ARTICLE](#) here and click [HERE](#) for the website to see if you have a stake in more than \$1 billion in unclaimed funds in the state of Oregon?

★ **The ARC** -

- [CLUB IMPACT | COMMUNITY NIGHT](#)

- What: Our Community nights are opportunities to try new activities and meet Organizations who offer resources, advocacy and support for Club Impact is a social program for Adults in Intellectual and Developmental Disability Community! Come see our new space at the Hollywood Senior Center.
- When: **March 25** @ 8:00 am - 5:00 pm \$3.00
- Where: 1820 NE 40th Ave, Portland, OR 97212

★ [TAG! Queer Shorts Festival](#)

- What: TAG! Queer Shorts Festival is your Portland, Oregon-based international festival of short films, featuring work made exclusively by queer and transgender directors. A sponsored program of the Historic Hollywood Theatre in Portland. TAG! Is moving into its second decade with an all-new 2024 selection. Featuring live programs and special streaming blocks, the next big Tag!
- When: Apr. 6–7, 2024
- Where: Hollywood Theater 4122 NE Sandy Blvd
- WEBSITE [HERE](#)

★ [BIKE FIRST registration FULL for 2024](#)

- What: BIKE week is **Saturday, June 29-Wednesday, July 3, 2024**
- All Born In is holding their 17th year of teaching individuals with disabilities the skills needed to ride typical bikes.
- Full Week of Bike Camp -- \$250 or 3- Day Quick Start/Refresher Course -- \$150 Vaccination required for participants
- Where: Parkrose High School Gymnasium, 12003 NE Shaver St, Portland

★ [Klineline Kids Fishing \(Kids \)](#)

- What: Over a two-day period some 3,000 kids, their families and friends, gather at [Salmon Creek Park/Klineline Pond](#) in Vancouver, WA to help children experience fishing, playing outside, and learning about our natural environment and water safety.
- Participants are registered into a 45 minute slot between 8 a.m. and 4 p.m. on the day of the chosen event.
- Each registered child will receive a fishing rod & reel complete with terminal gear, and an event tee-shirt. Bait is provided.
- Kids are encouraged to visit and experience the many other hands-on activities and exhibits in the park, including an archery range and educational kiosks. Prizes are awarded by random drawing.
- The Klineline Kids Fishing Derby is open to kids of all abilities, 5 – 14 years of age.
- Please note that a fishing license is NOT REQUIRED at the event for our special needs participants, regardless of age.
- Kids under 15 years of age can fish year-round without a fishing license. Teens aged 15 and older and adults MUST have a Washington State fishing license on their person while fishing and all state fishing regulations must be followed during these events!
- [REGISTER HERE](#)
- When: *Specifically for children who need support* - Friday, April 12, 8:45am – 4:30pm AND Fishing Derby Day Sat, April 13, 7:45am – 3:45pm
- Where: 1112 NE 117th St, Vancouver, WA 98685
Salmon Creek Park/Klineline Pond in Vancouver, WA

★ [Friday, April 19th 6:00pm - 9:00pm Join us for our third annual Latin American Community Ciencias Night!](#)

- This family friendly event welcomes visitors of all ages for a night of museum exploring, science demos, lectures, and cultural entertainment. All are welcome!
- Featuring music, planetarium shows in Spanish and English, access to our exhibits, Tyrannosaurs - Meet the Family and Staying Alive: Defenses of the Animal Kingdom, and more.
- Community Ciencias Night Tickets \$10 Adults, \$8 Youth/Seniors | Ticket includes parking and all activities. OMSI members receive a 15% discount

★ [2024 Portland AUTO Swap Meet](#)

★ [58th Portland Swap Meet once again at the Portland EXPO Center in Portland](#)

- What: CAR SWAP MEET SHOW
- When: Friday, April 5th - Sunday, April 7th
- Where: EXPO Center
- [FLIER](#)
- [EVENT PROGRAM](#)

★ [2024 Free and Cheap Easter Events](#) *NOTE - Link to this site has a lot of POP UP ads*

- Easter Egg Hunt at [Bella Organic Farm's Easter Egg Hunt](#). – Portland
 - **March 30-31** | 10 a.m. to 6 p.m. and 10 a.m. to 5 p.m
- [Nordic Northwest](#) is hosting an Easter egg hunt and celebration.
 - Easter Pancake Breakfast and Egg Hunt – Troutdale
- [Kiwanis Pancake Breakfast and Easter Egg Hunt](#) at Glenn Otto Park
- Neighborhood Egg Hunt – **Portland**
- Enjoy a free egg hunt, face painting and yard games hosted by Sojourn Church at [Fernhill Park](#), 6100 Northeast 37th Ave. in Portland.

- When: **March 30** | 12 to 2 p.m.
- Egg Walk – **Fairview**
 - When: **March 30** | 10 a.m. to 12 p.m.
- The **City of Fairview** is hosting an Egg Walk with games, activities, visits with the Easter Bunny and a special needs area.
- Easter Drive-Up Event – **Gresham**
 - When: **March 30** | 12 to 1 p.m.
- Drive up and receive Easter treats for each child at **Gateway-Gresham Elks Lodge #1805**. All are welcome!
 - Where: Gateway-Gresham Elks Lodge #1805 is at 3330 NE Division St. in Gresham.
 - When: **March 30th** 12pm - 1PM
- AND MANY MORE

★ **[Discover the amazing things our brains can do at the free annual OHSU Brain Fair](#)**

- What: [CLICK WEBSITE LINK HERE FOR INFORMATION](#)
- When: Saturday, Apr. 6, 2024 10 a.m. – 4 p.m. Free
- Where: OMSI 1945 SE Water Ave

★ **[Arts & Crafts activity calendar for kids](#) - ***NOTE - Link to this site has a lot of POP UP ads*****

★ **[Need to incorporate some heavy work into your child's sensory diet? Try this list of heavy work activities for kids](#)**

★ **[Free autism planner is a visual planner for parents of autistic children to keep track of their child's sensory diet](#)** (Scroll half way down the page and fill

out the YELLOW BOX) To join and get your copy of the free autism planner. You'll then be redirected to instructions on how to access the four different versions of the planner.

★ [Therapeutic Equine Program](#)

- **NOTE: Must be in the Trillium Program to access this program -** Discover the transformative power of [Trillium's Therapeutic Horse Program](#) at our Corvallis campus, where companionship fosters resilience and growth for **kids in our care**. Trillium's Therapeutic Equine Program, also known as Equine Skills Training, is a program at Trillium's Corvallis campus that develops an individualized plan to work with the specific needs of each client.
- The Equine Dialectical Behavior Therapy (DBT) Program is an innovative curriculum that enables youth of all ages to develop a deeper understanding of the skills learned in DBT by practicing specific lessons alongside the horses.

★ [NW Kids 2024 FREE Summer Camp Expo KIDS](#)

- When: Sat Apr 20 2024 at 10:00 am to 5:00 pm
- Where: OMSI 1945 SE Water Ave, Portland,
- Join us for a “one-stop shop” opportunity to learn about all of the best summer camps in the Portland Metro area. With over 30 different camps represented, you are sure to find the perfect fit for your family. Make this your kids' best summer yet! Giveaways (including free weeks of camp!), swag, demonstrations and fun for the whole family!
www.nwkidsmagazine.com Participating camps (CLICK the BLUE LINKS to access CAMP) include the following:
 - [Trackers Earth:](#)

- Steve & Kate's Camp
- Tucker Arts Camp
- Boy Scouts of America
- Stronger Skatepark
- Aim High Academy of Martial Arts
- Park Academy
- Club K After School Zone
- Northwest Children's Theater
- Skate Like A Girl

★ **Earth day April 2024 Clean Up - ALL AGES**

○ **Solve Oregon Spring Cleanup**

- What: The highlight of SOLVE's annual calendar is the Oregon Spring Cleanup, featuring projects that extend across the region. This event unites volunteers and SOLVE partners from across the Pacific Northwest in a collective celebration of Earth Day. Rooted in SOLVE traditions, the Oregon Spring Cleanup merges two of our most cherished events—the Spring Oregon Beach Cleanup, dating back to 1986, and SOLVE IT for Earth Day, which began in 1990.
- When: April 20, 2024

★ **DO YOU NEED A NEW WARDROBE??!! HERE IS THE PERFECT EVENT FOR YOU! The Biggest Clothing Swap in The Northwest**

- What: The BIGGEST Clothing Swap in the Northwest. Two full floors of swapping fun. The Ballroom on the 3rd Floor: The main swap area with tons of clothing sorted into non-binary categories as well as a plethora of shoes and accessories. Plus, a bar. Lola's Room on the 2nd Floor: Plus-size swap sponsored by Chub Hub with more shoes and accessories.

\$10 and a bag of clothes get you a WHOLE NEW WARDROBE. You can bring more than one bag if you want. Don't have a bag of clothes to share? No problem, you can buy an empty bag for \$5.

- [WEBSITE INFO HERE](#)
- When: April 7th
- Where: Crystal Ballroom 1332 W Burnside St

★ [Camp Easterseal's Day Camps for Youth with Disabilities](#)

- **(K Plan cannot cover the cost)**
- [Programs and Services Camping Recreation](#)
- 5 days and 4 nights at Evans Creek Retreat
- Inclusive activities for all ability levels
- Opportunities for learning, growth, and education
- Respite time for caregivers
- Ages 10-59+ (*separate sessions for adults and children*)
- Cost - \$850 + \$25 application fee Some campers may be eligible for a scholarship to attend camp. The cost of camp includes all meals and snacks
- _____
- [Easterseals Oregon Summer Day Camp](#)
- Monday: Arts & Crafts Tuesday: Nature & Exploration Wednesday: Sports & Recreation Thursday: Performing Arts Friday: Culmination Day/Talent Show
- **Eligibility Requirements*** Ages of 10-14, have a diagnosed disability, must be able to self-administer medication without assistance, Campers must be appropriate for a supervision ratio of 1 staff member for every 3 campers, be able to use eat and use the restroom independently, Campers must be in good health with no acute medical concerns and free of communicable disease. NOTE- Unfortunately, Campers who display

physically aggressive/destructive behaviors which can cause abuse for self and/or others are not appropriate for this camp

★ [Zetosch Children's Assistance Fund APPLICATION](#) NOTE: this resource is for future reference

- What: The purpose of the Zetosch Children's Assistance Fund is to provide equipment and services to economically disadvantaged children with disabilities to enable them to receive educational training to the highest of their ability. Grants are limited to a total of \$1,500 per candidate. If you are a parent of a child with a disability, and you would like to apply, please forward the application to a professional (ie: Teacher, doctor, phycologist, counselor etc.) to complete and send in the request for accommodation and/or equipment.
- CONTACT: Gillian Freney OCCYSHN Zetosch Fund Coordinator
503-970-5616

★ SAVE the MONTHS- [MAY & JUNE 2024 PICKLES BASEBALL Promotional Games Schedule](#)

- [PICKLES WEBSITE](#)

★ [National Parks Week](#) - ALL AGES

- National Park Week is happening April 22 to April 30 this year! Entrance fees will be waived on April 20, 2024, to kick off National Park Week and we encourage everyone to enjoy their national parks.
- [Find YOUR VIRTUAL Park](#) From the comfort of your own home
- [Take a Virtual Visit to a National Park CRATER LAKE is on this list!](#)

★ [Getting Ready for Your Child's Move to Kindergarten from Early Childhood Special Education](#)

- What: New Plan! New Team! Kindergarten brings new opportunities for every child, including those moving from Early Childhood Special Education Services (ECSE). This session will help families understand: What to expect as your child moves to school from an IFSP to an IEP. The purpose of special education services. The important role families play in decision-making. How to prepare for your transition meeting
- When: April 4th, 2024 06:00 PM - 08:15 PM PT
- If you need help to register, please call (503) 786-6082 or (541) 695-5416 or email program@factoregon.org.
- Si necesita ayuda para inscribirse, por favor llame al (503) 786-6082 o (541) 695-5416 o envíe un correo electrónico a program@factoregon.org.
- Where: VIRTUAL On Line

★ [Northern Oregon Regional Summit: Dive Into Special Education](#)

- What: Explore special education & the IEP Share effective communication strategies & Talk about how to resolve disagreements
- When: Saturday, April 27 | 8:30 am – 3:30 pm
- [REGISTRATION](#)
- Where: Hood River Valley High School, 1220 Indian Creek Rd, Hood River

★ [Grand Opening Indigenous Marketplace ALL AGES](#)

- When: **March 30th & 31st** 10am - 3pm
- Where: 800 SE 10th Ave, 97214 (Center of Native American Arts and Culture CNAC)
- There is lots of free street parking.
- The Closest Trimet Bus line stops are #6, #14, #15, #70.

★ [OutLoud Portland](#)



ADULTS

- OutLoud Sports Portland is a home to multiple sports! Players of all skills sets are encouraged to come play. Everyone is welcome, regardless of sexuality, gender, status, skill, shape, size or age.
- Registration occurs multiple times a year based on the seasons. Email our GM Moses with any questions, check out our [F.A.Q.](#), or just register and come join the fun!
- 8 Week 7v7 Soccer League
- Where: Alberta Park 1905 NE Killingsworth St, Portland, OR 97211
- DETAILS - Anyone is welcome to register!
- Teams are encouraged to create their own apparel and look.
- All Sexualities, Genders and Personalities are welcome.

★ [Community Partnership Program](#) GRANTS AVAILABLE HERE as well

- What: Portland Parks & Recreation's (PP&R) Community Partnership Program expands PP&R's capacity to reach underserved communities.
- The shared goals of the Community Partnership Program and TCI grants are to:
 - Increase the capacity of youth/teen service organizations to engage and center underserved youth and teens in a broad range of recreational activities (arts & culture, sports, aquatics) and greening activities (tree planting, environmental education, natural areas stewardship, community gardens).
 - Expand PP&R's capacity to reach underserved youth/teens and center equity, particularly working to better serve: Black People, Indigenous People, People of Color, Immigrants and Refugees, families earning low incomes, LGBTQIA+ people, and individuals living with disabilities.

- Strengthen PP&R's network of partnerships with youth/teen service organizations that bring knowledge, expertise, resources, and a focused approach to serving culturally specific communities.
- Build and strengthen partnerships with youth service organizations that can support the recruitment and sustainment of youth/teens for employment at Portland Park & Recreation. Types of employment available range from recreation services to park maintenance, tree care, and stewardship of natural areas. Support is needed in:
 - Interviewing skills
 - Resume writing
 - Submitting NEOGov application for City of Portland employment
 - Connecting youth with valuable career-based resources and mentors
 - Promoting job readiness and career growth

★ [25th Annual Nike Hoop Summit April 13, 2024 Moda Center The Future of the NBA and WNBA on Display! ALL AGES](#)

- WHEN: Sat Apr 13 2024 at 5:00 pm to 7:00 pm
- WHERE: Moda Center
- WHAT: The Nike Hoop Summit showcases America's top mens and womens high school seniors against the best players from around the world who are 19 years old or younger. The annual Nike Hoop Summit, which now includes women. The women's game is scheduled for a 4:30pm tip and the 25th anniversary of the men's game will tip off at 7:00pm.
- Event Information: Bags and full-length umbrellas are not allowed in the arena. Exclusions apply for medical bags, children's bags and clutches 5X8" or smaller. Bag check is available. Popular in Portland Hoop Summit which is specially known for Sports, Basketball.
- Cost: \$25 and up

★ [FACT- Just for YOUTH resource](#) - **EXCELLENT RESOURCE!!!** HST

A FEW ONGOING RESOURCES NOT SPECIFIC TO APRIL

★ [NATE SHEETS COGNITIVE SUPPORTS YOUTUBE VIDEOS](#) - CAREGIVERS

- **Who is Nate Sheets** - Nate Sheets is a behavior consultant and parent coach with over 12 years of experience working with children and adults with developmental disabilities. He specializes in Fetal Alcohol Spectrum Disorders (FASDs), trauma, and cognitive skills.

★ [Oregon Special Needs GRANT PROGRAM](#) -

- Open to any person with a disability for home or vehicle modifications, adaptive equipment or technology, communication devices or durable medical equipment needed to increase accessibility at home, work, school or in their community. The maximum Accessibility Grant award is \$2,000.

Disability Verification required

- SSI or SSDI benefit letter dated within 12 months prior to the grant application date
- First page of the person's ISP, IEP, BHP, or other verification of any disability services received
- Vendor purchase order, estimate, invoice or other documentation clearly showing the goods or services to be purchased and the vendor's contact information
- Proof of denial of payment (if applicable) for purchase of medical equipment or other items possibly covered by disability related benefits
- Letter from professional recommending the item or modification

★ COMMUNITY PARTNERS and RESOURCES

- [Elevate Oregon.org - Elevate Our Future](#)
- [Immigrant Refugee Community Organization \(IRCO\)](#)
- [LATINO NETWORK](#)
- [Native American Youth and Family Center Portland \(NAYA\)](#)
- [New Avenues for Youth](#)
- [Portland Opportunities Industrialization Center](#) - Afterschool Program will integrate elements of the school-day curriculum and employment training services via workshops, clubs, and for-credit courses that are engaging and help broaden youths' outlook
- [Self Enhancement \(SEI\)](#) - Year-round programming for teens and youth, primarily serving underserved African American/black middle and high school students. Youth from N/NE Portland schools, and youth in outer East Portland areas isolated from traditional cultural support systems and resources. Programming will provide youth with supportive mentors, safe spaces for exploring interests through fun and engaging enrichment and extended-learning activities, job skills training and employment support, and a wide range of opportunities to build meaningful relationships with peers and adults.
- [The Blue Print Foundation](#) - Provide youth resources and mentoring where opportunity gaps exist with a focus to uplift, educate, and support the development of black-identified youth and other communities of color.
- [The Blue Print Foundation - What WE Do](#) (So COOL!!!)