

June Resources 2025

Let us recognize: Juneteenth; LGBTQ+ Pride Month,
Men's Health Awareness Month, Gun Violence Awareness
Month, Alzheimer's Awareness Month, Immigrant
Heritage Month, Cancer Survivors Month, Learning
Disability Week & Helen Keller Deafblind Awareness
Week - many MORE

★ Rose Festival 2025 Grand Floral Parade

- What: A cherished highlight of the Portland Rose Festival, this popular procession is more than just spectacular floral-filled parade — it's a beloved annual tradition. For more than 117 years, Portland families, visitors and community groups have been making memories at the Grand Floral Parade
- When: June 07, 2025 10:00 AM 12:00 PM

★ Rose Festival 2025 Junior Parade

 What: Children from all parts of Portland participate by dressing in costume, transforming wagons into floats, decorating bikes with colorful flowers, or just by parading with friends and family.

- Elementary and Middle School marching bands fill the Hollywood District with song, and dance teams add swirls of color to the celebration.
- When: June 04, 2025 1:00 PM 3:00 PM
- Where: Hollywood District Parade Route Map

★ Portland ROSE Festival MAIN WEBSITE

★ Come CELEBRATE as a Community JUNETEENTH on June 21st, 2025 at Lillis Albina Park

- What: The parade is scheduled to kick-off our Annual Juneteenth
 Celebration Saturday, June 21. The parade gathers at 9am at King School located at 4906 NE 6th in the field. The parade route is approximately 2 miles
- The <u>parade ends</u> at the festival at Lillis-Albina Park (N.Russell/N.Flint). At the end of the route, there will be vendors, entertainment and our annual festival.
- The parade is entitled "Clara Peoples Freedom Trail Parade", named after Juneteenth OR's founder and organizer, Clara Mae Peoples "Mother of Juneteenth"
- o Where: begins at 4906 NE 6th & ends 2451 N Flint Ave.

★ OMSI's 2025 - "America's best idea" - our National Parks - and the 30th Anniversary of Oregon Parks Forever

What: Join us for an unforgettable evening as we celebrate "America's best idea" – our National Parks – and the 30th Anniversary of Oregon Parks Forever, with an exclusive screening of the award-winning documentary, Out There: A National Parks Story. A discussion with the filmmaker will follow. This visually stunning film is more than just a scenic road trip—it's a profound exploration of connection, conservation, and the human spirit.

From park rangers and conservationists to adventurers and dreamers, experience firsthand how these spaces inspire, heal, and transform lives.

- When: **JUNE 5**, 6:30-8:30 pm | The Empirical Theater
 - 6:15 pm | Doors Open 6:30 pm| Documentary: <u>Out There: A</u>

 <u>National Parks Story</u> 7:45 pm | Q&A with Brendan Hall, Director &

 Cinematographer. TICKETS: \$15 adults, \$10 seniors (63+), \$8 youth

 (3-13); OMSI members receive 15% off
- Where: Empirical Theater At the Museum 1945 SE Water Ave.

★ The ARC- Children's Mental Health: A Basic Overview of Common Childhood Diagnoses (Providers: AFCH & FCH)

- When: Friday June 20 @ 9:00 am 12:00 pm
- What: This training will cover symptoms of common childhood mental health diagnoses, strategies to support children, and ways to approach parents with concerns. Diagnoses covered include Autism, ADHD, anxiety disorders, depression, adjustment disorders, post traumatic stress disorder, attachment disorders, conduct disorder, oppositional defiant disorder, reactive attachment disorder, and disinhibited social engagement disorder.
- o Where: On line

★ FACT is hosting Q&A with ODE, CODSN, and FACT Oregon

- What: Do you have questions about special education in Oregon? Join co-hosts FACT Oregon and CODSN for a virtual question and answer time with the Oregon Department of Education.
- ¿Tiene preguntas sobre la educación especial en Oregon? Únase a los co-anfitriones de FACT Oregon y la CODSN para preguntas y respuestas con el Departamento de Educación de Oregon. El servicio de interpretación está disponible con 72 horas de aviso previo.

- Interpretation support is available with 72 hours notice
- When: Thursday, June 5 | 6:30 7:30 PM
- Where: Virtual / Online REGISTER HERE/AQUI

★ The ARC offers GRANTS. For MORE information click here

What: We are pleased to offer four unique grant opportunities for Oregon Special Needs Trust (OSNT) beneficiaries, members of The Arc, and others with disabilities. These grants are possible because the OSNT retains 50% of funds remaining in first-party accounts when the trust beneficiary passes away. Our goal is to use those funds to support the needs and enhance the quality of life for people with disabilities.

GRANT Options:

- Higher Education
- Conventions / Conferences
- Final Expense Grant
- Legal Expense Grant
- Accessibility Grant

★ Wonderwood Mini Golf in North Portland

- o **WEBSITE**
- What: Get ready for an enchanting adventure at Mike Bennett's Wonderwood Mini-Golf, a one-of-a-kind 9-hole indoor immersive experience! The whimsical course, located in St. Johns, promises a visual feast with over 750 hand-painted original characters and scenery. From the #6 vertical Plinko hole to #4's swiss cheese challenge with multiple holes (only one of which is right!), and even #8's Portland skyline hole each one is a journey through Mike's colorful world of creativity and imagination!
 When: The course is open Monday-Thursday from 1:00-7:30pm and Friday/Saturday/Sunday from 10:00am-8:30pm

Where: 8811 N Lombard St Portland, OR 97203

★ Every Saturday @ WONDERWOOD - <u>Bard Storytime with the Bard! Saturday</u>, June 21, 2025 11:00 AM 12:00 PM

o Where: 8811 N Lombard St Portland, OR 97203

FREE In person

★ 8 Seconds Rodeo

What: A lot can happen in 8 seconds. A champion can be crowned. A bull can take his revenge. And an entire community can come together. Come celebrate the cowboys of today and the legacy of Black rodeo. Featuring some of today's bravest riders, nastiest bulls, tastiest food, line dancing, and live beats, the show will be an experience like no other. We'll pay tribute to the legends of Black rodeo, give the stars of today their shot at \$60,000 in prize money, and inspire the next generation of cowboys and cowgirls

o When: Sunday **June 15** 7:00PM

Where: Veteran's Memorial Coliseum Cost: \$30- \$170

★ Oregon Metro Hosts in Fairview - Fly fishing clinic Sat. JUNE 14th, 2025 1-3pm

Where: Blue Lake Regional Park - 21224 NE Blue Lake Road, Fairview

★ Free parking day at Metro parks

o When: Thursday June 19th

What: Get out and explore nature in 2025

 Enjoy free parking at Oxbow and Blue Lake regional parks, Broughton Beach, M. James Gleason Memorial Boat Ramp and Chinook Landing Marine Park

★ The Big Red Safety Box FREE RESOURCE

- 1) Our Booklet contains the following educational materials and tools:
 - o A caregiver checklist A Family Wandering Emergency Plan
 - A first-responder profile form A wandering-prevention brochure
 - A sample IEP Letter A Student Profile Form Emotion Identification Cards
 - Wandering Quick Tips
- 2) Two (2) GE Wireless Door/Window Alarms with batteries
- 3) One (1) RoadID Bracelet or Shoe ID tag*
- 4) Five (5) Adhesive Stop Sign Visual Prompts for doors and windows
- 5) Two (2) Safety Alert Window Clings for car or home windows
- 6) One (1) Child ID Kit from the National Center for Missing and Exploited Children
- * You will receive instructions in your Big Red Safety Box to submit a custom personalization order for your RoadID bracelet or shoe ID. Your ID will be quickly engraved and mailed to you at no charge. For more information and ways to prevent wandering-related incidents, please visit http://awaare.org

Those diagnosed with an Autism Spectrum Disorder, and who are at risk of wandering/bolting from a safe environment, qualify to receive a Big Red Safety Box while supplies allow. Limit one (1) box per family – previous recipients are not eligible. Please allow up to three weeks for your Big Red Safety Box request to be processed and delivered to you

★ Elbow Room PDX

- What: Elbow Room is a non-profit community art studio in SE Portland focused on providing material support, mentorship, and meaningful exhibition opportunities for artists with intellectual and developmental disabilities. We center the individual interests, needs, and goals of the artists we work with, and maintain an inclusive space for individuals and groups to develop an artistic practice and a shared creative community.
- Where: 318 SE Main St Suite 125 97214

★ Summer will be here and some may have travel plans → TRAVEL

- TSA.gov TSA Cares Screening Travelers Autism Spectrum VIDEO
- Portland Airport Website Accessibility Page
 - At PDX, we partnered with a nonprofit named Kulture City as well as the Autism Society of Oregon and nearly a dozen other partners to develop the space at PDX. Our sensory room is located on Concourse D near gate D10. It's open and available to passengers 4 am 12:30 am daily.
 - Lanyards are available at the following locations: All Airline Ticket Counters. Lanyards will also be available a minimum of 14 days' advance notice of future travel by contacting the Autism Society of Oregon by e-mail: Info@AutismSocietyOregon.org.

★ Sandcastle Contest - COME WATCH (ALL)

- When: June 21 CLICK HERE FOR MORE INFORMATION
- o What: 61st Annual Cannon Beach Sandcastle Contest!

 This year the contest will celebrate its 61st year on June 21. Join us on the beach and try your hand at building a sandcastle or come to watch!

★ LIBRARY Events & Classes JUNE 2025

Make sure to change the MONTH on the calendar

DID YOU KNOW? The library provides - Tutoring. English Class. Technology Help. Music performances. Citizenship Classes!

- o Indigiqueer Pride Gathering 1pm-4pm Midland Library June 1st
 - Launch Pride month at the Multnomah County Library on June 1, 2025 with an Indigiqueer Pride Gathering, featuring Two-Spirit performers and events. Join us in honoring the voices and experiences of the Two Spirit and Indigiqueer community.
- o Citizenship Class 11 sessions 1pm-3:30pm Midland Library June 1st
 - Learn about the process of becoming a citizen in a 12-week series of classes. Prepare for your citizenship interview. Study United States history and government for the examination. Classes are taught by a volunteer from SOAR Legal. Registration information call 503.379.1598, ext 105, or email jstephenson@emoregon.org
 - Clases gratuitas de Ciudadanía en persona Aprenda sobre la historia de los Estados Unidos, su gobierno y otra información importante para prepararse para el examen de Ciudadanía. Para inscribirse llame al 503.379.1598, extensión 105, o escriba a jstephenson@emoregon.org

★ Multnomah County Library Summer Reading Program

- June 16th through August 31st Reading colors your world!
- Output
 <p
 - Starting June 16, come to the library and pick up a game board or sign up online.
 - Mark one space for each day you read or listen to a book, or do any of the fun activities, between June 16 and August 31, 2024.
 - Each time you mark at least 15 days (they don't have to be in a row!), come to the library to receive a prize. If you play on paper, fill out one of the cards on your game board and bring it with you.
 - Once you've read 45 days total, you've completed the game! Come to the library (if you play on paper, bring your last card) on or after July 30 to receive a T-shirt (while supplies last) and an entry in the Grand Prize drawing for your age level.

★ For the Entire State of Oregon: Autism Society of Oregon JUNE 2025 Calendar

 Some JUNE event examples - Women and Non-Binary Friendship Group for Those on the Autism Spectrum. Paid Leave Oregon Program Overview (online). ASO'S 1st Annual Autism Walk (Eugene) & ASO Drop In Hours (Portland)

★ Northeast Cully Sunday Parkways - June 29, 2025 BIKE RIDING

 What: Portland Sunday Parkways will return to the Northeast Cully Portland route on June 29. Participants are welcome to join the Northeast Cully Portland route at any point and head in any direction. There will be areas along the route and at the featured parks where circulation slows for vendor

- marketplaces, community booths, free family-friendly activities, and live entertainment.
- Feeling the FOMO? Keep up to date by texting "Cully" to 888-520-0526 for the latest event updates and thrilling details on entertainment and activities.
- ADD to your calendar <u>East Portland Sunday Parkways July 27, 2025</u>
- o Downtown Portland Sunday Parkways September 14, 2025

ALSO → NE Cully Bike Fair - June 6 2:30PM to 5:00PM

- What: Get yourself ready to ride during the NE Cully Neighborhood Bike
 Fair! Learn-to-ride activities for children and adults
- Quick fix bike repair station
- Bike safety education
- Participants are welcome to bring their own bikes or borrow one during the event.
- Where: Rigler Elementary School 5401 NE Prescott St.

★ ASO's - Take Break Program for caregivers

- a \$25 gift certificate to a restaurant of your choice;
- 2 movie tickets to a theater of your choice, or a \$20 gift card to a streaming service; and up to 4 hours of respite care at \$18/hour (total \$72) for all of the children in the home under the parent/legal guardian's care
- Eligibility: Any parent/legal guardian/foster parent who is primary caregiver for an Autistic person anywhere in Oregon or SW Washington is eligible.
- To ensure as many parents as possible are given a chance to participate, we ask that each family wait for a year after enjoying "Take a Break on ASO" before applying again. (Note: if the parent qualifies for both *Take a Break on ASO* and "*Take a Breather on ASO*", please choose one program per year to participate in.)

To Participate: Please contact the ASO office by phone at (503) 636-1676 or toll-free at: 1-888-AUTISM-1 (288-4761), or CLICK HERE TO EMAIL ASO from our Contact Page. Please be sure to check your "JUNK" or "SPAM" folder for responses.

★ Greater New Hope Family Services offers - Transportation Services

Additional Classes HERE

★ Oregon ZOO Nights

- When: Starting: June 20- 05:00 pm to 9:00 pm
- Fri, June 20 <u>Hit Machine</u>
- o Fri, June 27 Petty Fever
- Live music and activities from 5:30 pm on. Food and snacks from local food trucks will be available, plus the ever-popular elephant ears, and selection of local beer and wine for adults.
- Zoo Nights is a special event and is not included in regular daytime admission. Tickets must be purchased online in advance.

SEPARATELY >-< Oregon ZOO discounts

- The Oregon Zoo offers discounted admission for Oregon and Washington individuals and families who qualify for a variety of income assistance programs.
- If you have an Oregon or Washington photo ID and documentation showing that you participate in an eligible program, you qualify to buy up to four tickets for \$12 each for you and your immediate family members.
- <u>Eligible programs</u>: Oregon Trail card, Washington Quest card
 Medicaid/CHIP, WIC eWIC card TANF, Temporary Assistance for Needy
 Families

★ HUD Certified Homebuyer Class June 21 @ 9:00 am - 5:00 pm

- What: Learn about the homebuying process from industry professionals, including lenders, realtors, and inspectors, who will equip you with all the essential knowledge you need to navigate the homebuying process. It's completely FREE and Lunch will be provided!
- o Where: NAYA Family Center 5135 NE Columbia BLVD Portland
- SAVE THE DATE!!! Session 1: July 8 July 18 (deadline to sign up is July 5) Session 2: July 29 August 8 (deadline to sign up is July 19)
 - NAYA 2 week, no-cost summer camp, 9th Grade Counts
 - What: Ninth Grade Counts: A two-week, no-cost summer camp, Ninth Grade Counts provides an opportunity for soon-to-be ninth grade students to get a jump start on their journey into high school.
 Students will review high school graduation requirements, explore college and career possibilities, and gain new academic skills while learning about Native American art, teachings, and science. Students will also be introduced to college and university students and staff,

★ THINGS TO DO: PDX Parent Portland Local Resources

• What: THIS IS A GREAT ALL AROUND RESOURCE for PARENTS!

and learn about careers from Native professionals.

 A website for making the most of parenting in PDX for family fun, learning, and adventure in the Portland area! Whether you're hunting for the perfect summer camp, exploring kid-friendly museums, or scouting out top-notch schools, we've got you covered.

★ Oregon Renaissance Faire June 7-8th & 14-15th - 21st-22nd, 28-29th 2025

- 694 NE 4th Ave, Canby, OR 97013
- Oregon Faire WEBSITE
- Buy your TICKETS HERE MUST create an online account to PURCHASE tickets
- Tickets are available online ONLY. No tickets will be sold at the Towne
 Gate. Tickets are also "date-specific" so you MUST choose which days you
 will attend as attendance is capped this year to avoid overcrowding.

★ PHAME Summer Fine & Performing Arts Classes & Workshops

- What: This year's theme is Art is Everywhere, and the term includes five weeks of classes plus a week of exciting workshops. We're offering returning favorites like Zine Creation, Singing, and Photo Safari as well as new classes like Eco Art and Karaoke Superstar.
- For students who are unable to attend classes for the full term, we have great workshops like Site-Specific Dance, Slapstick Comedy, and a Role-Playing Game session, along with our FREE annual Disability Pride Celebration.
- When: Classes are both online and in-person at the fully accessible
 Community Vision building in SE Portland (2475 SE Ladd Ave).
- You can find detailed term and registration information on our website:
 https://www.phamepdx.org/summer2025

★ DON'T MISS NW MARINE ART WORKS' ANNUAL SPRING OPEN STUDIOS THIS MAY 31ST & JUNE 1ST!

- **O TICKETS HERE**
- What: This one-of-a-kind event provides the opportunity to visit the studios where art is created and shop directly from makers. With more than 50 local artists and artisans participating, visitors are sure to find something

- special. From jewelry and apparel to paintings and printmaking, ceramics, photography, sculpture, accessories and housewares it's all here.
- Where: Northwest Marine Art Works 2516 NW 29th Ave. Portland 10 AM to 4 PM

★ ROSE CITY BOOK & PAPER FAIR or rose city book fair

- What: Go bananas for books and ephemera! Over 60 exhibitors will be showing their most interesting used, rare, and collectible books, prints, vintage photos, magazines, and more. Grab a bunch! Complete details, a list of exhibitors and ticket information is available at cascadebooksellers.com.
- o When: June 14-15. Saturday & Sunday 10 am-5 pm
- Where: DOUBLE TREE 1000 NE Multnomah. Near Lloyd Center
- Admission \$5 at the door. Advance tickets may be purchased through Eventbrite.

★ PDX Parent- Family Festival

What: Our 2025 Family Festival will be held on <u>June 21. 9AM to 2PM</u>
<u>Topaz Farm on Sauvie Island</u>. We can't wait to see you there! Each year more than 2,000 kids and grown-ups come to party with us at our Family Festival for a day of family fun, music, and community spirit. If you're a business or performer and you'd like to join us, <u>click here</u> to learn more. If you are interested in participating in our festival, please see this <u>page</u> for space registration, swag bag stuffers, giveaways and sponsorship opportunities. FREE

★ Bounce, Play, and Feed the Animals of Frog Pond Farm

- What: 80 friendly animals and activities spanning 10+ acres, there's always something new to discover at Frog Pond Farm. Bounce to your heart's content in the covered Bounce Park, explore the playgrounds, feed the animals, catch a show, or just kick back and soak up the fresh air.
- When: Jun 1 @ 9:00 am 5:00 pm \$12
- Where: Frog Pond Farm: 2995 SW Advance Rd Wilsonville

★ NACHOS → Yum!! NACHO Week is Here in Portland! NACHO WEEK 2025

- What: Not only are nachos the platonic ideal of bar food, they also present a wonderful canvas for creativity: Crunchy tortilla chips (or tots or what have you) provide a base for whatever toppings your heart desires. The Portland Mercury's annual Nacho Week demonstrates the dizzying versatility of the beloved Tex-Mex dish with exclusive specials created by chefs all over Portland for a mere \$10 each. Plot your itinerary, round up some friends, and go share some full-sized plates of hearty nachos smothered in melty cheese until you fist-fight over the last bite.
- When: The week of JUNE 23-29 <u>VARIOUS RESTAURANTS</u>

★ Oregon Special Needs GRANT PROGRAMS

- Higher Education Grant
- Convention or Conference Grants
- Final Expenses Grants (burial grant)
- Legal Grants
- Accessibility Grants

★ Cheap & Easy Portland Events. Portland on a budget.

★ Tending Together Parent Group

- What: A free monthly opportunity to join with other parents and caregivers in exploring respectful, intentional care in a supportive, facilitated group.
 Each month we'll dive into an article or podcast episode. I will facilitate our conversation with prepared prompts to spur contemplation and discussion.
- You are welcome to bring your own "wonderings" or just listen to the
 discussion. Participate at whatever level feels comfortable to you.

 The primary intention is to create a space for regular reflection, discussion, and connection.
- When: Tuesday June 10th 12pm 1pm Thursday June 26th 7:30pm 8:30pm
- 2nd Tuesday and 2nd Saturday of each month at 12:00pm -1:00pm
- Register <u>here</u>

★ SUMMER is COMING - Stay Cool @ Cooling Locations in Multnomah County

- Staying healthy requires more than good health care, especially during extreme heat events. If you don't have access to transportation, our partners may be able to help you get to a cooling shelter. You can call Ride to Care directly at 855-321-4899. TriMet also offers free rides to cooling centers when it is very hot.
- For future extreme heat events, Health Share may be able to help you stay
 cool or keep your indoor air clean. <u>If you are in need of a fan, air</u>
 conditioner, air purifier, or other items, give our customer service team a
 call.
- To learn more, please contact the Health Share Customer Service team at 503-416-8090 or contact your health plan directly: • CareOregon: 503-416-4100 • Kaiser Permanente: 503-721-6435 • Legacy |

PacificSource: 888-675-0350 • OHSU Health: 844-827-6572 • Providence:

503-574-7247 . Email: info@healthshareoregon.org

★ My People's Market 16 (all)

 What: We're throwing a block party. Expect music, food, shopping, and good vibes. Connect with friends old and new for an experience only My People's Market can deliver. 100+ BIPOC businesses, food, music, & performances

When: Saturday June 28 June 99th 12PM - 6PM

Where: Rose Quarter Commons. 300 N Ramsay Way Portland, OR 97227

★ VANCOUVER, WA Juneteenth Freedom Celebration Sat June 14, 2025 10am-3pm

- What: This free event is open to all ages and features live music from
 Wamba and Jujuba, along with local vendors, an interactive history display and family activities.
- Juneteenth is an American holiday that celebrates the 1865 liberation of the last enslaved African Americans by Union soldiers in Texas, two and a half years after the Emancipation Proclamation was issued in 1863. While it was officially recognized as a federal holiday in 2021, Juneteenth has been celebrated by Black Americans for over a century.
- Learn more on the <u>Juneteenth Freedom Celebration website</u>.

★ Oaks Park Specials

 Three (3) full days of family fun including competitive exhibits, musical and stage performances, a car show, pioneer village, as well as small animal activities. Fair Exhibit Admission: FREE

- Oaks Park attractions are open from 12-7 PM every day of the fair.
 ATTRACTION FEES apply to rides, roller skating, mini golf, etc.
- Sunday June 29th 4th annual Pride RIDE celebration from 12-7 PM
- Celebrate Portland's LGBTQ+ community with discounted rides,
 limited-edition treats, Pride-themed game prizes and Gift

★ OHSU Edu University Center Excellence Development Disability Resources

- The LINK above has a WEALTH of information! Highly recommended.
 Take a look and save this web link.
- There are category links attached for each of these topics:
- Staying healthy, Communication, Transition, Resources for families
- Community connections & Employment

★ Midsummer Extravaganza at the Nordic Northwest Campus

- What: Bask in the warmth of the midnight sun as we commemorate the end of the cold winter months with the Oregon Midsummer Festival - a delightful fusion of friendship, food, and drinks, transcending the boundaries of Scandinavian ancestry. This family-friendly celebration, steeped in centuries-old traditions, extends a warm welcome to all!
- The Oregon Midsummer Festival is proud to host The League of Swedish Society's annual raising of the Portland Midsummer pole, an Oregon Heritage Tradition. 2-Day Midsummer Extravaganza at the Nordic Northwest Campus in SW Portland! Tickets grant access to both Friday evening and Saturday festivities. https://www.oregonmidsummer.com/
- O When: June 27th: 5pm 9pm & June 28th: 10am 5pm
- O Where: Nordic Northwest, 8800 SW Oleson Rd, Portland, OR 97223