

## **2025 COMMUNITY EVENTS**

<u>Let Us Celebrate MAY</u> - Memorial Day (26th), <u>Asian American, Native Hawaiian, and</u> <u>Pacific Islander Heritage Month</u>, Mental Health Awareness Month, Cinco De Mayo (5th), Public Servant Recognition week (7th-13th), Jewish American Heritage Month, Mother's Day (11th), National Bike Month. National Clean Air Month, <u>Haitian Heritage</u>, National Recommitment month, World Day for Cultural Diversity for Dialogue and Development (21st), National Walking Month and there are others...

- ★ For MORE Info CLICK → Information Fair on Thursday, May 22, 2025, from
   12 PM to 5:00 PM. This year's fair will be held at the DHS Conference and
   Training Center, located at 11826 NE Glisan St
  - Did you know that IDDSD proudly serves nearly 7,000 individuals right here in Multnomah County? This fair is all about connecting these individuals and anyone interested with a wide range of amazing local service providers. We'll have representatives from places like Trimet, the library, brokerages, and provider agencies, all ready to chat about important resources such as: Attendant Care. Professional Behavioral Support Services. Day Support Activities. Voting Registration. Employment. <u>Transportation & Fitness</u>
  - There will be games and prizes for everyone to enjoy. It's a chance to learn about valuable resources while having a good time.

#### ★ Cully Community Resource Fair

- <u>What</u>: Cully Community Resource Fair on Saturday, April 27th! From 11 am
  - 2 pm enjoy FREE food, games, and fun activities!
- <u>When</u>: April 27th, 2024 11:00 AM -2:00 PM
- <u>Where</u>: Hacienda CDC 6700 Northeast Killingsworth Street

#### ★ PORTLAND WEBSITE - MAY 2025 EVENTS Calendar

## ★ MAY & JUNE 2024 PICKLES BASEBALL Promotional Games Schedule ○ PICKLES WEBSITE

#### ★ The ARC of Oregon Self Advocate Convention 2025 IN SALEM in JUNE

- Advocate Led Advocate Planned Advocate Based
- <u>What</u>: We are excited to announce the <u>2nd annual Self Advocate</u>
   <u>Convention of Oregon!</u> Planned by a group of self-advocates with financial and logistical support from The Arc Oregon and Disability Rights Oregon, this convention is the first of its kind in Oregon. Our schedule will include guest speakers, small group conversations, and networking time. Plus, we'll have fun social activities like a Masquerade Dance and group meals.
- If you need any help with registration, please email us at info@thearcoregon.org or call (503) 581-2726
- <u>When</u>: June 11–13
- <u>Where</u>: Salem

#### ★ NAYA's 2025 Queer Prom

 <u>What</u>: Step into the shadows and lights of the **Dark Carnival** — a night of wonder, mystery, and unapologetic self-expression made by and for queer high school youth. Under the velvet tent of the unknown, expect eerie elegance, dazzling performances, haunting beats, and carnival games with a twist. Whether you serve dark glamour, whimsical horror, or prom royalty — this is your night to be seen and celebrated.

- <u>When</u>: Friday May 9th, 6:00 10:00 PM
- Where: AVENUE, 631 NE Grand Ave

#### ★ Aviation Day Saturday, May 10th, 9:00 am - 4:00 pm

- <u>What</u>: Alaska Airlines, Boeing, and The Port of Portland are proud to host our Annual Aviation Day in Portland. This free event is aimed at inspiring aviation dreams in youth in our local communities. Aviation Day provides the opportunity for young adults to learn about the various paths in the aviation industry as well as educational paths to a career. The College and Career staff will be providing transportation and lunch for the youth participating. At the end of the day, students will also be given an opportunity to complete a Career Related Learning Experience (CRLE) worksheet, which is a graduation requirement for Portland Public Schools.
- <u>Where</u>: Drop-off and Pick-up Location: Native American Youth and Family Center (NAYA) 5135 NE Columbia Blvd, Portland, OR 97218 Drop-off @ 9:00 am Pick-up @ 4:00 pm

### ★ <u>Albertina Kerr Paths to Community Community-based recreation and</u> <u>employment training</u>

 <u>What</u>: Albertina Kerr has openings at our Powell Blvd. Paths to Community - Inclusive Day Services and Employment Path programs.
 Please have the <u>case manager send a referral</u> to Gina Leatherwood Client Services Manager She/Her/Hers 503.888.8067 |
 Gina.Leatherwood@albertinakerr.org at dsareferrals@albertinakerr.org this is a 100% community based program.

- <u>When</u>: Variable schedule
- <u>Where</u>: Varies; around the community

#### ★ Best Buddies Friendship Walk: Oregon

- <u>When</u>: Saturday, May 10, 2025
- <u>Time</u>: Check-in: 10:00 AM Opening Ceremonies: 11:00 AM Walk: 11:20 AM
   Celebrate Until: 1:00 PM
- Where: Hidden Creek Park West 225 NE 53rd Ave Hillsboro, OR 97124
- <u>What</u>: The Best Buddies Friendship Walk is the leading walk in the country supporting inclusion for people with intellectual and developmental disabilities (also known as IDD).

#### ★ Queer AANHPI Coffee Hour

- <u>What</u>: PDX Queer Asian Social Meet Up is hosting our May event at Queer
   Plants Cafe! Join us for coffee, tea, pastries, and community!
- <u>When</u>: Saturday, May 17, 2025 10:00 AM 12:00 PM
- <u>Where</u>: Queer Plants Cafe 5027 Northeast 42nd Avenue

#### ★ Oregon Book Awards Fiction Finalists Reading Tue, April 22 7pm Corvallis Museum 411 SW 2nd St Corvallis

- <u>What</u>: An evening with four of the Oregon Book Awards finalists for fiction at the Corvallis Museum, as part of the Oregon Book Awards Author Tour:
- Miriam Gershow...Victor Lodato...Kimberly King Parsons...Charlie J.
   Stephens
- Where: Benton County Museums visit Corvallis
  - Directions / Map

#### ★ SWINDELL's Training for MAY 2025

- Your Child's Plan for Special Education: IEP Next Steps Tuesday, May
   6, 2025.
- When: 6PM-7:30PM Online
- o IEP Binder Workshop Saturday, May 10, 2025 IN PERSON
  - What: To register call: 503-215-2429 option 1

Please join us as we welcome Katie Jackson M.S. Ed, Educational Advocate & Consultant at the NW Neurodevelopment Center, for an in-person workshop with tools that will help you: Communicate and collaborate with your IEP team, Stay up to date on your child's progress & Take home your own IEP binder This is an IN-PERSON workshop at: Swindells Resource Center

830 NE 47th Ave. Portland, OR 97213

- Your Child's Plan for Special Education: Addressing Behaviors Tuesday, May 13, 2025 6PM - 7:30PM
  - <u>What</u>: Join Katie Jackson M.S. Ed, Educational Advocate & Consultant presents "Your Child's Plan for Special Education -Addressing Behaviors".

You will learn:

- 1. How to request and review behavior supports at school
- 2. What can be included in IEPs and 504 plans to address behaviors happening at school
- 3. What to do when behaviors lead to suspension or expulsion

#### ★ <u>Understanding & Application of the FASCETS Brain-Based Approach (ALL)</u>

- FASCETS Resources
- <u>What</u>: Fetal Alcohol Resources

#### ★ <u>TeenForce Pass</u> - (KIDS/HST) 5 PORTLAND Parks in one SPOT!

- The TeenForce Pass gives FREE access to scheduled drop-in activities and designated open swims at five Portland Parks & Recreation community centers. The pass is available for youth ages 10 to 20.
- Registering for a TeenForce Pass is easy, fast, and FREE! <u>Registration</u> <u>must be in person</u> at Charles Jordan, East Portland, Matt Dishman, Montavilla, or Mt. Scott Community Center. Bring your address, parent/guardian address, parent/guardian phone number, your phone number, and information about any health conditions you may have.
- Or download a TeenForce Pass Registration Form and bring your completed form to any of the five TeenForce sites. The form is in varying languages! View drop-in activities and schedules at the following TeenForce locations: Charles Jordan, East Portland, Matt Dishman, Montavilla, and Mt. Scott Community Center

#### ★ <u>Hacienda Squarespace Food-Pantry</u>

- <u>What</u>: Food Pantry @ Hacienda CDC Thursday,
- <u>When</u>: May 1 and May 15, 2025 09:30 AM 11:30 AM
- Where: Las Adelitas Event Space 6735 Northeast Killingsworth
- What: Free Drop-In Tech Support Computer Basics
- <u>When</u>: May 15th 4 PM to 5 PM

#### ★ <u>Nature Day Camps</u> – (KIDS)

<u>What</u>: Registration for Summer 2025: Registration begins on Thursday,
 May 15 at 9:30am for all 8 weeks of Nature Day Camp. We only participate in Session A of registration.

- To sign up call (503) 823-2525 or visit any Portland Parks & Rec community center. See camps and schedule online <u>here</u>.
- ★ Unlocking Joy: 10 Thoughtful Educational Gifts for Autistic Children

### ★ <u>JAPANESE GARDEN</u> [[ CLICK on the BLUE Links Below ]]

- Family Studio (extended in celebration of Children's Day) April 28th -May 4th, 2025 / 10:00am - 5:30pm
- Kodomo no Hi, Children's Day Sunday, May 4th, 2025 / 10:00 AM 3:00
   PM
  - <u>What</u>: *Kodomo no Hi*, also called Children's Day, is commemorated each year in Japan on May 5th <u>to celebrate the growth and good</u> <u>fortune of children.</u> The festival will feature a range of family-friendly activities. Come listen to *taiko* performances, learn origami and explore the garden!

#### ★ <u>OPEN playgrounds</u> (KIDS)

 SAVE the DATE - Join Harper's Playground for a Day of Play Saturday, June 28, 2025, at Chelsea Anderson Memorial Play Station (CHAMPS) @ Marshall Park. Come with your family and friends, meet your community, and enjoy activities, music, food carts, and games for all!

# ★ <u>4th Annual Holi Spring Harvest Fest Saturday, May 31, 2025 4:00 PM 7:30</u> <u>PM</u>

- Where: Topaz Farm 17100 Northwest Sauvie Island Road Portland 97231
- TICKETS
- <u>What</u>: This event is Portland's first to feature only-organic powder, direct from India, made from flowers, seeds and vegetables. Each paid entrance

includes a packet of colors (while supplies last) and a portion of the festival proceeds will benefit farmers in India.

Everyone is welcome at this **all-ages** event, which in addition to farm stand food and drinks. Expect to get messy as Holi is celebrated by throwing bright colored powder on each other. Wearing white or old clothes is recommended.

#### ★ Oregon Lifeline Application- FREE PHONE SERVICE

- <u>What</u>: Oregon Lifeline: Is a federal and state government program that provides a monthly discount on phone or high-speed internet service for qualifying low-income Oregon households. Receive a discount on your phone bill of up to \$15.25 per month; Receive a discount on your high-speed internet bill of up to \$19.25 per month; or Receive free cell phone and data service.
- **Tribal Lifeline:** Oregon residents on <u>federally-recognized Tribal lands</u> may qualify for an additional \$25 discount per month.
- <u>Tribal Link Up:</u> Provides qualifying Tribal residents with a one-time discount of up to \$100 on the initial installation or activation of wireline or wireless phone service. Allows residents to pay the remaining amount they owe on a deferred schedule, interest free. Qualifying Tribal residents may be eligible for Link Up again only after moving to a new primary residence.
   Not all wireline or wireless phone companies offer Tribal Link Up.
- Specific financial criteria applies
- Here is the WEBSITE for MORE Information -

#### ★ <u>38th Annual Cinco de Mayo Fiesta - Tom McCall WaterFront</u>

- Cinco de Mayo Portland WEBSITE
- SCHEDULE
- <u>When</u>: May 2-5, 2025 Daily, 11 a.m. 11 p.m. Cost: \$8 \$25
- Where: 98 SW Naito Pkwy Portland

#### ★ Autism Society of Oregon MAY 2025 Calendar of Events (STATE WIDE)

- Spring 2025 Family-to-Family class (Portland) May 1 @ 6:00 pm -8:30 pm
- What: NAMI Family-to-Family is a free, evidence-based educational program for friends, family members, and significant others of adults living with mental health conditions. It is taught by trained NAMI volunteers who are also family members with similar lived experiences.
- During this class, participants will: Attend with other family members in a safe and confidential setting. Gain insight into how mental health conditions, including schizophrenia, schizoaffective disorder, bipolar disorder, major depression, various anxiety disorders, PTSD, and borderline personality disorder, impact people. Discover the latest brain research, medications, and treatment options.

#### ★ Crafty Wonderland Spring Art + Craft Market 2025

- <u>What</u>: <u>EVENT WEBSITE</u> We are so excited to be back in person with our Spring Art + Craft Market! Shop from over 230 of the best and brightest artists and makers around!
- When: May 3rd 11AM 5PM Timed Entry Tickets are \$4
- <u>Where</u>: Oregon Convention Center, HALL A 777 NE MLK Jr. Blvd.

#### ★ Club EMU (Everyone, Me & U) [16+ HST]

- Activities Club EMU: Everyone, Me & U MAY 2025
- <u>What</u>: This is a Portland based organization focused on activities for neurodiverse individuals. This club provides activities and events to attend "where you can be a friend and make a friend with acceptance, understanding and kindness."
- Email: info@clubemu.org
- Website: https://clubemu.org

★ Well Being - ASSIST - If you know anyone who is homeless or experiences poverty who needs assistance with social security benefits the staff of ASSIST can help. Phone Number : (503) 888-2690 website: Program ASSIST

★ <u>Gresham Recreation Activities</u> (HST & ADULTS)

334 NE 219th Ave. Gresham, Email: <u>info@thecourtsprogram.com</u>
 503-328-9416

#### ★ Making Authentic Friendships- AGES 13+

- Web-based application helps individuals with special needs (age 13+) find friends at home or on the go, based on their geolocation, diagnosis, age and interests.
- Does it cost money to use the Making Authentic Friendships mobile app? Yes. To use the MAF Mobile App, you a monthly (\$4.99/mo) or yearly (\$39.99/year) plan. We understand that this is not ideal for our users, but each subscription helps support this app and authentic community.

# ★ ART CLUB IN THE STUDIO OR VIA ZOOM – your choice! ★ CHAP in a Box

- <u>What</u>: CHAP in a Box (CIAB) extends our mission beyond CHAP Art Studio by delivering art experiences directly to children who may not be able to participate in traditional art programs due to their medical conditions or geographical location - ensuring they still experience the healing power of art from the comfort of their own home! Once a quarter, kids (and their siblings!) are sent themed boxes lovingly filled with high-quality art supplies to help continue their creative journey.
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★ SAVE THE DATE → click LINK → Put on your sparkle-wear & come help CHAP paint the road to healing at our first SPARKLE (dance) PARTY Fun-draiser! We shine the brightest light when we shine together!

- Please read this message if: You get I/DD supports and services in Oregon.
   You're the family member or guardian of someone who gets services. Your
   job includes service planning. You or someone you know needs I/DD services.
  - What is the self-advocate guide? We based "The Self-Advocate Guide to I/DD Services" on our community's core value: "Nothing About Us, Without Us!"
    - The guide is a workbook. It walks you through the I/DD service planning process. The guide will help you:
      - Advocate for yourself.
      - Learn about I/DD services.
      - Get ready to plan your services.
      - Take the Oregon Needs Assessment (ONA).
      - Make your Individual Support Plan.

- Take action if your support needs aren't being met. Your services should help you live the good life that you want. We hope the guide will empower you to meet your goals.
- How do I get a copy of the guide? ODDS has a new self-advocates' web page. View and download the guide there. The web page also has videos to walk you through the guide.

The guide is available in Arabic, English, Russian, Simplified Chinese,

Somali, Spanish and Vietnamese. If you need another language or a more

accessible format, ODDS will get it for you for free. Email

odds.questions@odhsoha.oregon.gov with your request.